



# (R)Evolução Cardiovascular,

impacto clínico e desafios para o SNS

16<sup>th</sup> CHALLENGES in CARDIOLOGY

3 de julho de 2026 | Hotel Villa Batalha

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## PROGRAMA

# Palestrantes

**Alexandre Antunes** | Unidade Local de Saúde da Região de Leiria

**Ana Rita Francisco** | Unidade Local de Saúde Lisboa Norte

**Carlos Andrade** | Centro Cirúrgico de Coimbra

**Carolina Gonçalves** | Unidade Local de Saúde da Região de Leiria

**Catarina Faria** | Unidade Local de Saúde da Região de Leiria

**Catarina Ruivo** | Unidade Local de Saúde da Região de Leiria

**Cristina Gavina** | Unidade Local de Saúde de Matosinhos

**Daniel Ferreira** | Joaquim Chaves Saúde

**David Durão** | Unidade Local de Saúde da Região de Leiria

**Denise Velho** | Unidade Local de Saúde da Região de Leiria

**Fátima Franco** | Unidade Local de Saúde de Coimbra

**Fernando Montenegro Sá** | Unidade Local de Saúde de Matosinhos

**Fernando Pinto** | Unidade Local de Saúde de Entre o Douro e Vouga  
**Joana Correia** | Unidade Local de Saúde da Região de Leiria  
**João Morais** | Challenges in Cardiology  
**Jorge Guardado** | Unidade Local de Saúde da Região de Leiria  
**Manuel José Carvalho** | Unidade Local de Saúde da Região de Leiria  
**Nádia Moreira** | Unidade Local de Saúde de Coimbra  
**Nuno Bragança** | Unidade Local de Saúde de Amadora/Sintra  
**Patrícia Vasconcelos** | Unidade Local de Saúde de Amadora/Sintra  
**Paula Freitas** | Unidade Local de Saúde de São João  
**Sílvia Monteiro** | Unidade Local de Saúde de Coimbra  
**Veloso Gomes** | Clínica Lusíadas Faro

**Palestrantes**

09h30 | **Boas-vindas**  
João Morais

09h35 | **Challenging talks**  
**Investigação com base no caso clínico**

### **Prémio Jovem Investigador**

Júri: **David Durão, Daniel Ferreira, Carlos Andrade**

**CC06** Recurrent coronary in-stent restenosis during peptide receptor radionuclide therapy: the role of cardio-oncology in high-risk cardiovascular patients | **Catarina Neves**

**CC13** From Negative to Definitive: How Endomyocardial Biopsy Unlocked Systemic AL Amyloidosis | **Andreia Lopes Sousa**

**CC15** Mysteries around an overwhelmed right ventricle: Severe Primary Pulmonary Regurgitation Mimicking Pulmonary Hypertension | **Andreia Lopes Sousa**

**CC22** When Lupus Strikes the Heart: Acute Heart Failure and Complete Atrioventricular Block as the First Manifestation of SLE | **Alexandru Babiciu**

**CC25** When a STEMI arrives too late | **Joana Guerreiro Pereira**

**CC34** Syncope: Blame the Wasp? | **Joana Guerreiro Pereira**

**CC36** Superdominant but Vulnerable: The Perils of Ostial Left Anterior Descendent Stenosis in Rare Coronary Anatomy | **Bárbara Antunes Rocha**

**CC40** Supraventricular arrhythmia control with flecainide in arrhythmogenic right ventricular cardiomyopathy with bi-ventricular involvement and mild left ventricular dysfunction | **Mónica Amado**

10h30 | **Obesidade**  
**Saúde e economia. Um desafio à inteligência**

Moderação: **Catarina Faria**

Palestrante: **Paula Freitas**

11h10 | *Intervalo para café & visita aos posters*

11h30 | *Vacinas - Sessão Patrocinada* **GSK**

### **Novos instrumentos para a prevenção cardiovascular**

Moderação: **Alexandre Antunes**

Palestrante: **Ana Rita Francisco**

12h10 | **Hipertensão arterial**

### **Da Educação à Ação: uma nova forma de comunicar hipertensão**

Moderação: **Fernando Pinto**

Palestrantes: **Patrícia Vasconcelos, Nuno Bragança**

12h50 | **Insuficiência cardíaca com fração de ejeção preservada**

### **Finalmente no centro das atenções**

Moderação: **Daniel Ferreira**

Palestrante: **Cristina Gavina**

13h30 | *Almoço de trabalho*

*Sessão-debate*

### **Que plano estratégico para a saúde cardiovascular em Portugal?**

Moderação: **João Morais**

Palestrantes: **Cristina Gavina, Fátima Franco, Manuel José Carvalho**

14h30 | **Hipertrofia ventricular esquerda**

### **Uma entidade que nos deve preocupar**

Moderação: **Fátima Franco**

Palestrante: **Catarina Ruivo**

15h10 | **Pacing cardíaco**  
**Novidades que o Médico de Família deve conhecer**

Moderação: **Fernando Montenegro Sá**

Palestrante: **Carolina Gonçalves**

15h50 | **Challenging talks**  
**Posters moderados**

Moderação: **Sílvia Monteiro, Joana Correia**

**P003** Genotype-driven differences in the phenotype and prognosis of patients with hypertrophic cardiomyopathy | **André Manuel Martins**

**P009** Mind the [knowledge] gap: cardiovascular disease awareness and literacy in postmenopausal portuguese women | **Catarina Lagoas Pohle**

**P010** Procedural efficiency of pulsed-field ablation compared with high-power short-duration radiofrequency ablation in a real-world medium-volume centre | **Catarina Lagoas Pohle**

**P017** Cardiovascular Risk after Acute Myocardial Infarction: Impact of LDL Cholesterol and Triglycerides Control in Secondary Prevention | **Filipe Silva Vilela**

**P032** CR125 - a promising marker for sub-clinical LV dysfunction in AMI patients | **Marco Cristo Tomaz**

**P039** Prevention Today, Sustainability Tomorrow: The Role of Specialist Community and Public Health Nurses in Cardiovascular Health | **Dulce Helena Machado Fonseca**

16h30 | *Intervalo para café & visita aos posters*

16h50 | **Lípidos**  
**E para além das estatinas?**

Moderação: **Denise Velho**

Palestrante: **Sílvia Monteiro**

17h30 | **Challenging talks**  
**O poder da imagem em Medicina Cardiovascular**

**Prémio Challenges in Cardiology**

Júri: **Veloso Gomes, Nádia Moreira, Jorge Guardado**

**IM14** A Fragile Aorta: Endovascular Treatment of a Mycotic Aneurysm | **Andreia Lopes Sousa**

**IM19** Arrhythmogenic Mitral Valve: When Structure Drives Sudden Death | **Bárbara Antunes Rocha**

**IM35** Platypnea-Orthodeoxia or Something Else? The Uncertainty Behind a Therapeutic Decision  
| **Bárbara Antunes Rocha**

**IM43** When Imaging Tells the Whole Story: A Giant Left Atrial Myxoma | **Joana Pereira**

18h00 | **Entrega dos prémios**  
**Encerramento**  
**João Morais**

# ÍNDICE

## CASOS CLÍNICOS

**CC05** A rare pathway of spread: pulmonary adenocarcinoma extending into the left atrium

| **André Manuel Martins**

**CC06** Recurrent coronary in-stent restenosis during peptide receptor radionuclide therapy: the role of cardio-oncology in high-risk cardiovascular patients | **Catarina Neves**

**CC07** When jaundice reveals a cardiac complication: severe haemolytic anaemia secondary to mitral paravalvular leak

| **Viviana Ferreira**

**CC11** Driven by Infection, Defined by Innovation: A New Path in Cardiac Device Therapy | **Andreia Lopes Sousa**

**CC12** When the Gene Is Unclear: Familial Bicuspid Aortic Valve, Aortopathy and a Possible New Variant | **Andreia Lopes Sousa**

**CC13** From Negative to Definitive: How Endomyocardial Biopsy Unlocked Systemic AL Amyloidosis | **Andreia Lopes Sousa**

**CC15** Mysteries around an overwhelmed right ventricle: Severe Primary Pulmonary Regurgitation Mimicking Pulmonary Hypertension | **Andreia Lopes Sousa**

**CC16** Normotensive Shock in Acute Pulmonary Embolism: The Importance of Early Recognition of Occult Hypoperfusion | **Bárbara Antunes Rocha**

**CC20** A Reversible Cause, an Irreversible Block: Diagnostic Challenges in Complete Atrioventricular Block

| **Bárbara Antunes Rocha**

**CC21** The Storm Behind the Shock: Acute Biventricular Failure in Undiagnosed Graves' Disease | **Alexandru Babiciu**

**CC22** When Lupus Strikes the Heart: Acute Heart Failure and Complete Atrioventricular Block as the First Manifestation of SLE | **Alexandru Babiciu**

**CC24** Whodunit? - A challenging case of acute coronary syndrome | **João Pedro Faria**

**CC25** When a STEMI arrives too late | **Filipa Saraiva**

**CC27** The heart remembers | **João Pedro Faria**

**CC28** Behind the rhythm - a not so innocent case of atrial fibrillation | **João Pedro Faria**

**CC29** From Abdominal Pain to Stroke: A Challenging Case of Infective Endocarditis | **Filipa Almeida Saraiva**

**CC30** The hypertrophic enigma | **João Pedro Faria**

**CC31** A case of early referral for advanced heart failure treatment | **David Campos**

## ÍNDICE IMAGEM

**CC33** Beyond the ST Elevation: An Acute Type A Aortic Dissection Presenting as Myocardial Infarction  
| **Filipa Almeida Saraiva**

**CC34** Syncope: Blame the Wasp? | **Alexandru Babiciu**

**CC36** Superdominant but Vulnerable: The Perils of Ostial Left Anterior Descendent Stenosis in Rare Coronary Anatomy  
| **Bárbara Antunes Rocha**

**CC37** Short-coupled polymorphic ventricular tachycardia as a cause of unexplained syncope | **Adriana Vazão**

**CC40** Supraventricular arrhythmia control with flecainide in arrhythmogenic right ventricular cardiomyopathy with bi-ventricular involvement and mild left ventricular dysfunction  
| **Mónica Amado**

**CC42** Acute coronary syndrome in the setting of infective endocarditis: an unsuspected culprit | **David Campos**

**CC44** Calcific Constrictive Pericarditis with Marked Ventricular Deformation Mimicking Hepatic Decompensation | **Joana Pereira**

**CC46** Acute Pericarditis Unmasking High-Risk Obstructive Hypertrophic Cardiomyopathy in a Young Adult | **David Campos**

**IM14** A Fragile Aorta: Endovascular Treatment of a Mycotic Aneurysm | **Andreia Lopes Sousa**

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**IM43** When Imaging Tells the Whole Story: A Giant Left Atrial Myxoma | **Joana Pereira**

## ÍNDICE POSTERS

**P002** From Angiography to Physiology: Implementing Quantitative Flow Ratio in Daily Practice | **Margarida Figo**

**P003** Genotype-driven differences in the phenotype and prognosis of patients with hypertrophic cardiomyopathy | **André Manuel Martins**

**P004** Predictors of Pacemaker Implantation in transthyretin amyloid cardiomyopathy | **André Manuel Martins**

**P009** Mind the [knowledge] gap: cardiovascular disease awareness and literacy in postmenopausal portuguese women | **Catarina Lagoas Pohle**

**P010** Procedural efficiency of pulsed-field ablation compared with high-power short-duration radiofrequency ablation in a real-world medium-volume centre | **Catarina Lagoas Pohle**

**P017** Cardiovascular Risk after Acute Myocardial Infarction: Impact of LDL Cholesterol and Triglycerides Control in Secondary Prevention | **Filipe Silva Vilela**

**P018** Impact of Cisplatin Instillation on Pericardial Effusions of Malignant Etiology | **Filipe Silva Vilela**

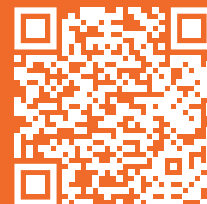
**P032** CA125 - a promising marker for sub-clinical LV dysfunction in AMI patients | **Marco Cristo Tomaz**

**P038** Sex-based differences between pre-intervention outcomes in patients with severe aortic stenosis - a real-world study | **Mónica Isabel Amado**

**P039** Prevention Today, Sustainability Tomorrow: The Role of Specialist Community and Public Health Nurses in Cardiovascular Health | **Dulce Helena Machado Fonseca**

**P041** HIV-1 genetic variability, antiretroviral resistance, and cardiovascular diagnoses in a Brazilian deterministic linkage cohort | **Flávia Figueira**

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**DE ABSTRACTS**



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