



(R)Evolução Cardiovascular,

impacto clínico e desafios para o SNS

16th CHALLENGES in CARDIOLOGY

3 de julho de 2026 | Hotel Villa Batalha

Scientific Support

**CHALLENGES in
CARDIOLOGY**

challengesincardiology.com

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SCIENTIFIC EDUCATION

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PROGRAMA

Palestrantes

Alexandre Antunes | Unidade Local de Saúde da Região de Leiria

Ana Rita Francisco | Unidade Local de Saúde Lisboa Norte

Carlos Andrade | Centro Cirúrgico de Coimbra

Carolina Gonçalves | Unidade Local de Saúde da Região de Leiria

Catarina Faria | Unidade Local de Saúde da Região de Leiria

Catarina Ruivo | Unidade Local de Saúde da Região de Leiria

Cristina Gavina | Unidade Local de Saúde de Matosinhos

Daniel Ferreira | Joaquim Chaves Saúde

David Durão | Unidade Local de Saúde da Região de Leiria

Denise Velho | Unidade Local de Saúde da Região de Leiria

Fátima Franco | Unidade Local de Saúde de Coimbra

Fernando Montenegro Sá | Unidade Local de Saúde de Matosinhos

Fernando Pinto | Unidade Local de Saúde de Entre o Douro e Vouga
Joana Correia | Unidade Local de Saúde da Região de Leiria
João Morais | Challenges in Cardiology
Jorge Guardado | Unidade Local de Saúde da Região de Leiria
Manuel José Carvalho | Unidade Local de Saúde da Região de Leiria
Nádia Moreira | Unidade Local de Saúde de Coimbra
Nuno Bragança | Unidade Local de Saúde de Amadora/Sintra
Patrícia Vasconcelos | Unidade Local de Saúde de Amadora/Sintra
Paula Freitas | Unidade Local de Saúde de São João
Sílvia Monteiro | Unidade Local de Saúde de Coimbra
Veloso Gomes | Clínica Lusíadas Faro

Palestrantes

09h30 | **Boas-vindas**
João Morais

09h35 | **Challenging talks**
Investigação com base no caso clínico

Prémio Jovem Investigador

Júri: **David Durão, Daniel Ferreira, Carlos Andrade**

CC06 Recurrent coronary in-stent restenosis during peptide receptor radionuclide therapy: the role of cardio-oncology in high-risk cardiovascular patients | **Catarina Neves**

CC13 From Negative to Definitive: How Endomyocardial Biopsy Unlocked Systemic AL Amyloidosis | **Andreia Lopes Sousa**

CC15 Mysteries around an overwhelmed right ventricle: Severe Primary Pulmonary Regurgitation Mimicking Pulmonary Hypertension | **Andreia Lopes Sousa**

CC22 When Lupus Strikes the Heart: Acute Heart Failure and Complete Atrioventricular Block as the First Manifestation of SLE | **Alexandru Babiciu**

CC25 When a STEMI arrives too late | **Joana Guerreiro Pereira**

CC34 Syncope: Blame the Wasp? | **Joana Guerreiro Pereira**

CC36 Superdominant but Vulnerable: The Perils of Ostial Left Anterior Descendent Stenosis in Rare Coronary Anatomy | **Bárbara Antunes Rocha**

CC40 Supraventricular arrhythmia control with flecainide in arrhythmogenic right ventricular cardiomyopathy with bi-ventricular involvement and mild left ventricular dysfunction | **Adriana Vazão**

10h30 | **Obesidade**
Saúde e economia. Um desafio à inteligência

Moderação: **Catarina Faria**

Palestrante: **Paula Freitas**

11h10 | *Intervalo para café & visita aos posters*

11h30 | *Vacinas - Sessão Patrocinada* **GSK**

Novos instrumentos para a prevenção cardiovascular

Moderação: **Alexandre Antunes**

Palestrante: **Ana Rita Francisco**

12h10 | **Hipertensão arterial**

Da Educação à Ação: uma nova forma de comunicar hipertensão

Moderação: **Fernando Pinto**

Palestrantes: **Patrícia Vasconcelos, Nuno Bragança**

12h50 | **Insuficiência cardíaca com fração de ejeção preservada**

Finalmente no centro das atenções

Moderação: **Daniel Ferreira**

Palestrante: **Cristina Gavina**

13h30 | *Almoço de trabalho*

Sessão-debate

Que plano estratégico para a saúde cardiovascular em Portugal?

Moderação: **João Morais**

Palestrantes: **Cristina Gavina, Fátima Franco, Manuel José Carvalho**

14h30 | **Hipertrofia ventricular esquerda**

Uma entidade que nos deve preocupar

Moderação: **Fátima Franco**

Palestrante: **Catarina Ruivo**

15h10 | **Pacing cardíaco**
Novidades que o Médico de Família deve conhecer

Moderação: **Fernando Montenegro Sá**

Palestrante: **Carolina Gonçalves**

15h50 | **Challenging talks**
Posters moderados

Moderação: **Sílvia Monteiro, Joana Correia**

P003 Genotype-driven differences in the phenotype and prognosis of patients with hypertrophic cardiomyopathy | **André Manuel Martins**

P009 Mind the [knowledge] gap: cardiovascular disease awareness and literacy in postmenopausal portuguese women | **Catarina Lagoas Pohle**

P010 Procedural efficiency of pulsed-field ablation compared with high-power short-duration radiofrequency ablation in a real-world medium-volume centre | **Catarina Lagoas Pohle**

P017 Cardiovascular Risk after Acute Myocardial Infarction: Impact of LDL Cholesterol and Triglycerides Control in Secondary Prevention | **Filipe Silva Vilela**

P032 CR125 - a promising marker for sub-clinical LV dysfunction in AMI patients | **Marco Cristo Tomaz**

P039 Prevention Today, Sustainability Tomorrow: The Role of Specialist Community and Public Health Nurses in Cardiovascular Health | **Dulce Helena Machado Fonseca**

16h30 | *Intervalo para café & visita aos posters*

16h50 | **Lípidos**
E para além das estatinas?

Moderação: **Denise Velho**

Palestrante: **Sílvia Monteiro**

17h30 | **Challenging talks**
O poder da imagem em Medicina Cardiovascular

Prémio Challenges in Cardiology

Júri: **Veloso Gomes, Nádia Moreira, Jorge Guardado**

IM14 A Fragile Aorta: Endovascular Treatment of a Mycotic Aneurysm | **Andreia Lopes Sousa**

IM19 Arrhythmogenic Mitral Valve: When Structure Drives Sudden Death | **Bárbara Antunes Rocha**

IM35 Platypnea-Orthodeoxia or Something Else? The Uncertainty Behind a Therapeutic Decision
| **Bárbara Antunes Rocha**

IM43 When Imaging Tells the Whole Story: A Giant Left Atrial Myxoma | **Joana Pereira**

18h00 | **Entrega dos prémios**
Encerramento
João Morais

ÍNDICE

CASOS CLÍNICOS

CC05 A rare pathway of spread: pulmonary adenocarcinoma extending into the left atrium

| **André Manuel Martins**

CC06 Recurrent coronary in-stent restenosis during peptide receptor radionuclide therapy: the role of cardio-oncology in high-risk cardiovascular patients | **Catarina Neves**

CC07 When jaundice reveals a cardiac complication: severe haemolytic anaemia secondary to mitral paravalvular leak

| **Viviana Ferreira**

CC11 Driven by Infection, Defined by Innovation: A New Path in Cardiac Device Therapy | **Andreia Lopes Sousa**

CC12 When the Gene Is Unclear: Familial Bicuspid Aortic Valve, Aortopathy and a Possible New Variant | **Andreia Lopes Sousa**

CC13 From Negative to Definitive: How Endomyocardial Biopsy Unlocked Systemic AL Amyloidosis | **Andreia Lopes Sousa**

CC15 Mysteries around an overwhelmed right ventricle: Severe Primary Pulmonary Regurgitation Mimicking Pulmonary Hypertension | **Andreia Lopes Sousa**

CC16 Normotensive Shock in Acute Pulmonary Embolism: The Importance of Early Recognition of Occult Hypoperfusion | **Bárbara Antunes Rocha**

CC20 A Reversible Cause, an Irreversible Block: Diagnostic Challenges in Complete Atrioventricular Block

| **Bárbara Antunes Rocha**

CC21 The Storm Behind the Shock: Acute Biventricular Failure in Undiagnosed Graves' Disease | **Alexandru Babiciu**

CC22 When Lupus Strikes the Heart: Acute Heart Failure and Complete Atrioventricular Block as the First Manifestation of SLE | **Alexandru Babiciu**

CC24 Whodunit? - A challenging case of acute coronary syndrome | **João Pedro Faria**

CC25 When a STEMI arrives too late | **Filipa Saraiva**

CC27 The heart remembers | **João Pedro Faria**

CC28 Behind the rhythm - a not so innocent case of atrial fibrillation | **João Pedro Faria**

CC29 From Abdominal Pain to Stroke: A Challenging Case of Infective Endocarditis | **Filipa Almeida Saraiva**

CC30 The hypertrophic enigma | **João Pedro Faria**

CC31 A case of early referral for advanced heart failure treatment | **David Campos**

ÍNDICE IMAGEM

CC33 Beyond the ST Elevation: An Acute Type A Aortic Dissection Presenting as Myocardial Infarction
| **Filipa Almeida Saraiva**

CC34 Syncope: Blame the Wasp? | **Alexandru Babiciu**

CC36 Superdominant but Vulnerable: The Perils of Ostial Left Anterior Descendent Stenosis in Rare Coronary Anatomy
| **Bárbara Antunes Rocha**

CC37 Short-coupled polymorphic ventricular tachycardia as a cause of unexplained syncope | **Adriana Vazão**

CC40 Supraventricular arrhythmia control with flecainide in arrhythmogenic right ventricular cardiomyopathy with bi-ventricular involvement and mild left ventricular dysfunction
| **Adriana Vazão**

CC42 Acute coronary syndrome in the setting of infective endocarditis: an unsuspected culprit | **David Campos**

CC44 Calcific Constrictive Pericarditis with Marked Ventricular Deformation Mimicking Hepatic Decompensation | **Joana Pereira**

CC46 Acute Pericarditis Unmasking High-Risk Obstructive Hypertrophic Cardiomyopathy in a Young Adult | **David Campos**

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IM43 When Imaging Tells the Whole Story: A Giant Left Atrial Myxoma | **Joana Pereira**

ÍNDICE POSTERS

P002 From Angiography to Physiology: Implementing Quantitative Flow Ratio in Daily Practice | **Margarida Figo**

P003 Genotype-driven differences in the phenotype and prognosis of patients with hypertrophic cardiomyopathy | **André Manuel Martins**

P004 Predictors of Pacemaker Implantation in transthyretin amyloid cardiomyopathy | **André Manuel Martins**

P009 Mind the [knowledge] gap: cardiovascular disease awareness and literacy in postmenopausal portuguese women | **Catarina Lagoas Pohle**

P010 Procedural efficiency of pulsed-field ablation compared with high-power short-duration radiofrequency ablation in a real-world medium-volume centre | **Catarina Lagoas Pohle**

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P018 Impact of Cisplatin Instillation on Pericardial Effusions of Malignant Etiology | **Filipe Silva Vilela**

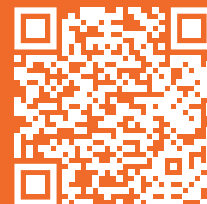
P032 CA125 - a promising marker for sub-clinical LV dysfunction in AMI patients | **Marco Cristo Tomaz**

P038 Sex-based differences between pre-intervention outcomes in patients with severe aortic stenosis - a real-world study | **Mónica Isabel Amado**

P039 Prevention Today, Sustainability Tomorrow: The Role of Specialist Community and Public Health Nurses in Cardiovascular Health | **Dulce Helena Machado Fonseca**

P041 HIV-1 genetic variability, antiretroviral resistance, and cardiovascular diagnoses in a Brazilian deterministic linkage cohort | **Flávia Figueira**

CONSULTE
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DE ABSTRACTS



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