

**8th CHALLENGES  
in CARDIOLOGY**



# **Application of PCSK9 Inhibitors in the clinical practice**

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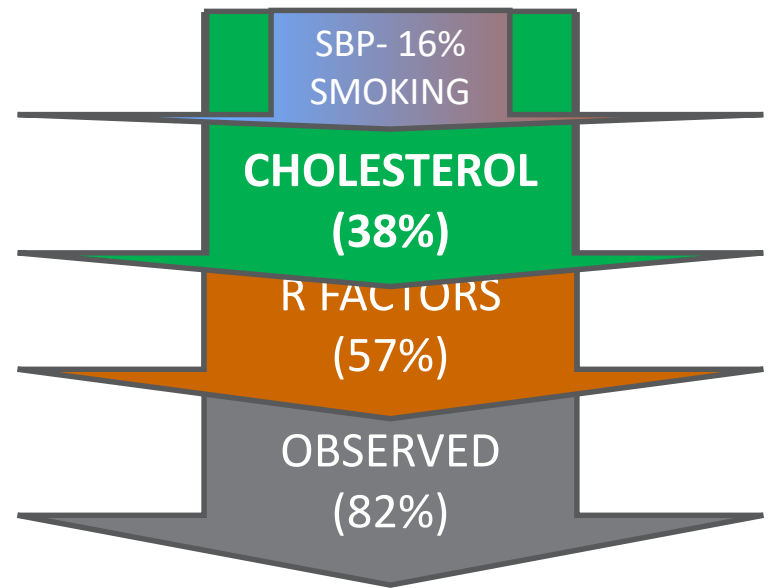
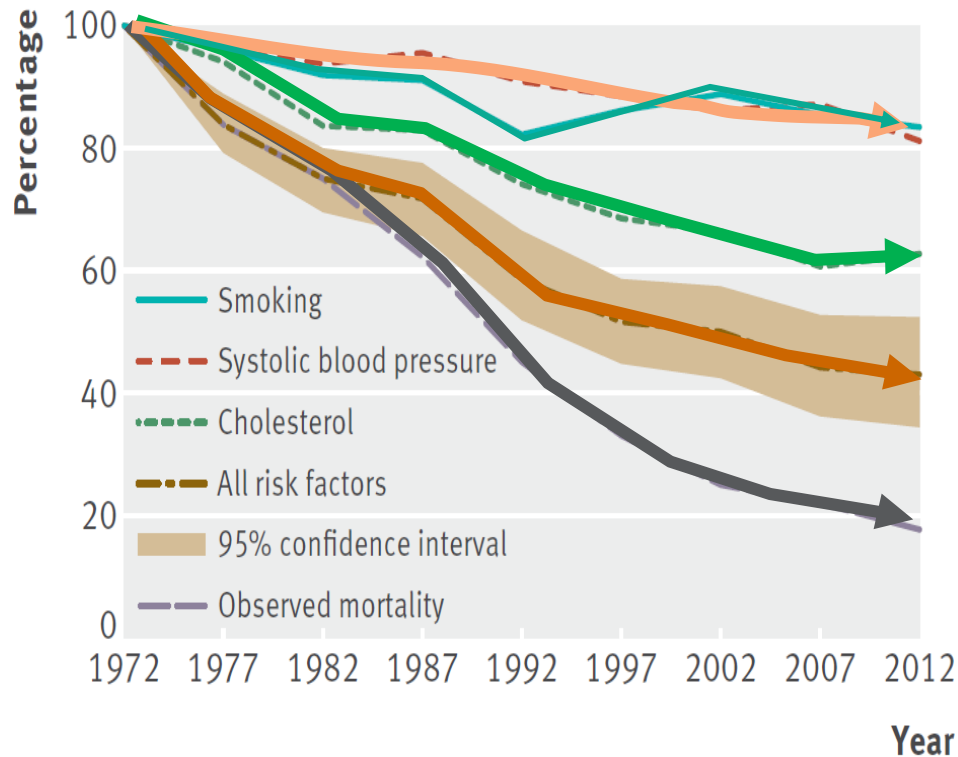
# Conflicts of interest

## Speaker/consultant for:

AstraZeneca; Bayer Schering Pharma; Boehringer Ingelheim Pharmaceuticals GmbH; Bristol-Myers Squibb; Daiichi Sankyo Europe GmbH; Ferrer International SA; Menarini Group Farma; Novartis AG; Pfizer; Recordati Pharma; Roche Pharma; Sanofi-Aventis; Servier Laboratories; Takeda Pharmaceuticals GmbH

# CHD mortality & Risk Factor reduction

## 40 yr population based study in Finland



Observed and predicted reduction in coronary heart disease mortality 1969-2012  
in men (age 35-64 years)

# LDL-c is the main factor associated with the declining incidence of CAD

Circulation

JOURNAL OF THE AMERICAN HEART ASSOCIATION



## Trends in Modifiable Risk Factors are Associated With Declining Incidence of Hospitalized and Non-Hospitalized Acute Coronary Heart Disease in a Population

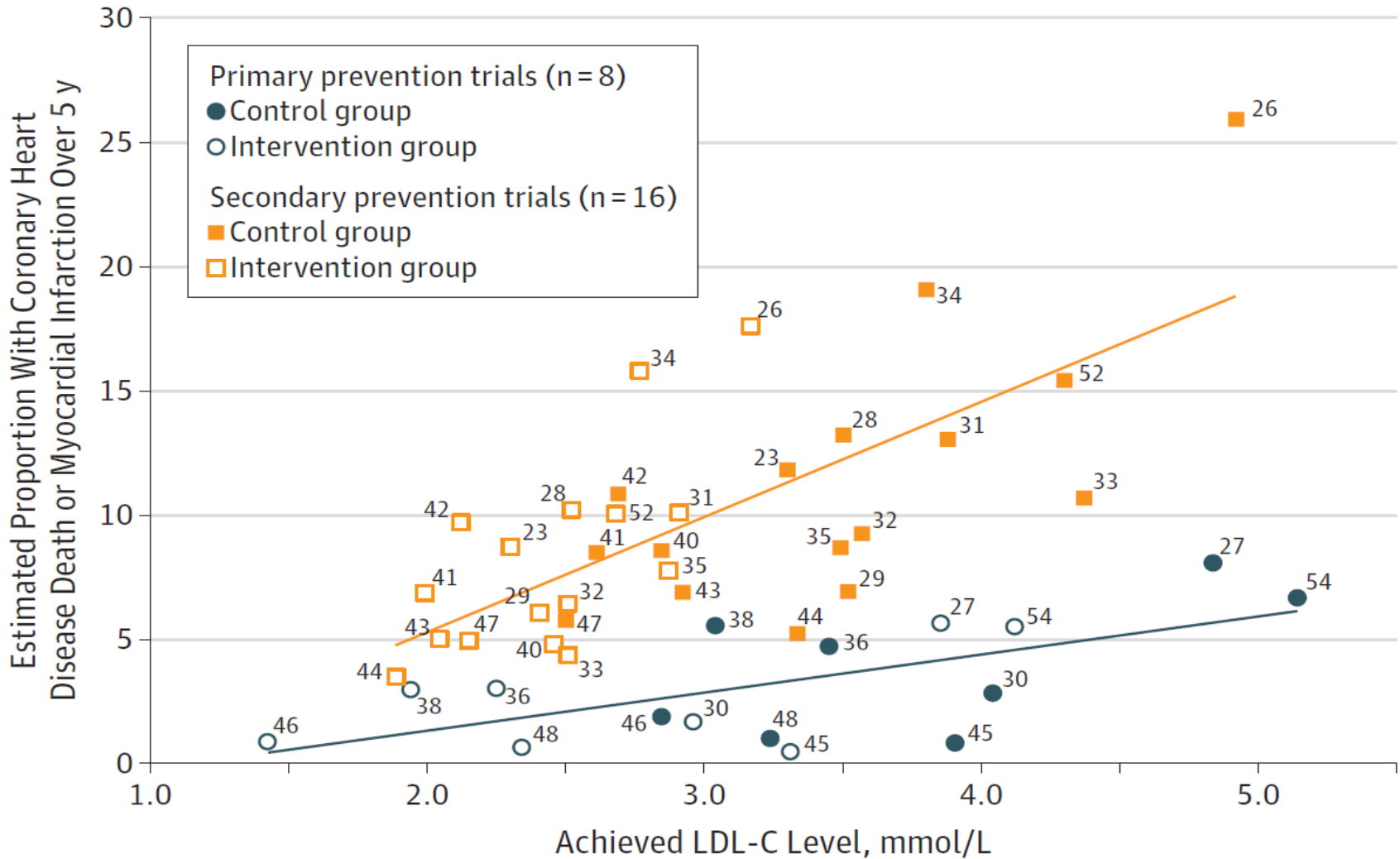
Jan Mannsverk, Tom Wilsgaard, Ellisiv B. Mathiesen, Maja-Lisa Løchen, Knut Rasmussen, Dag S. Thelle, Inger Njølstad, Laila Arnesdatter Hopstock and Kaare Harald Børnaa

1994 to 2010. The age- and sex-adjusted incidence of total coronary heart disease decreased by 3% (95% confidence interval 2.0% to 4.0%,  $P < 0.001$ ) each year. This decline was driven by decreases in out-hospital sudden death and hospitalized ST-elevation myocardial infarction. Changes in coronary risk factors accounted for 66% (95% confidence interval 48 to 97,  $P < 0.001$ ) of the decline in total coronary heart disease. Favorable changes in cholesterol contributed 32% to the decline, whereas blood pressure, smoking, and physical activity each contributed 14%, 13%, and 9%, respectively.

*Mannsverk J, et al.  
Circulation 2016;133(1):74-81.*

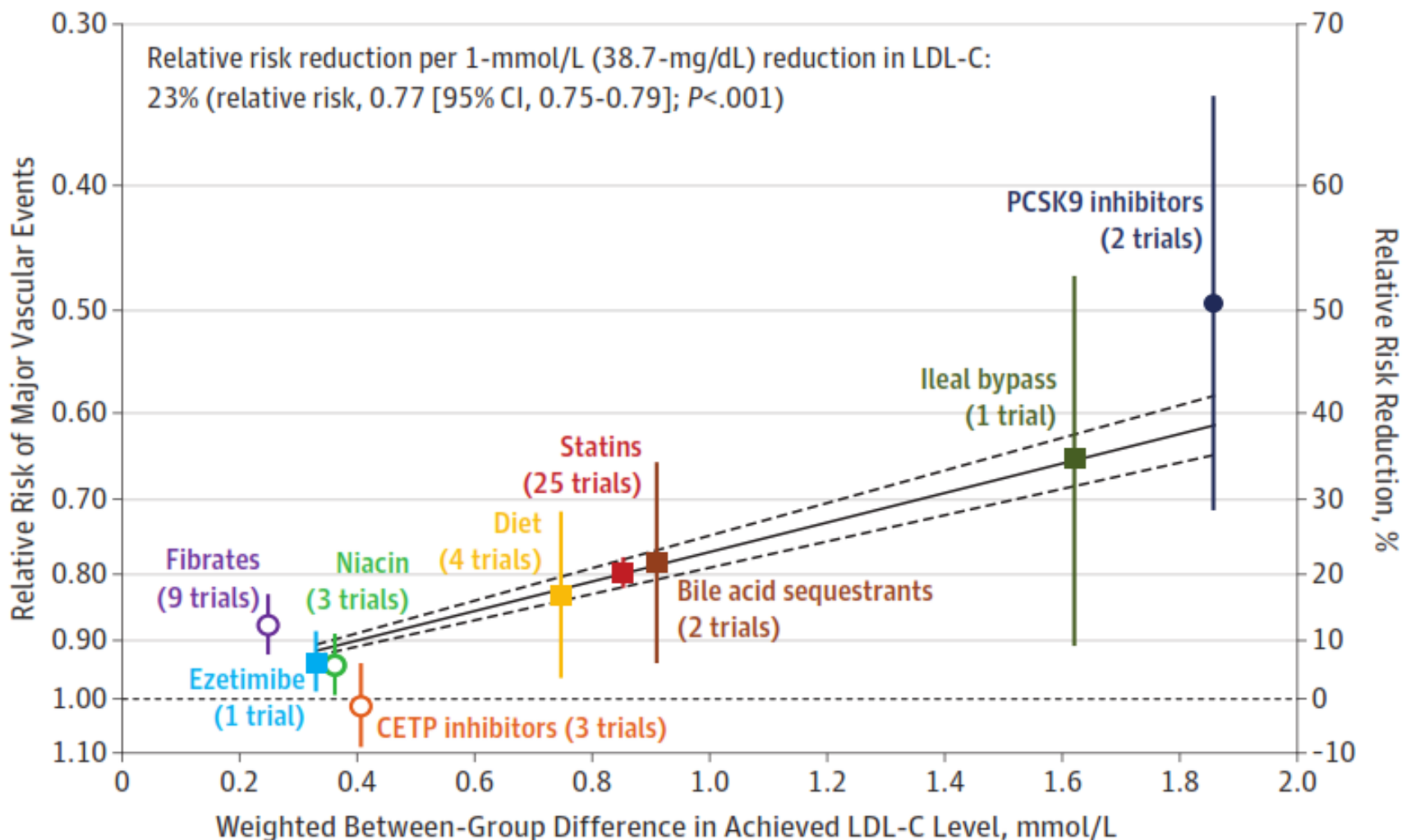
# Association Between Lowering LDL-C and Cardiovascular Risk Reduction Among Different Therapeutic Interventions

## A Systematic Review and Meta-analysis



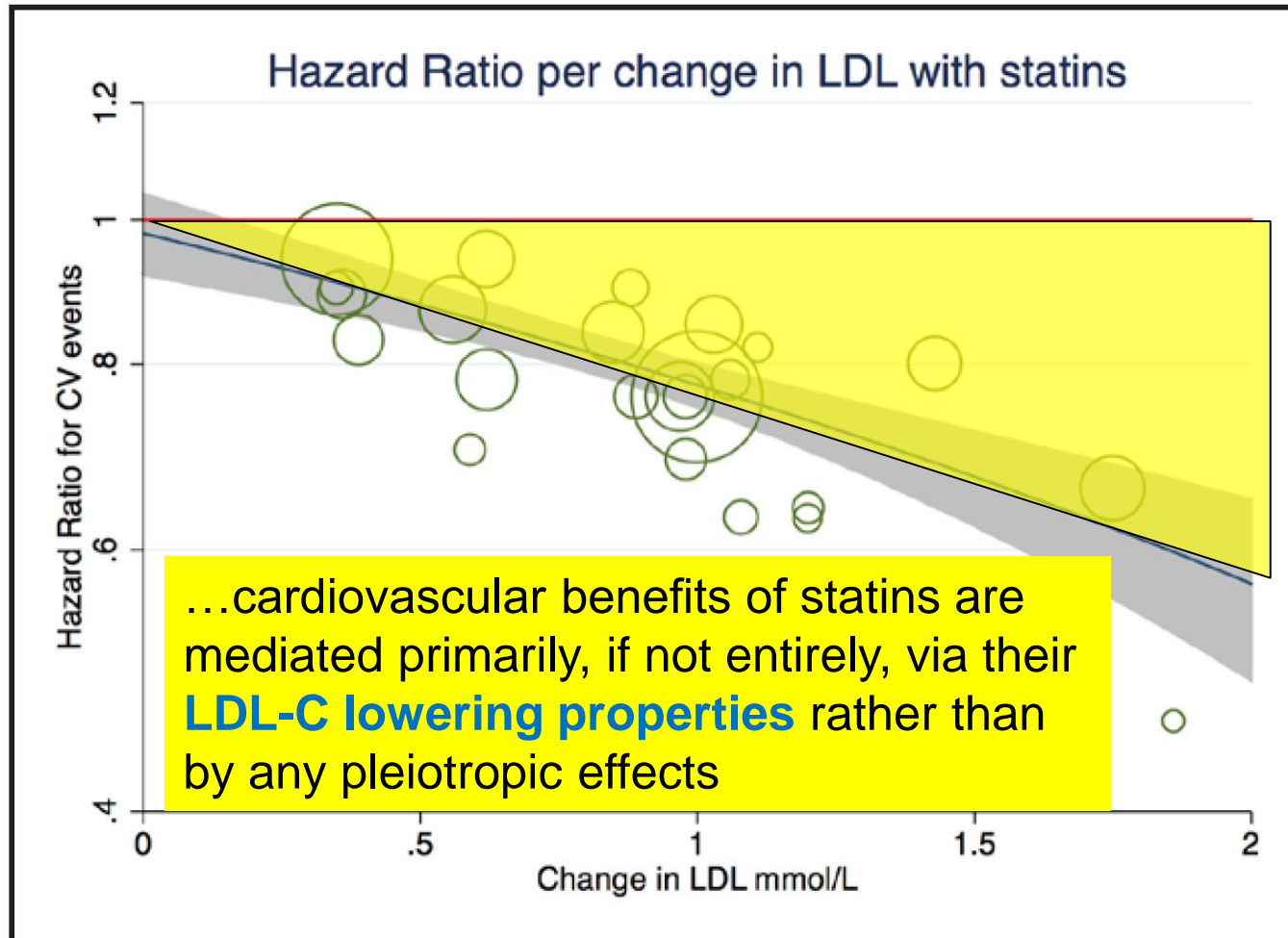
# Association Between Lowering LDL-C and Cardiovascular Risk Reduction Among Different Therapeutic Interventions

## A Systematic Review and Meta-analysis



# Evaluation of the Pleiotropic Effects of Statins

A Reanalysis of the Randomized Trial Evidence Using Egger Regression





# ASCVD Risk Categories & LDL-c Treatment Goals

Risk category	Risk factors/10-year risk	Treatment goals		
		LDL-C (mg/dL)	Non-HDL-C (mg/dL)	Apo B (mg/dL)
<b>Extreme risk</b>	<ul style="list-style-type: none"> <li>– Progressive ASCVD including unstable angina in individuals after achieving an LDL-C &lt;70 mg/dL</li> <li>– Established clinical cardiovascular disease in individuals with DM, stage 3 or 4 CKD, or HeFH</li> <li>– History of premature ASCVD (&lt;55 male, &lt;65 female)</li> </ul>	<b>&lt;55</b>	<b>&lt;80</b>	<b>&lt;70</b>
<b>Very high risk</b>	<ul style="list-style-type: none"> <li>– Established or recent hospitalization for ACS, coronary, carotid or peripheral vascular disease, 10-year risk &gt;20%</li> <li>– DM <u>or</u> stage 3 or 4 CKD with 1 or more risk factor(s)</li> <li>– HeFH</li> </ul>	<b>&lt;70</b>	<b>&lt;100</b>	<b>&lt;80</b>
<b>High risk</b>	<ul style="list-style-type: none"> <li>– ≥2 risk factors and 10-year risk 10%-20%</li> <li>– DM or stage 3 or 4 CKD with no other risk factors</li> </ul>	<b>&lt;100</b>	<b>&lt;130</b>	<b>&lt;90</b>
<b>Moderate risk</b>	≤2 risk factors and 10-year risk <10%	<b>&lt;100</b>	<b>&lt;130</b>	<b>&lt;90</b>
<b>Low risk</b>	0 risk factors	<b>&lt;130</b>	<b>&lt;160</b>	<b>NR</b>

Abbreviations: ACS, acute coronary syndrome; apo, apolipoprotein; ASCVD, atherosclerotic cardiovascular disease; CKD, chronic kidney disease; DM, diabetes; HeFH, heterozygous familial hypercholesterolemia; HDL-C, high-density lipoprotein cholesterol; LDL-C, low-density lipoprotein cholesterol; NR, not recommended.

*Barter PJ, et al. J Intern Med. 2006;259:247-258; Boekholdt SM, et al. J Am Coll Cardiol. 2014;64(5):485-494; Brunzell JD, et al. Diabetes Care. 2008;31:811-822; Cannon CP, et al. N Engl J Med. 2015;372(25):2387-2397; Grundy SM, et al. Circulation. 2004;110:227-239; Heart Protection Study Collaborative Group. Lancet. 2002;360:7-22; Jellinger P, Handelsman Y, Rosenblit P, et al. Endocr Practice. 2017;23(4):479-497; Lloyd-Jones DM, et al. Am J Cardiol. 2004;94:20-24; McClelland RL, et al. J Am Coll Cardiol. 2015;66(15):1643-1653; NHLBI. NIH Publication No. 02-5215. 2002; Ridker PM, J Am Coll Cardiol. 2005;45:1644-1648; Ridker PM, et al. JAMA. 2007;297(6):611-619; Sever PS, et al. Lancet. 2003;361:1149-1158; Shepherd J, et al. Lancet. 2002;360:1623-1630; Smith SC Jr, et al. Circulation. 2006;113:2363-2372; Stevens RJ, et al. Clin Sci. 2001;101(6):671-679; Stone NJ. Am J Med. 1996;101:4A40S-48S; Weiner DE, et al. J Am Soc Nephrol. 2004;15(5):1307-1315.*

# EUROASPIRE V

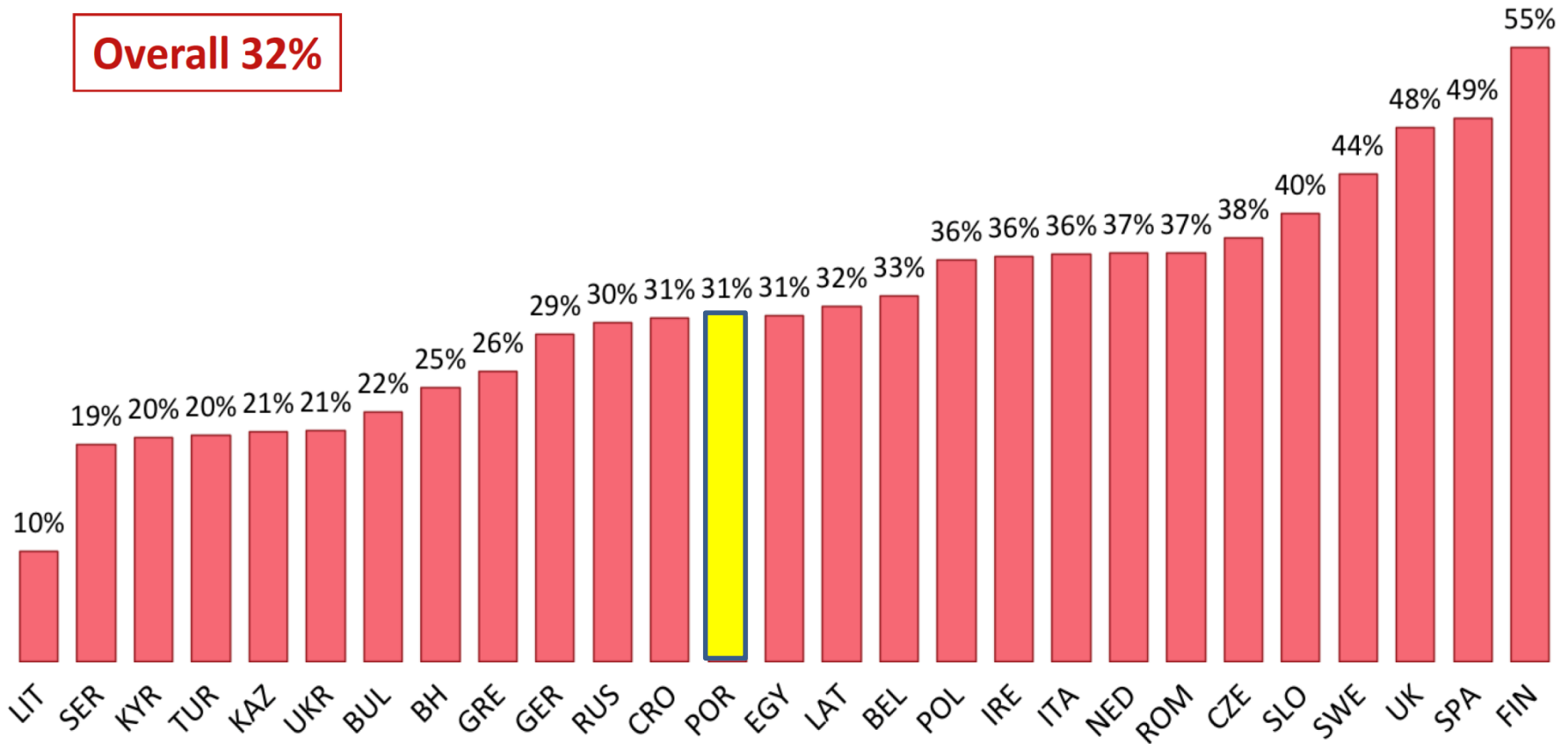


EUROASPIRE V

**LDL-cholesterol <1.8 mmol/L (70 mg/dL)  
in patients on lipid-lowering drugs**

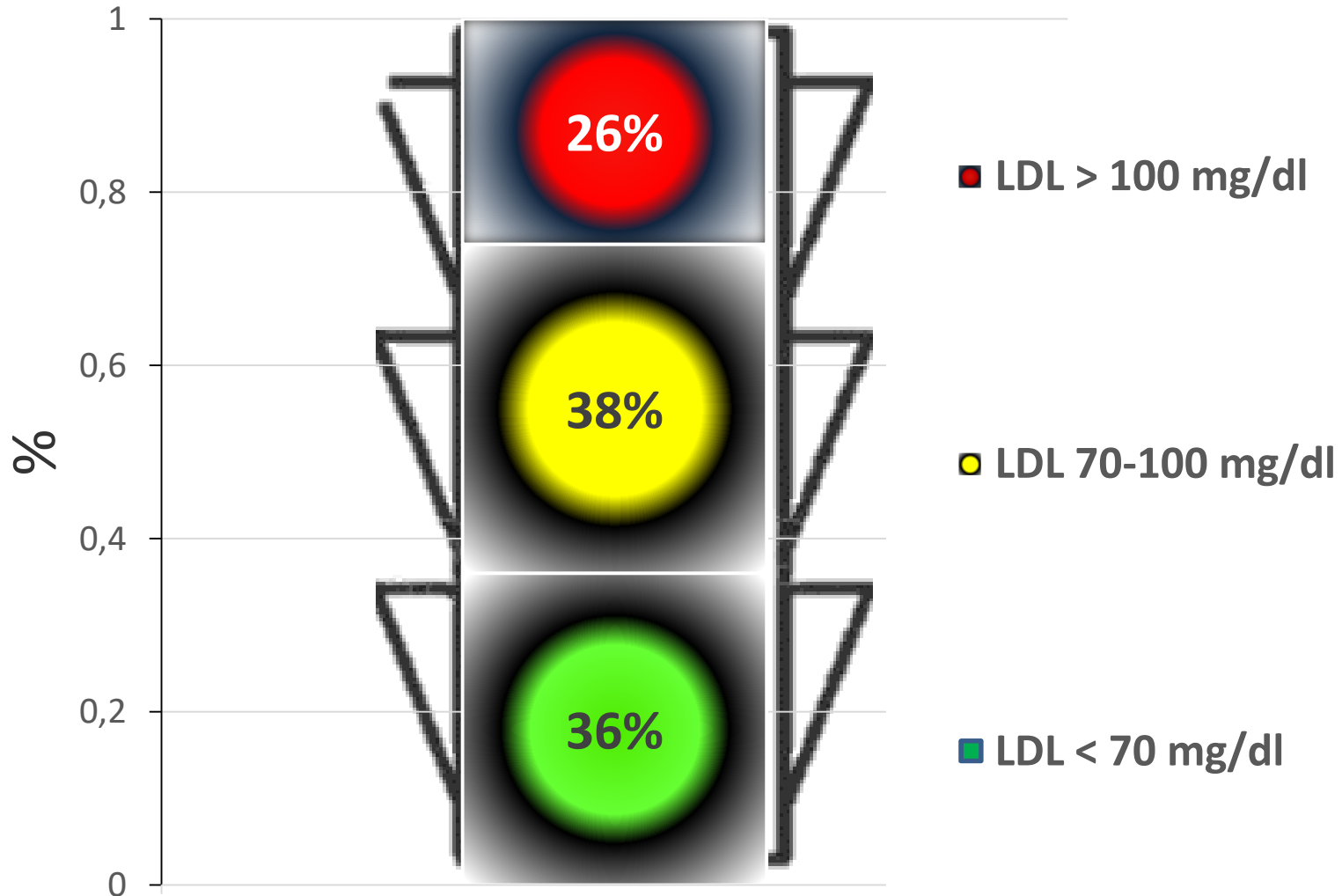


**Overall 32%**



Standardized for age and gender

# EUROASPIRE V



# EUROASPIRE V

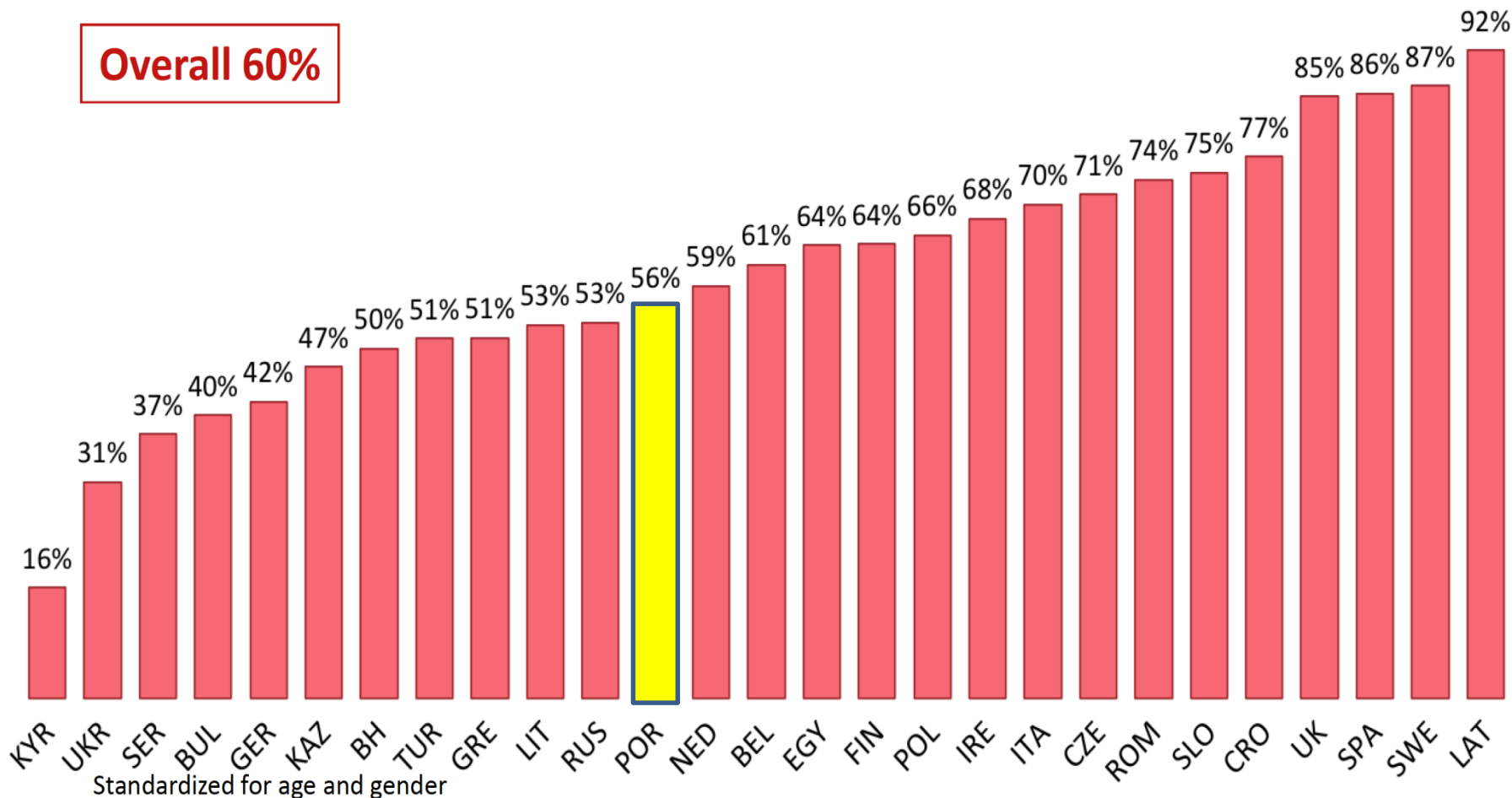
Use of high intensity LLD in patients on

statins, combination therapy or PCSK9 inhibitors



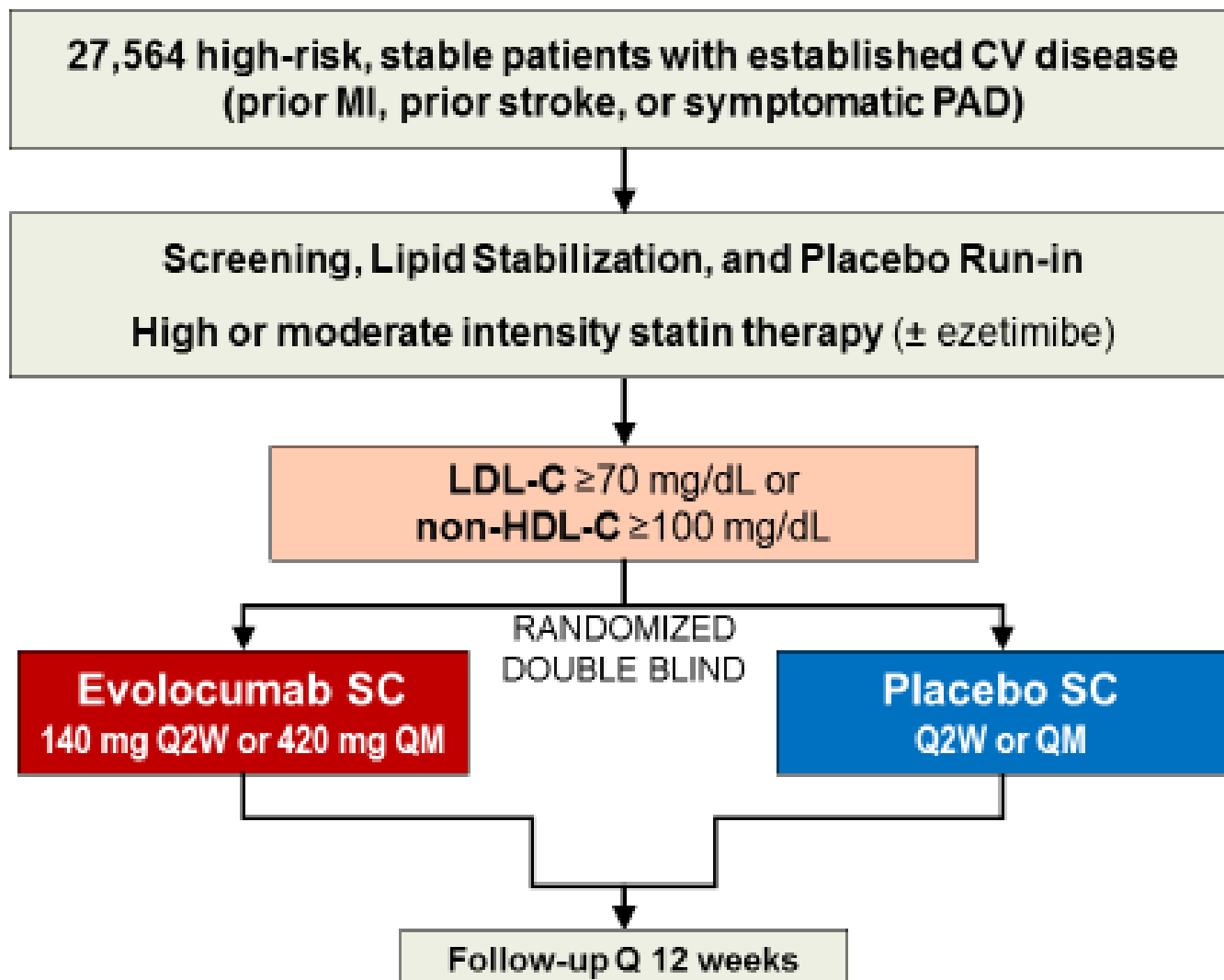
EUROASPIRE V

Overall 60%





# Trial Design





# FOURIER



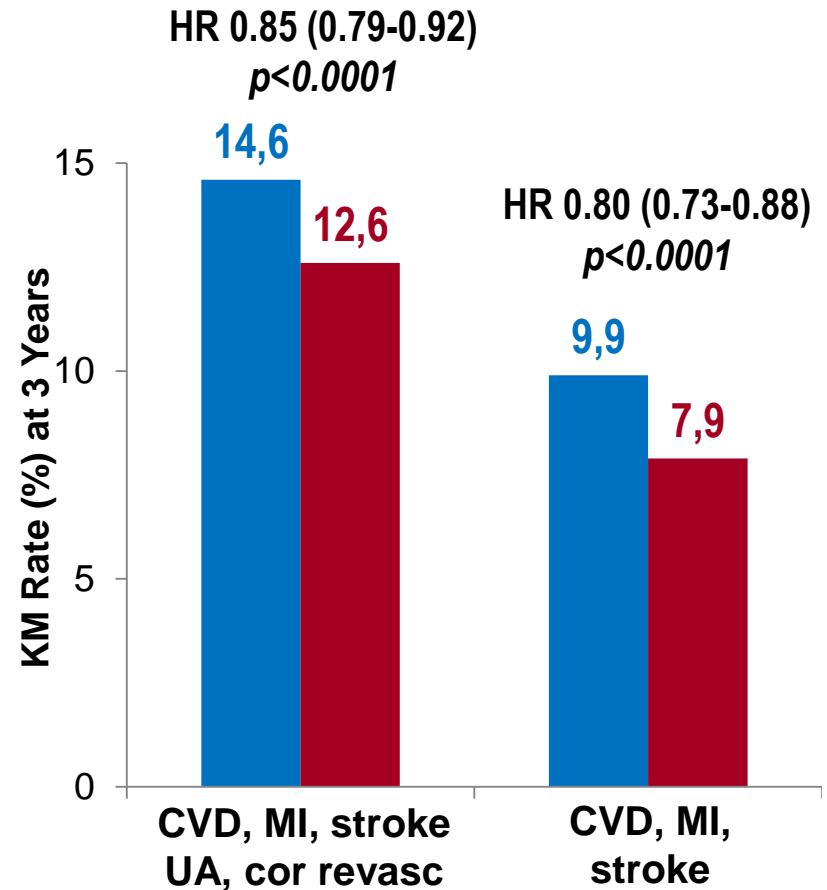
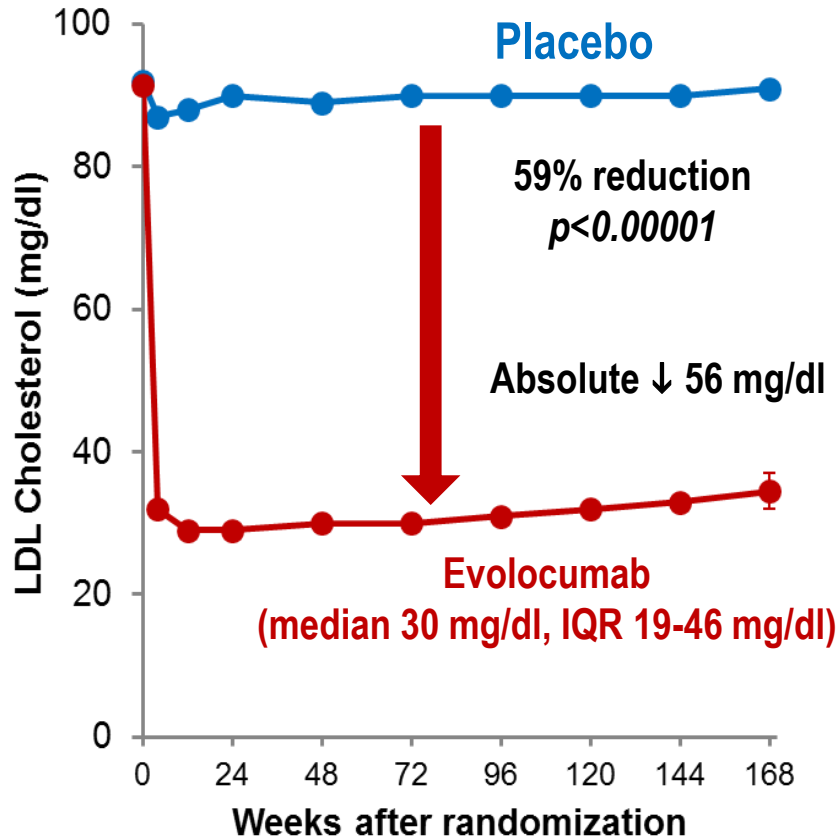
## Baseline characteristics

Characteristics	Evolocumab (N = 13,784)	Placebo (N = 13,780)
<b>Demographics</b>		
Age – y (SD)	62.5 (9.1)	62.5 (8.9)
Male sex – n (%)	10,397 (75.4)	10,398 (75.5)
White race* – n (%)	11,748 (85.2)	11,710 (85.0)
Weight – kg (SD)	85.0 (17.3)	85.5 (17.4)
<b>Region</b>		
North America	2,287 (16.6)	2,284 (16.6)
Europe	8,666 (62.9)	8,669 (62.9)
<b>PORTUGAL</b>	272 (1.0)	
Latin America	913 (6.6)	910 (6.6)
Asia Pacific and South Africa	1,918 (13.9)	1,917 (13.9)



# Summary of Effects of PCSK9i **fourier** Evolocumab

- ↓ LDL-C by 59% down to a median of 30 mg/dl
- ↓ CV outcomes in patients on statin
- Safe and well-tolerated





# Safety



## Events by LCL-c Level

**Table 3. Adverse Events and Laboratory Test Results.**

Outcome	Evolocumab (N = 13,769)	Placebo (N = 13,756)
Adverse events — no. of patients (%)		
Any	10,664 (77.4)	10,644 (77.4)
Serious	3410 (24.8)	3404 (24.7)
Thought to be related to the study agent and leading to discontinuation of study regimen	226 (1.6)	201 (1.5)
Injection-site reaction*	296 (2.1)	219 (1.6)
Allergic reaction	420 (3.1)	393 (2.9)
Muscle-related event	682 (5.0)	656 (4.8)
Rhabdomyolysis	8 (0.1)	11 (0.1)
Cataract	228 (1.7)	242 (1.8)
Adjudicated case of new-onset diabetes†	677 (8.1)	644 (7.7)
Neurocognitive event	217 (1.6)	202 (1.5)
Laboratory results — no. of patients/total no. (%)		
Aminotransferase level >3 times the upper limit of the normal range	240/13,543 (1.8)	242/13,523 (1.8)
Creatine kinase level >5 times the upper limit of the normal range	95/13,543 (0.7)	99/13,523 (0.7)

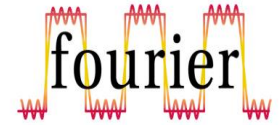
\* The between-group difference was nominally significant ( $P < 0.001$ ).

† The total numbers of patients were 8337 in the evolocumab group and 8339 in the placebo group, because patients with prevalent diabetes at the start of the trial were excluded.



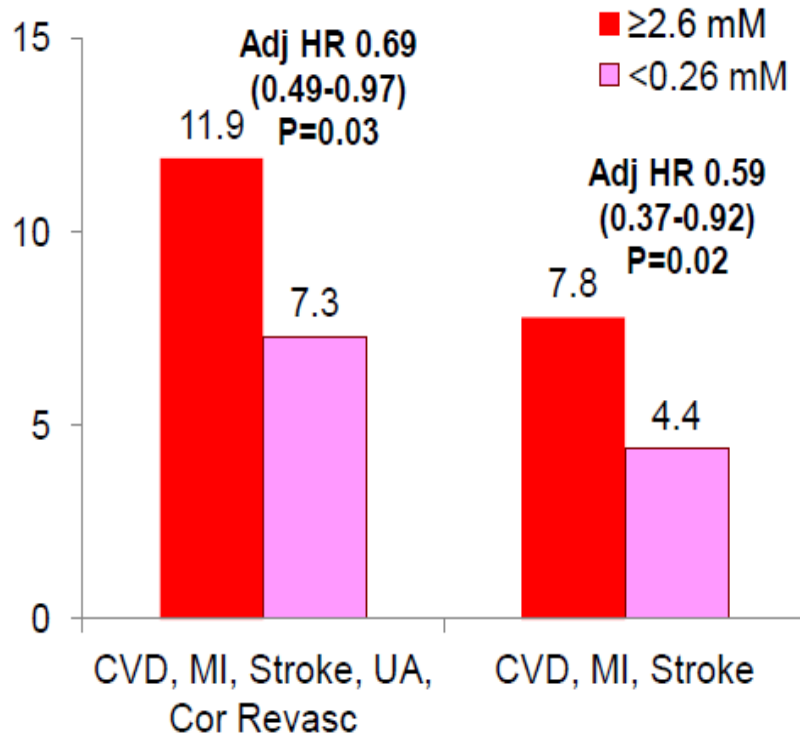
# How much can be LDL-c reduced?

Exploratory Analysis Pts with LDL-C  
<0.26 mM (<10 mg/dL) at 4 wks

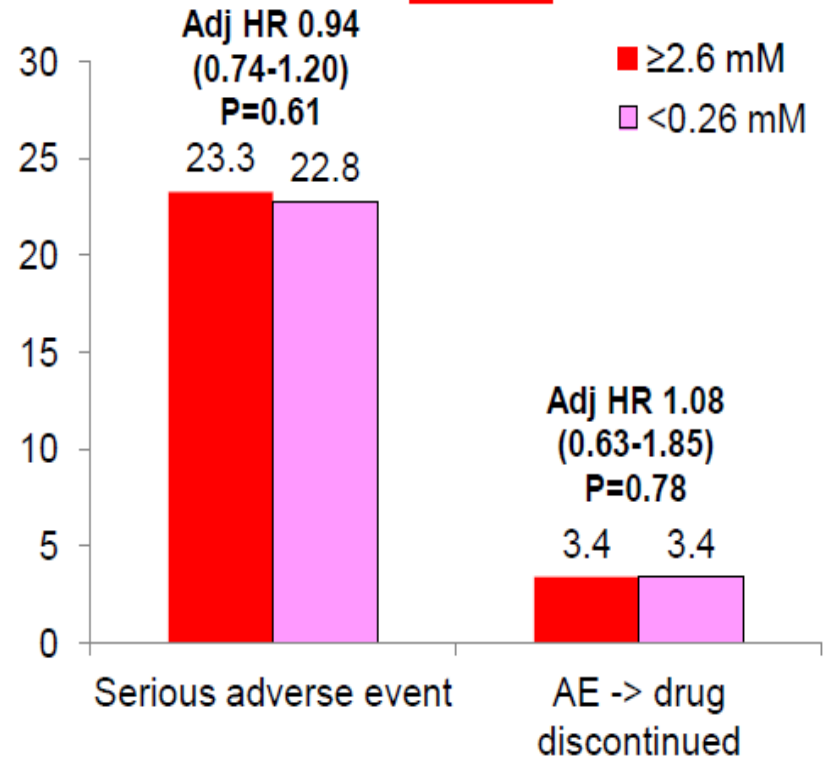


**N=504: Median [IQR] LDL-C 0.18 [0.13-0.23] mM = 7 [5-9] mg/dL**

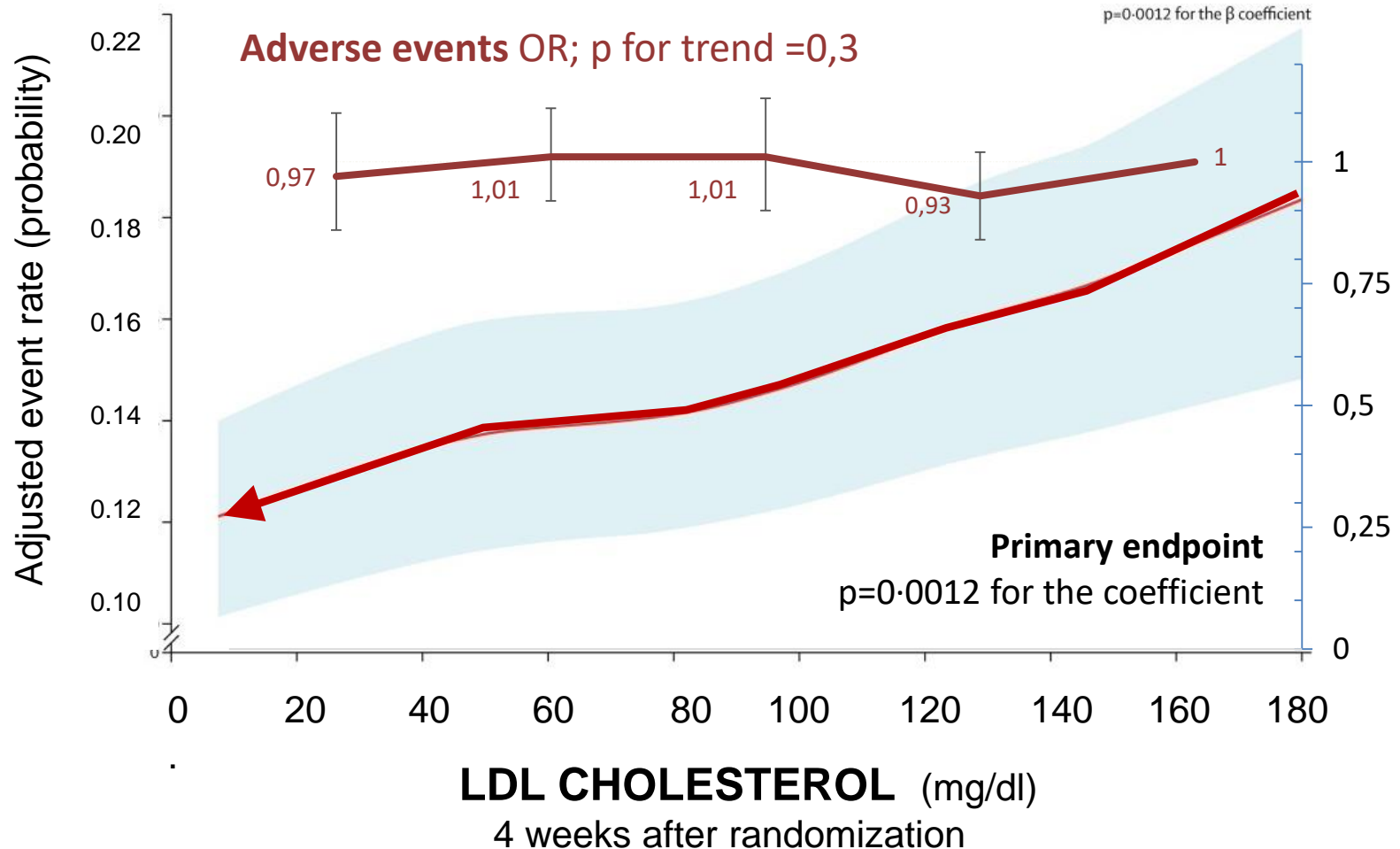
## Cardiovascular Efficacy



## Safety



# Very low LDL levels & Evolocumab FOURIER Trial





# Comparison to



# Cholesterol Treatment Trialists Collaboration

Hazard Ratio (95% CI) per 1 mmol/L reduction in LDL-C

Major Coronary Events



0.78 (0.70-0.86)



0.80 (0.71-0.90)

Stroke



0.77 (0.66-0.91)



0.77 (0.63-0.94)

Coronary revascularization



0.75 (0.67-0.84)

Urgent



0.73 (0.62-0.86)

Elective



0.84 (0.73-0.98)

Major Vascular Events



0.77 (0.73-0.82)



0.83 (0.76-0.90)

0.5

1.0

2.0

Lipid-lowering therapy better

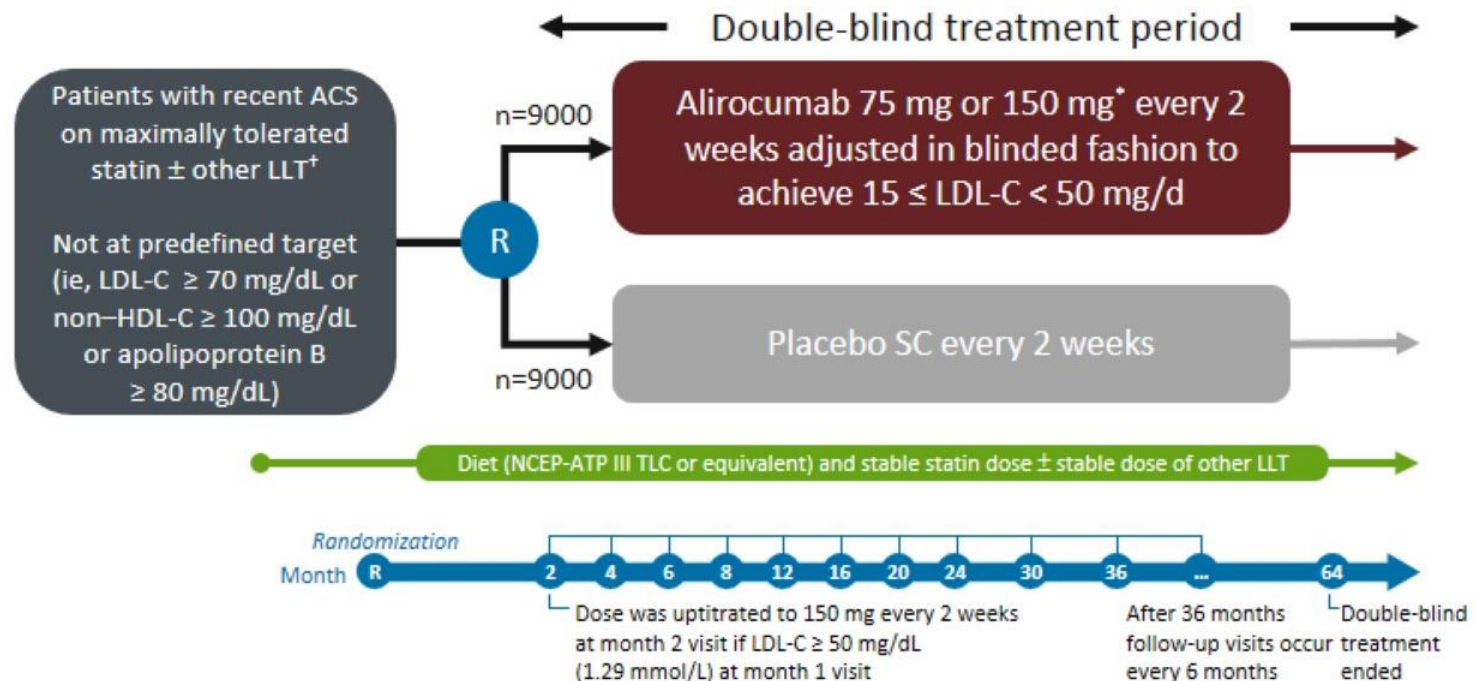
Lipid-lowering therapy worse

CTTC Meta-analysis Year 2  
 FOURIER Year 2



# ODYSSEY OUTCOMES: Study Design

## A randomized, double-blind, placebo-controlled study



\*Dose titrated up to 150 mg every 2 weeks at month 2 if LDL-C ≥ 50 mg/dL (1.29 mmol/L) at month 1 visit.

†Atorvastatin 40 to 80 mg or rosuvastatin 20 to 40 mg OR maximally tolerated dose of statin (can be 0 mg).

If LDL-C < 25 mg/dL on any 2 consecutive measurements on alirocumab 150 mg, the dose is reduced to 75 mg.

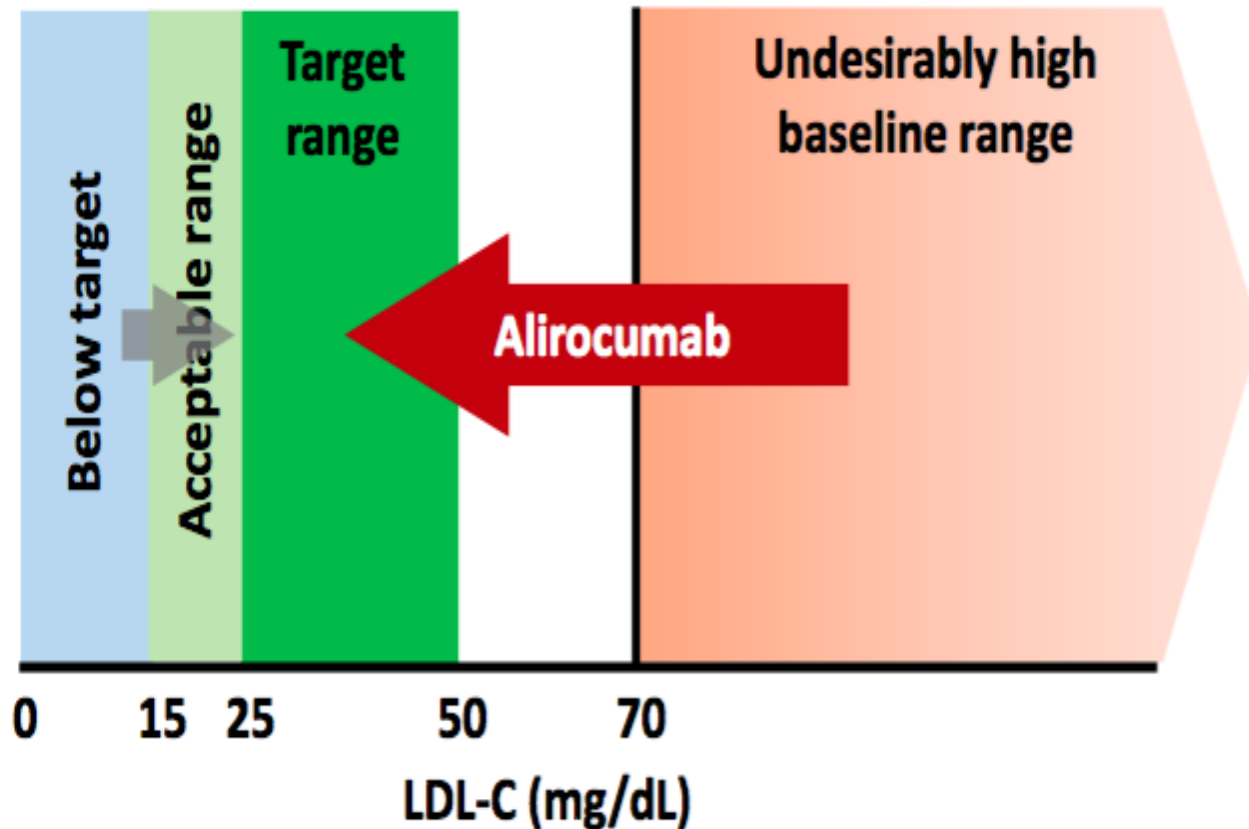
If LDL-C < 15 mg/dL on 2 consecutive measurements with alirocumab 75 mg, active treatment is discontinued at the next study visit and substituted with placebo.

Schwartz GG, et al. *Am Heart J*. 2014;168:682-689.e1; ClinicalTrials.gov. NCT01663402.

*Schwartz GG, et al. Am Heart J 2014;168:682-89.e1*

# A Target Range for LDL-C

We attempted to maximize the number of patients in the target range and minimize the number below target by blindly titrating alirocumab (75 or 150 mg SC Q2W) or blindly switching to placebo.



# Main Secondary Efficacy Endpoints: Hierarchical Testing

Endpoint, n (%)	Alirocumab (N=9462)	Placebo (N=9462)	HR (95% CI)	Log-rank P-value
CHD event	<b>1199 (12.7)</b>	<b>1349 (14.3)</b>	<b>0.88 (0.81, 0.95)</b>	<b>0.001</b>
Major CHD event	<b>793 (8.4)</b>	<b>899 (9.5)</b>	<b>0.88 (0.80, 0.96)</b>	<b>0.006</b>
CV event	<b>1301 (13.7)</b>	<b>1474 (15.6)</b>	<b>0.87 (0.81, 0.94)</b>	<b>0.0003</b>
Death, MI, ischemic stroke	<b>973 (10.3)</b>	<b>1126 (11.9)</b>	<b>0.86 (0.79, 0.93)</b>	<b>0.0003</b>
CHD death	<b>205 (2.2)</b>	<b>222 (2.3)</b>	0.92 (0.76, 1.11)	0.38
CV death	<b>240 (2.5)</b>	<b>271 (2.9)</b>	0.88 (0.74, 1.05)	0.15
<b>All-cause death</b>	<b>334 (3.5)</b>	<b>392 (4.1)</b>	<b>0.85 (0.73, 0.98)</b>	<b>0.026*</b>

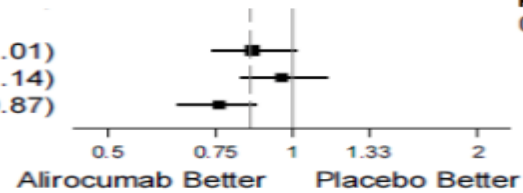
Endpoint, n (%)	Alirocumab (N=9462)	Placebo (N=9462)	HR (95% CI)	Log-rank P-value
<b>MACE</b>	<b>903 (9.5)</b>	<b>1052 (11.1)</b>	<b>0.85 (0.78, 0.93)</b>	<b>0.0003</b>
CHD death	<b>205 (2.2)</b>	<b>222 (2.3)</b>	0.92 (0.76, 1.11)	0.38
Non-fatal MI	<b>626 (6.6)</b>	<b>722 (7.6)</b>	0.86 (0.77, 0.96)	0.006
Ischemic stroke	<b>111 (1.2)</b>	<b>152 (1.6)</b>	0.73 (0.57, 0.93)	0.01
Unstable angina	<b>37 (0.4)</b>	<b>60 (0.6)</b>	0.61 (0.41, 0.92)	0.02

***“..choose the right patient...  
..more than just point  
out LDL-c level...”***

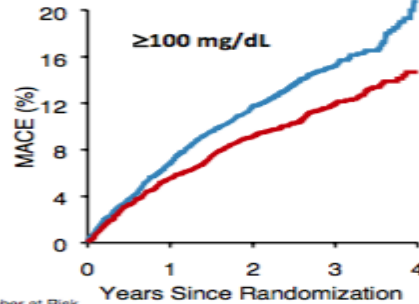
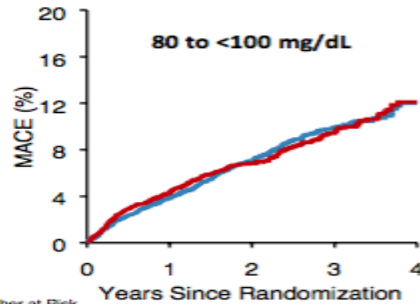
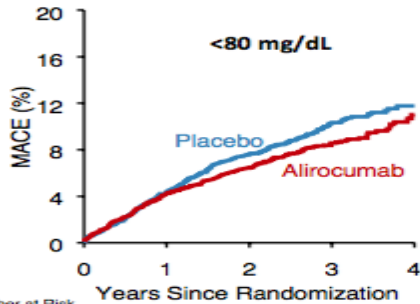


# Primary Efficacy in Main Prespecified Subgroups

Subgroup	Patients	Incidence (%)		HR (95% CI)	p-value*
		Alirocumab	Placebo		
LDL (mg/dL)					
<80	7164	8.3	9.5	0.86 (0.74, 1.01)	0.09
80 - <100	6128	9.2	9.5	0.96 (0.82, 1.14)	
≥100	5629	11.5	14.9	0.76 (0.65, 0.87)	



\*P-values for interaction



NNT 29 vs 63

Number at Risk

Placebo	3583	3347	3122	1290	256
Alirocumab	3581	3365	3183	1327	233

Number at Risk

Placebo	3062	2889	2708	1195	195
Alirocumab	3066	2880	2732	1194	213

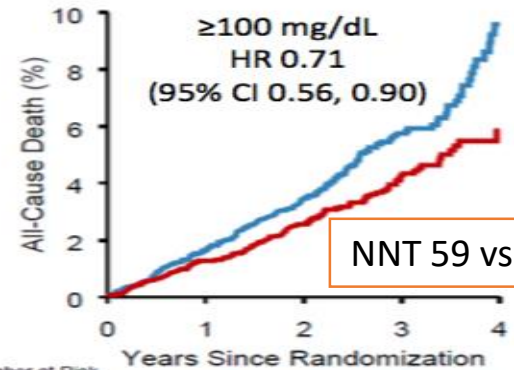
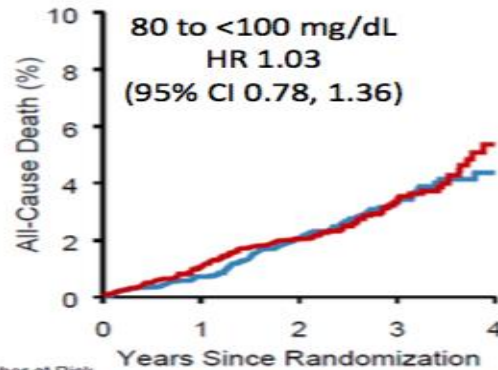
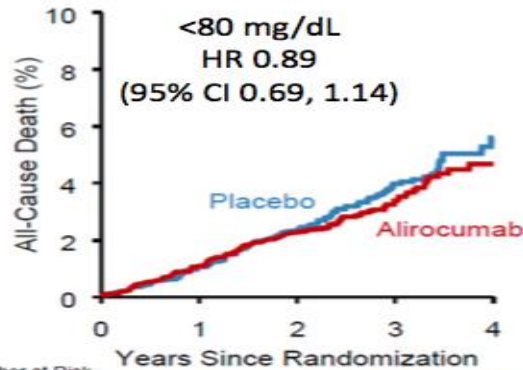
Number at Risk

Placebo	2815	2568	2371	986	178
Alirocumab	2814	2602	2431	1053	207



## Post Hoc Analysis: All-Cause Death by Baseline LDL-C Subgroups

ARR\* 1.7% P<sub>interaction</sub>=0.12



NNT 59 vs 167

Number at Risk

Placebo	3583	3486	3349	1426	285
Alirocumab	3581	3488	3358	1452	269

Number at Risk

Placebo	3062	3001	2894	1325	228
Alirocumab	3066	2992	2907	1308	237

Number at Risk

Placebo	2815	2732	2645	1147	224
Alirocumab	2814	2739	2655	1186	240

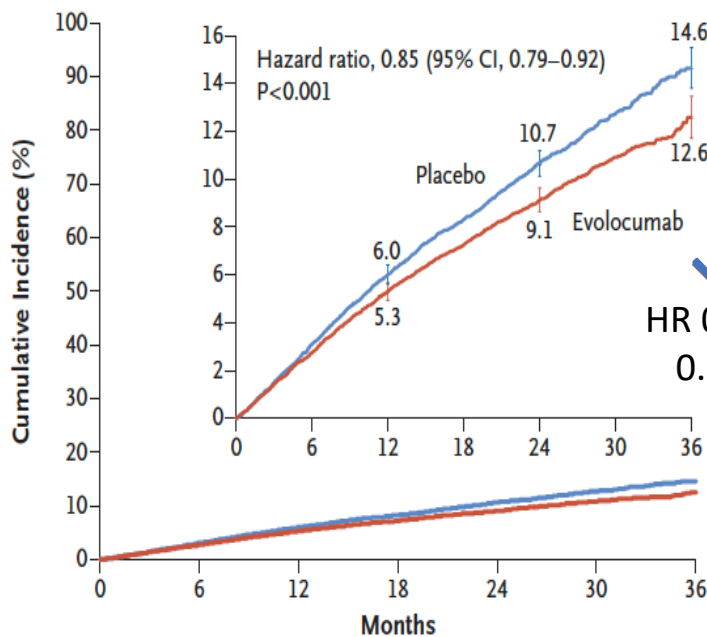
# Clinical benefits in RCT actually begin at LDL-c level > 70 mg/dL



Primary Efficacy Endpoint: MACE



## A Primary Efficacy End Point

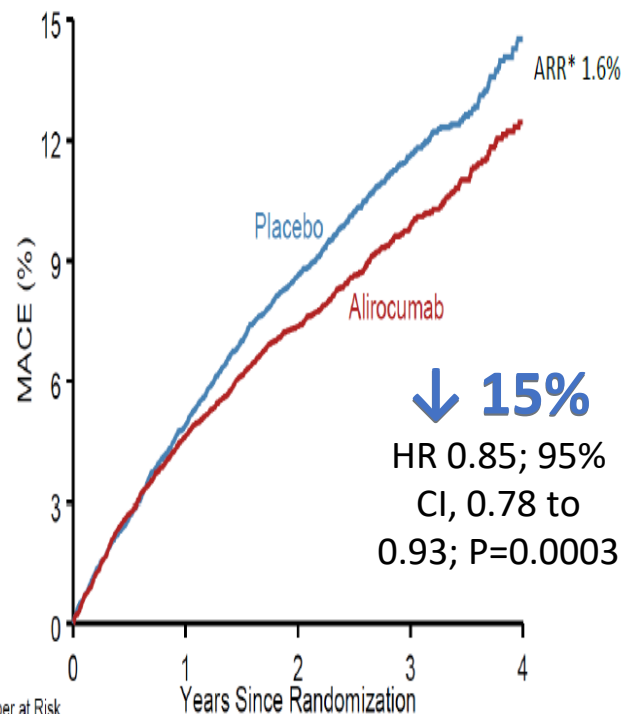


↓ 15%

HR 0.85; 95% CI,  
0.79 to 0.92;  
P<0.001

MACE: CHD death,  
non-fatal MI,  
ischemic stroke, or  
unstable angina requiring  
hospitalization

No. at Risk	0	6	12	18	24	30	36
Placebo	13,780	13,278	12,825	11,871	7610	3690	686
Evolocumab	13,784	13,351	12,939	12,070	7771	3746	689



Number at Risk	0	1	2	3	4
Placebo	9462	8805	8201	3471	629
Alirocumab	9462	8846	8345	3574	653

\*Based on cumulative incidence

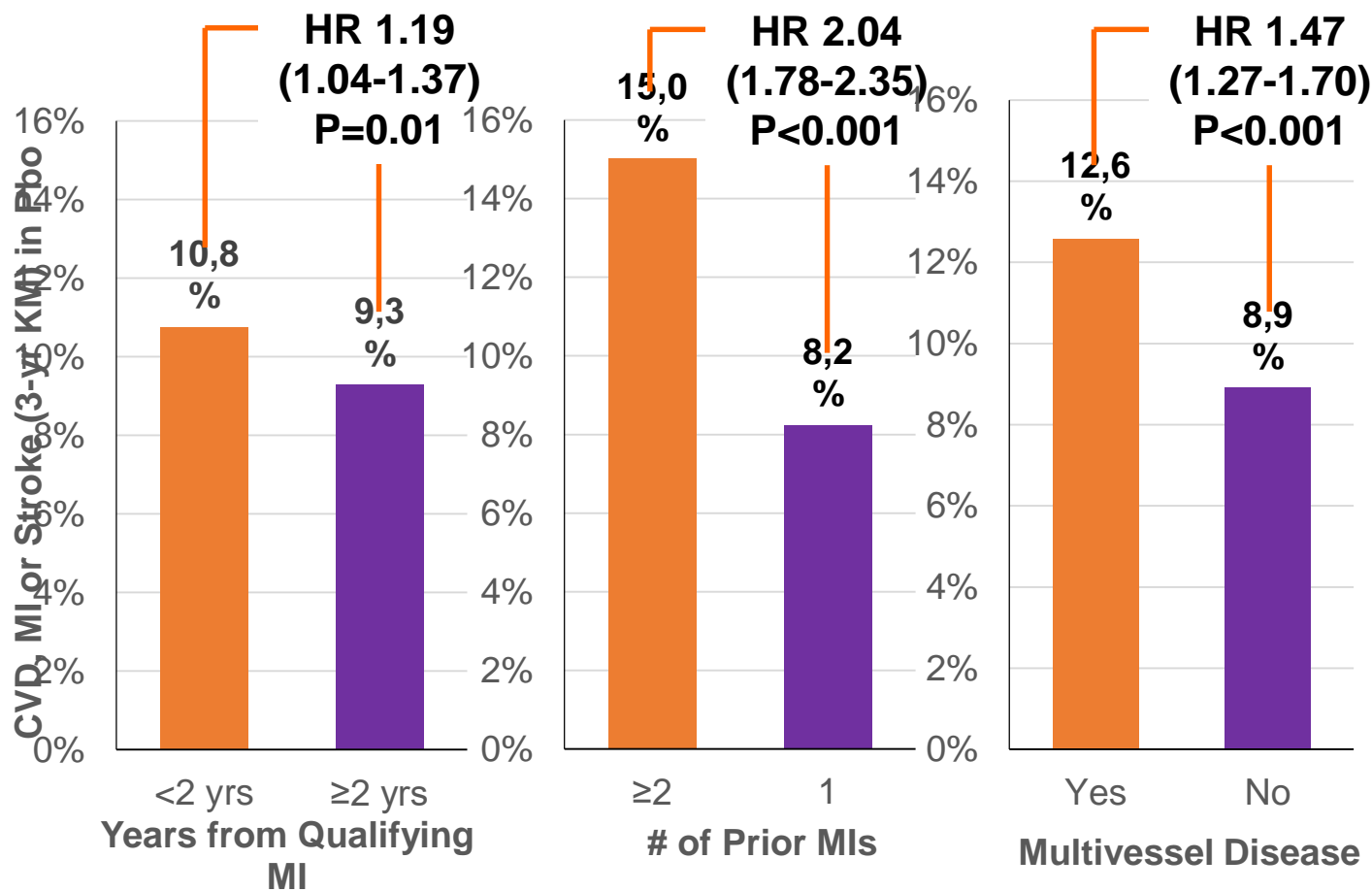


Sabatine MS, et al.  
N Engl J Med 2017;376:1713-22

Giugliano RP  
ACC Meeting 2018 Orlando, FLO



# Risk of CV Death, MI or Stroke with Each Risk Factor



*Analyses in placebo arm*

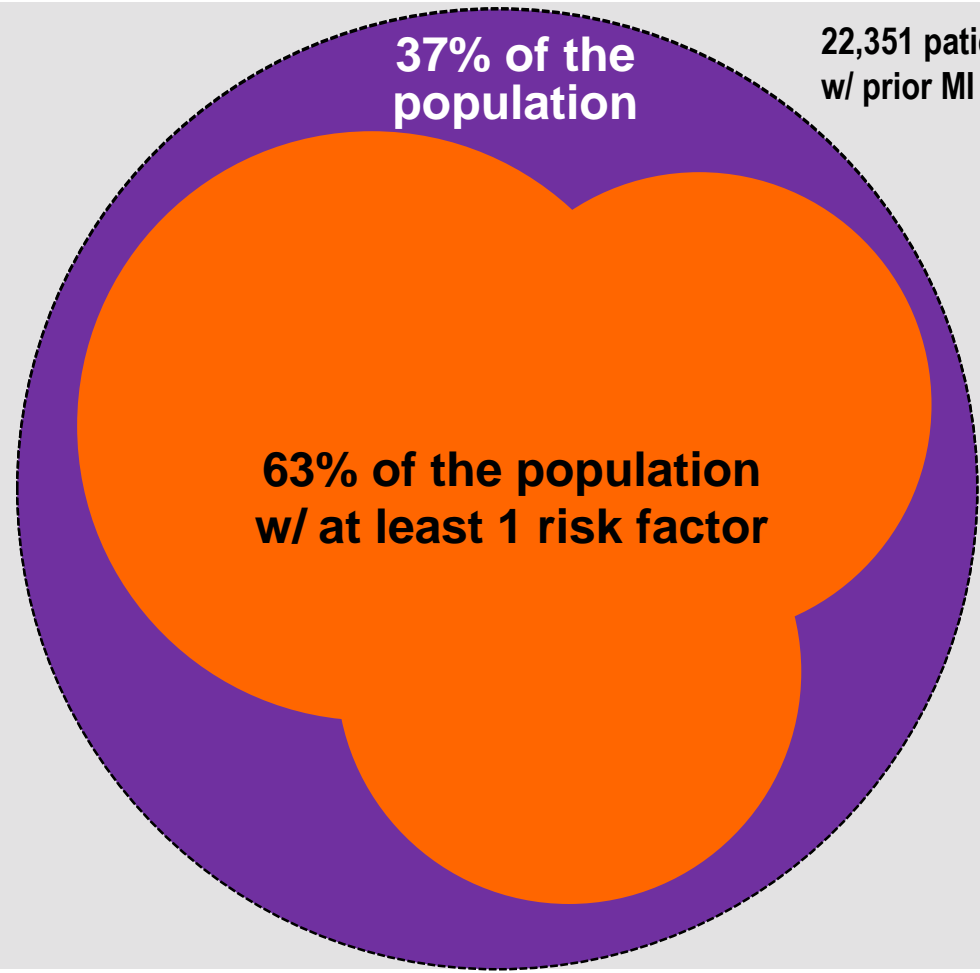


# OVERLAP BETWEEN FACTORS



THE LOWER THE BETTER

FOURIER



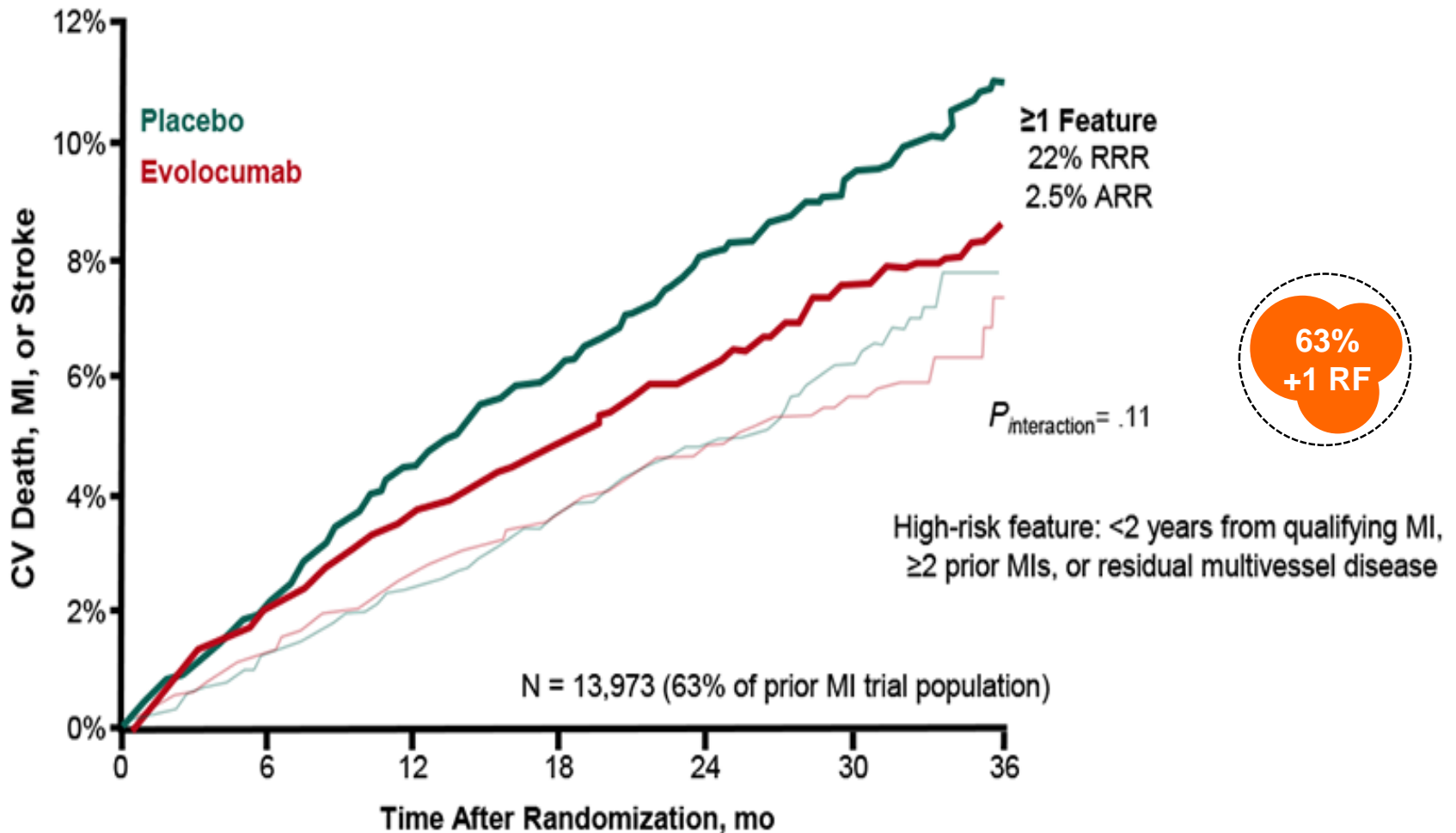
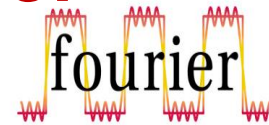
22,351 patients  
w/ prior MI

37% of the  
population

63% of the population  
w/ at least 1 risk factor



# Benefit of EvoMab based on Number of High-Risk MI Features



63%  
+1 RF

$P_{\text{interaction}} = .11$

High-risk feature:  $< 2$  years from qualifying MI,  $\geq 2$  prior MIs, or residual multivessel disease

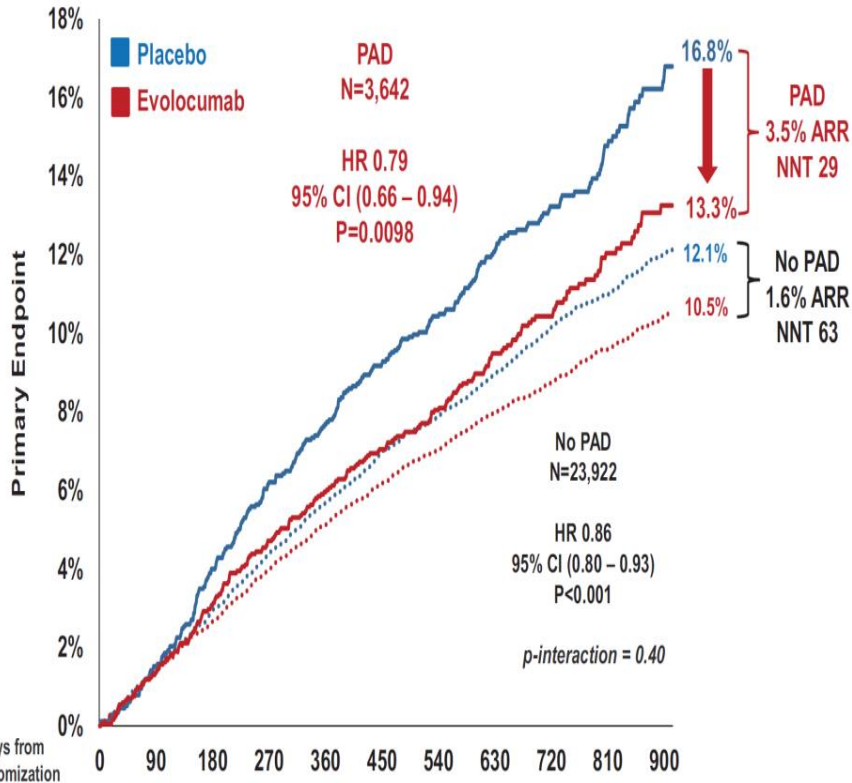
$N = 13,973$  (63% of prior MI trial population)



# Low-Density Lipoprotein Cholesterol Lowering With Evolocumab and Outcomes in Patients With Peripheral Artery Disease

Insights From the FOURIER Trial (Further Cardiovascular Outcomes Research With PCSK9 Inhibition in Subjects With Elevated Risk)

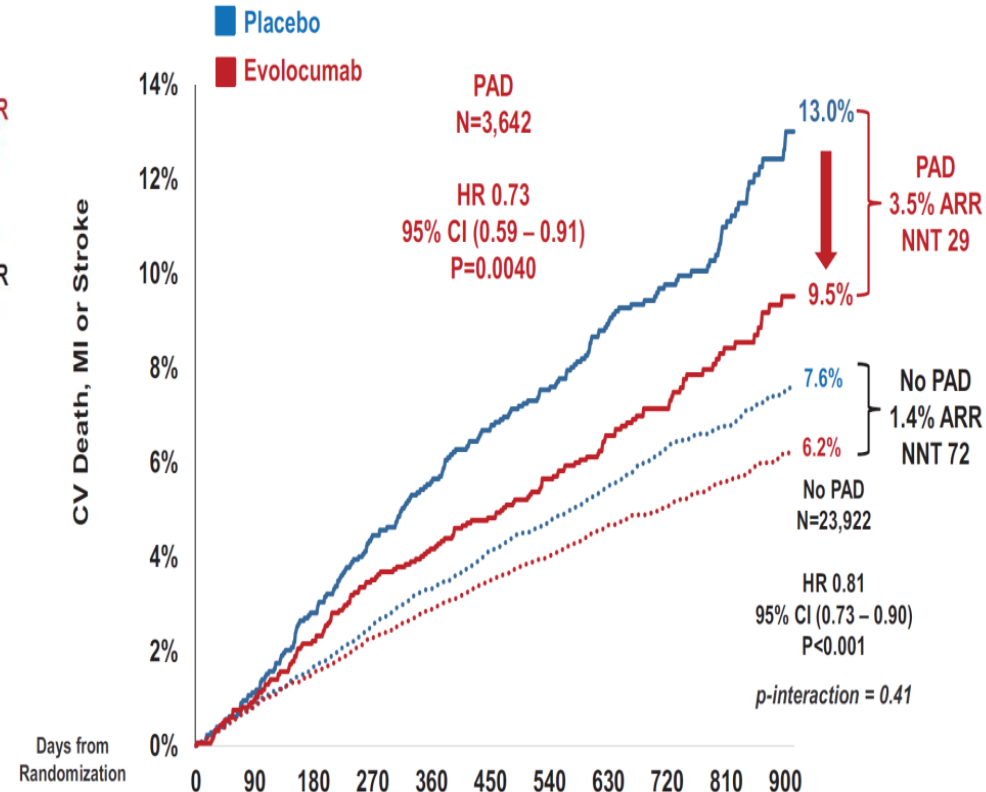
**A** Primary Endpoint in Patients with and without PAD



Number at risk

Placebo PAD	1784	1749	1700	1654	1617	1588	1536	1281	973	695	432
Evolocumab PAD	1858	1827	1790	1753	1726	1701	1651	1378	1050	749	460
Placebo no PAD	11996	11793	11582	11390	11217	11039	10400	8759	6864	5173	3443
Evolocumab no PAD	11926	11736	11568	11384	11224	11081	10486	8807	6972	5242	3476

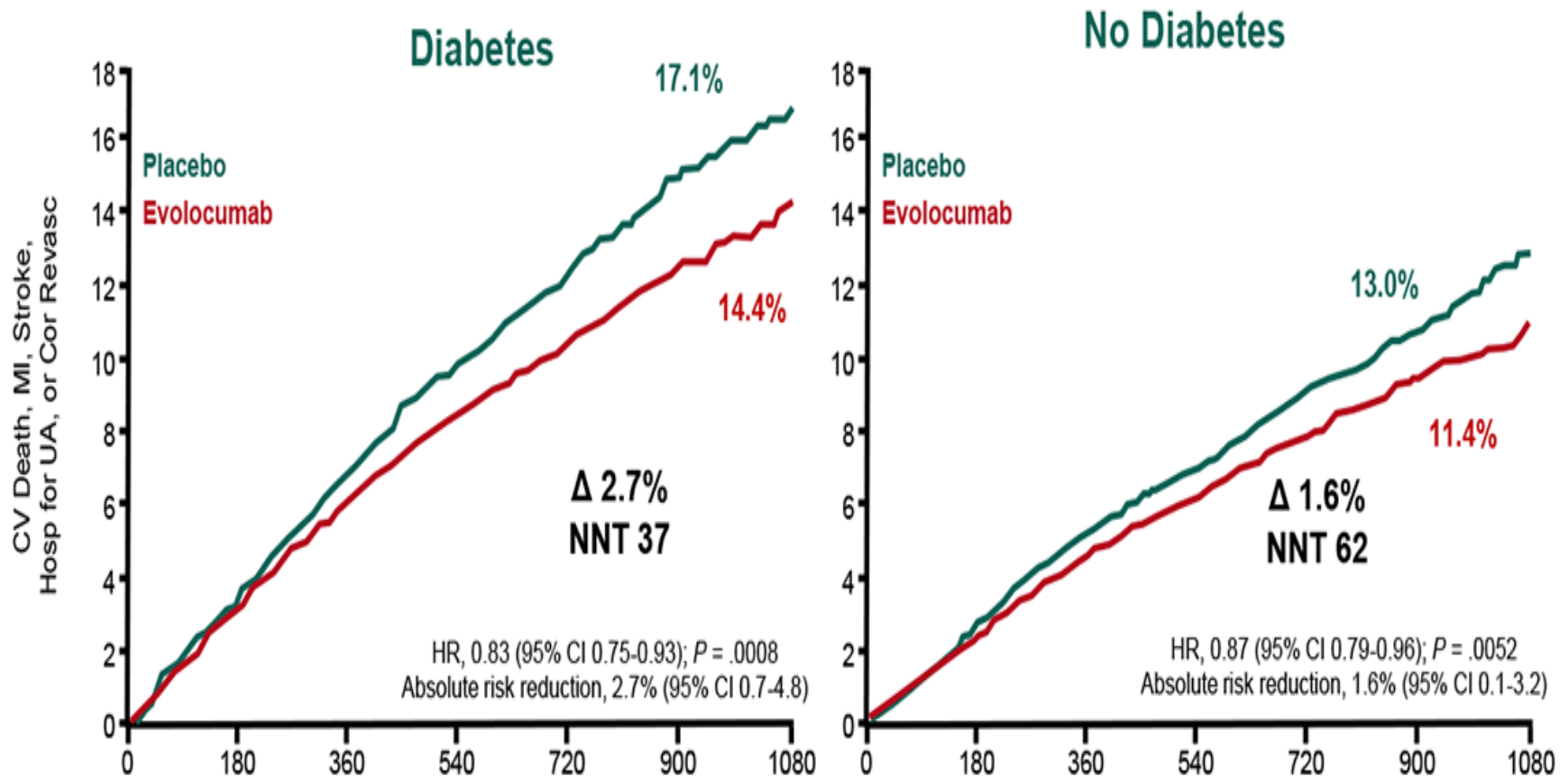
**B** CV Death, MI or Stroke in Patients with and without PAD



Number at risk

Placebo PAD	1784	1756	1721	1685	1654	1632	1587	1332	1014	729	452
Evolocumab PAD	1858	1834	1806	1774	1758	1740	1692	1427	1091	779	480
Placebo no PAD	11996	11861	11732	11606	11494	11375	10767	9099	7167	5429	3636
Evolocumab no PAD	11926	11802	11699	11583	11490	11397	10828	9138	7258	5474	3649

# FOURIER Prespecified Analysis: Effect of Evolocumab on Cardiovascular Events in Patients With and Without Diabetes



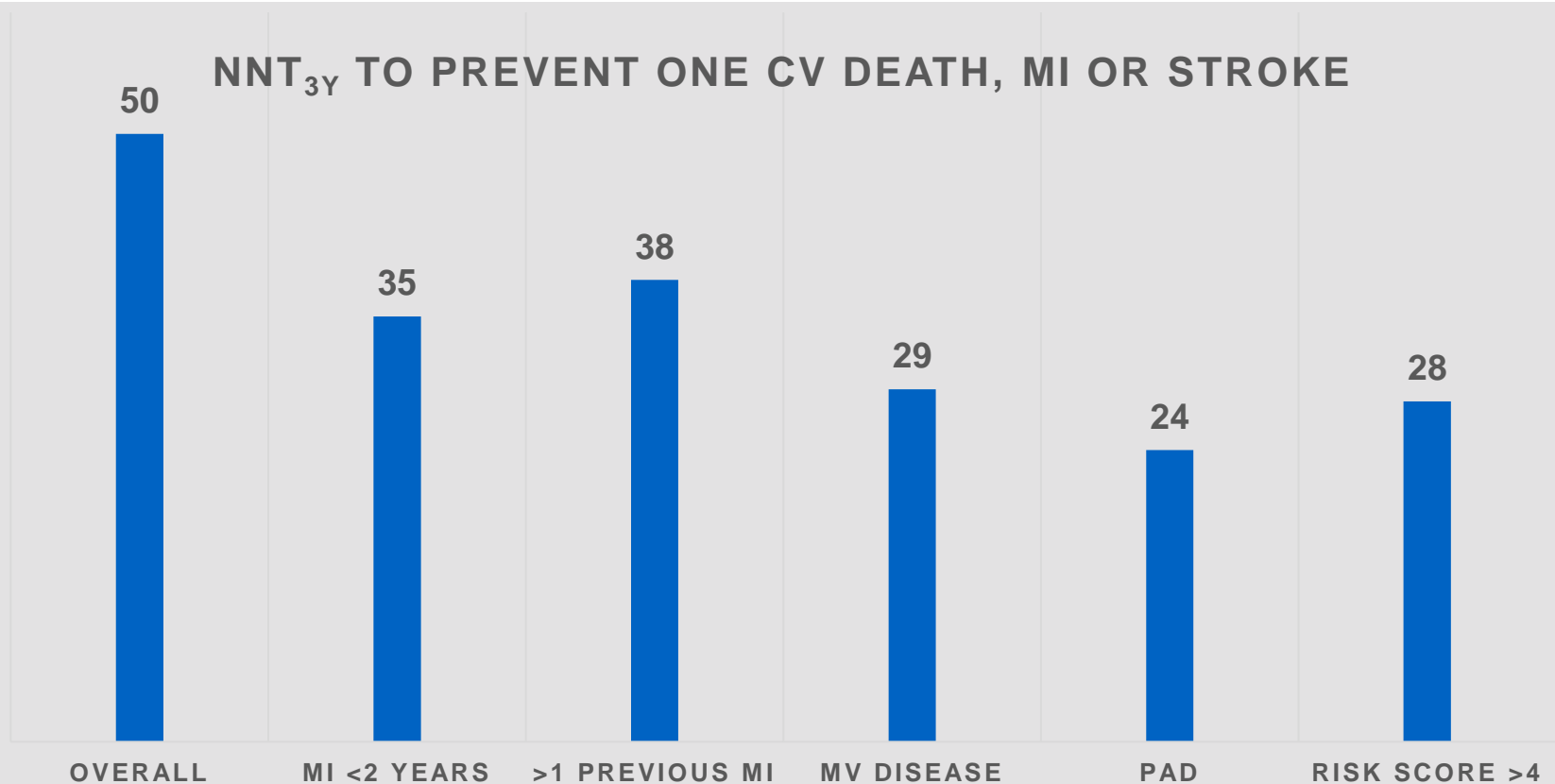
**Study design:** In this prespecified analysis of FOURIER, the efficacy and safety of evolocumab by diabetes status and the effect of evolocumab on glycemia and risk of developing diabetes was investigated. At study baseline, 11,031 patients had diabetes and 16,533 did not have diabetes.

*Sabatine MS, et al.*

*Lancet Diabetes Endocrinol 2017;5:941-50*



# RISK STRATIFICATION AND MAGNITUDE OF BENEFIT OF EVOLOCUMAB



**High-risk patients w/ ASCVD demonstrate a pattern of greater ARR in major CV events with Evolocumab**

*Risk indicators are Chronic Heart Failure, Hypertension, Age ≥ 75, Diabetes Mellitus, Prior Stroke, Prior CABG, PAD, eGFR < 60, Smoking, Prior MI;*

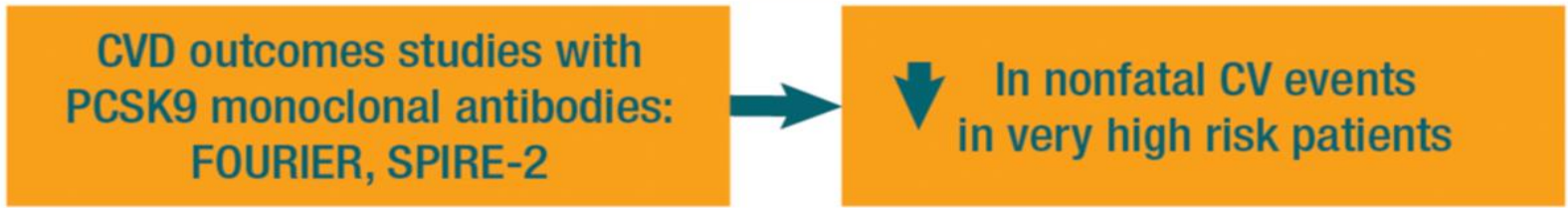
*Sabatine MS, et al. NEJM. 2017; doi: 10.1056/NEJMoa1615664; Bonaca MP et al. AHA – Late Breaking Science. Anaheim, CAL. Nov 13, 2017; Bohula EA et al. AHA – Anaheim, CAL. Nov 14, 2017; Sabatine MS et al. AHA – Late Breaking Science. Anaheim, CAL. Nov 13, 2017*

# 2017 Update of ESC/EAS Task Force on practical clinical guidance for proprotein convertase subtilisin/kexin type 9 inhibition in patients with atherosclerotic cardiovascular disease or in familial hypercholesterolaemia

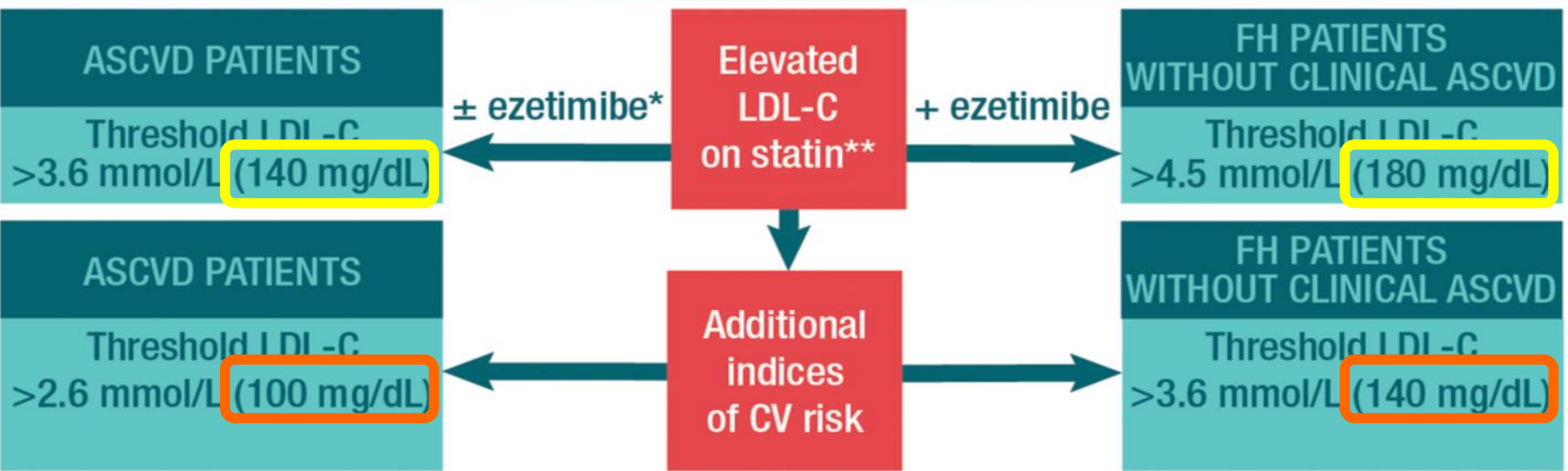
Ulf Landmesser<sup>1\*†</sup>, M. John Chapman<sup>2†</sup>, Jane K. Stock<sup>3</sup>, Pierre Amarenco<sup>4</sup>, Jill J.F. Belch<sup>5</sup>, Jan Borén<sup>6</sup>, Michel Farnier<sup>7</sup>, Brian A. Ference<sup>8</sup>, Stephan Gielen<sup>9</sup>, Ian Graham<sup>10</sup>, Diederick E. Grobbee<sup>11</sup>, G. Kees Hovingh<sup>12</sup>, Thomas F. Lüscher<sup>13</sup>, Massimo F. Piepoli<sup>14</sup>, Kausik K. Ray<sup>15</sup>, Erik S. Stroes<sup>12</sup>, Olov Wiklund<sup>16</sup>, Stephan Windecker<sup>17</sup>, Jose Luis Zamorano<sup>18</sup>, Fausto Pinto<sup>19</sup>, Lale Tokgözoğlu<sup>20</sup>, Jeroen J. Bax<sup>21</sup>, and Alberico L. Catapano<sup>22</sup>

# 2017 Update of ESC/EAS Task Force on practical clinical guidance for proprotein convertase subtilisin/kexin type 9 inhibition in patients with atherosclerotic cardiovascular disease or in familial hypercholesterolaemia

## EVIDENCE FROM TRIALS



## TRANSLATION TO UNMET NEEDS IN PATIENTS WITH CLINICAL ASCVD OR IN FH



\* According to clinical judgement and local guidance  
 \*\* On maximally tolerated statin therapy

ASCVD atherosclerotic cardiovascular disease  
 FH familial hypercholesterolaemia

# 2017 Update of ESC/EAS Task Force on practical clinical guidance for proprotein convertase subtilisin/kexin type 9 inhibition in patients with atherosclerotic cardiovascular disease or in familial hypercholesterolaemia

**Patients with familial hypercholesterolaemia without clinically diagnosed ASCVD on maximally tolerated statin plus ezetimibe therapy**

## Check for additional indices of risk severity

- Diabetes mellitus with target organ damage (e.g. proteinuria), or with a major risk factor (e.g. marked hypertension)
- Lipoprotein(a) >50 mg/dL
- Major risk factors: smoking, marked hypertension
- >40 years of age without treatment
- Premature ASCVD (<55 years in males and <60 years in females) in first-degree relatives
- Imaging indicators (**refer to text**)

**No additional indices of risk severity**  
LDL-C >4.5 mmol/L (>180 mg/dL)

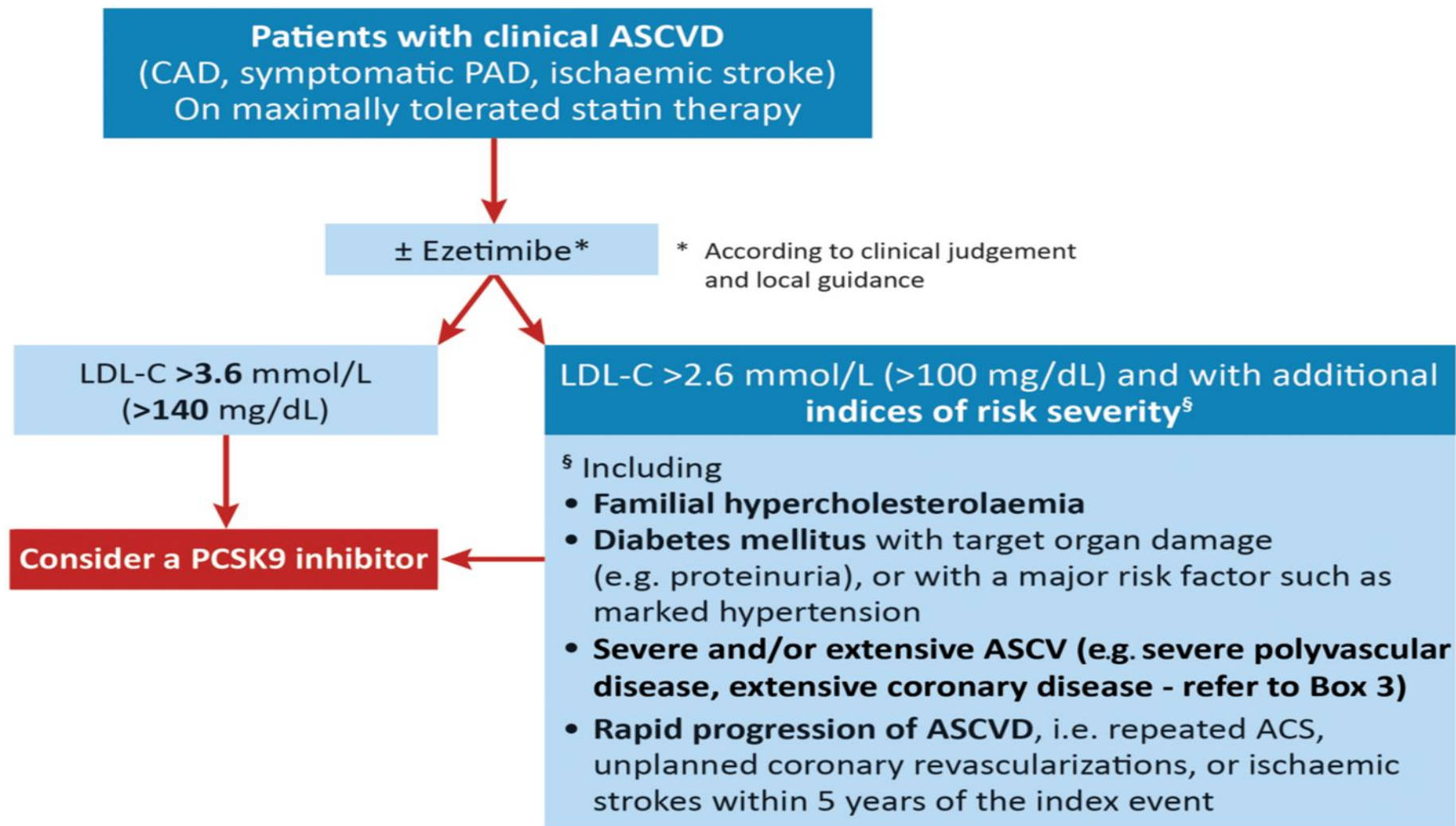
**Additional indices of risk severity**  
LDL-C >3.6 mmol/L (>140 mg/dL)\*

\* Confirmed on two consecutive occasions

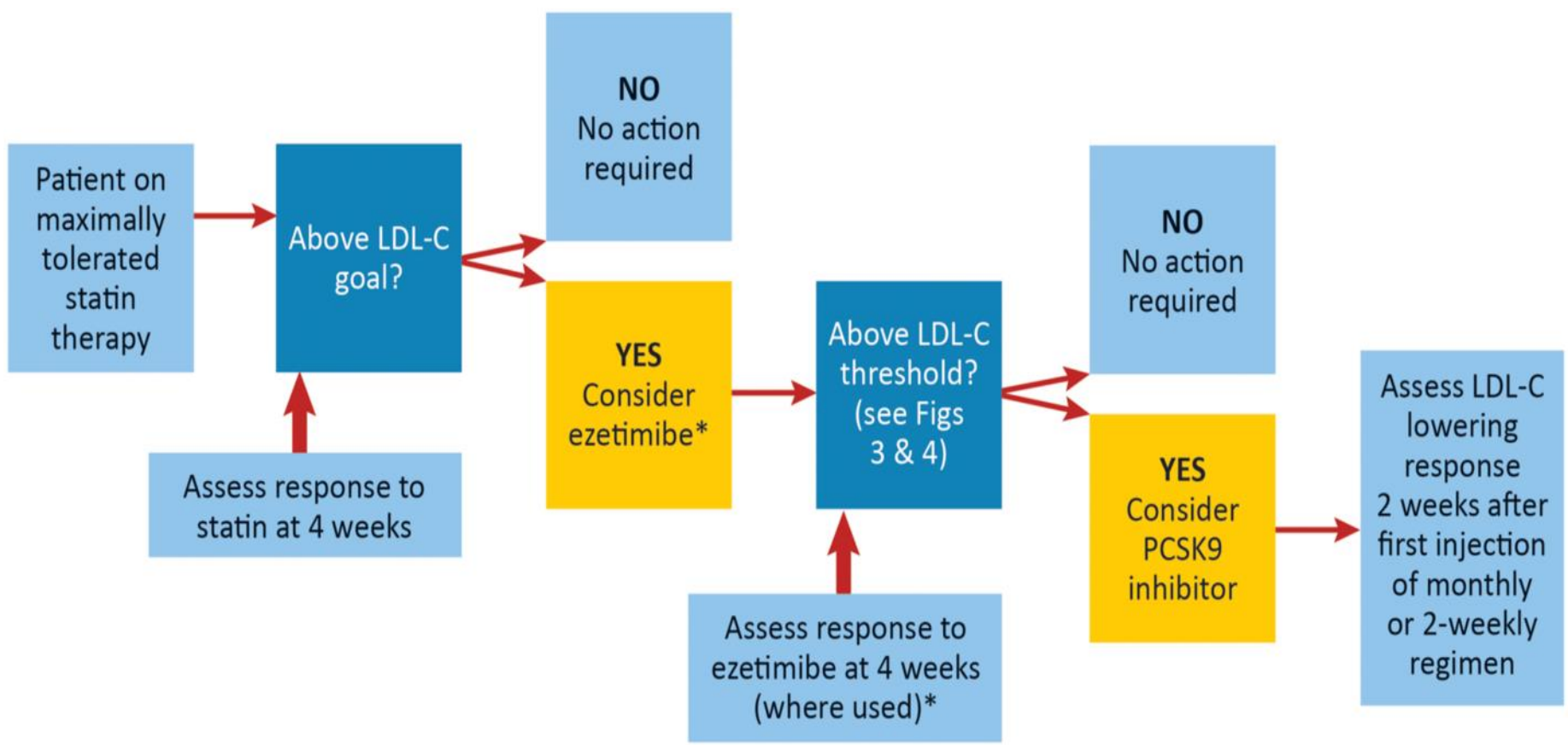
**Consider a PCSK9 inhibitor**

*Landmesser U, et al  
Eur Heart J 2018;39(14):1131-43*

# 2017 Update of ESC/EAS Task Force on practical clinical guidance for proprotein convertase subtilisin/kexin type 9 inhibition in patients with atherosclerotic cardiovascular disease or in familial hypercholesterolaemia

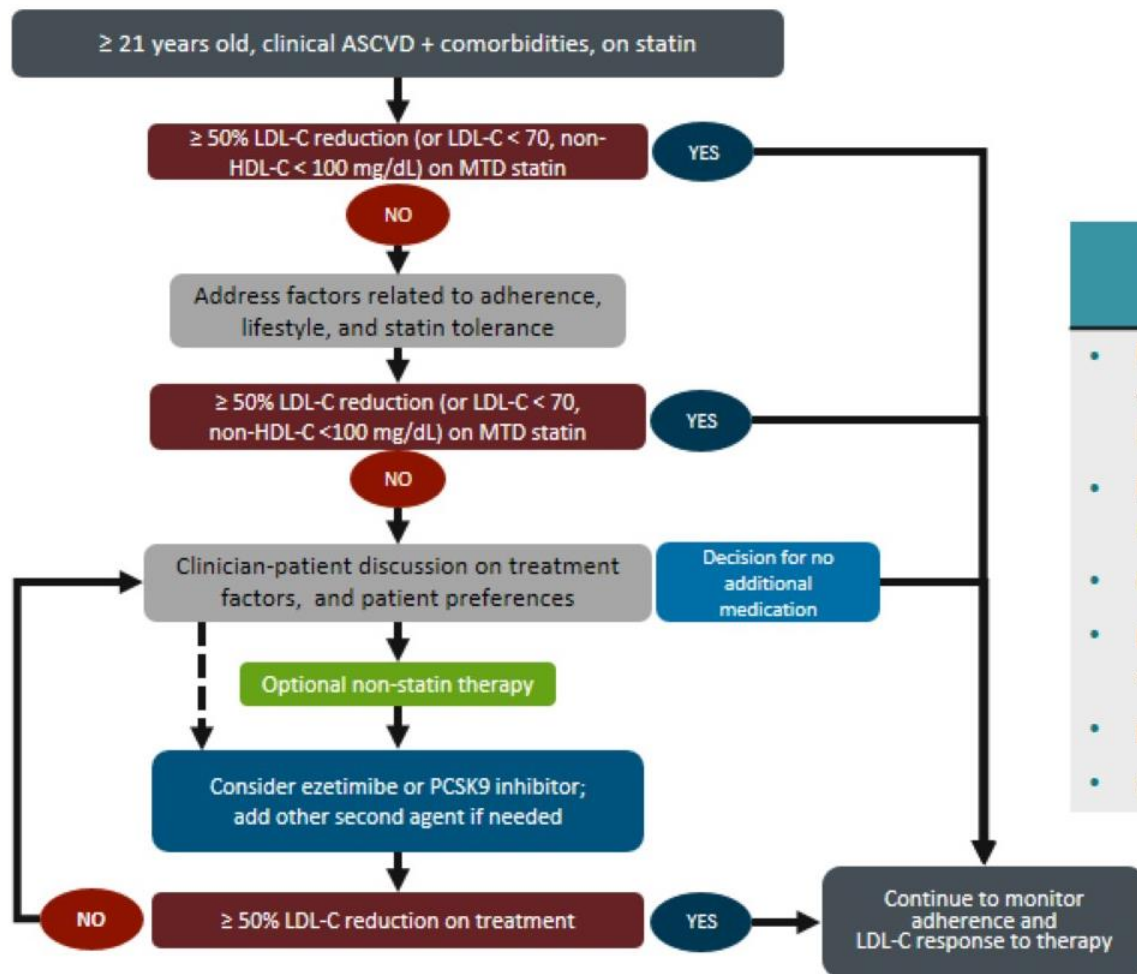


# 2017 Update of ESC/EAS Task Force on practical clinical guidance for proprotein convertase subtilisin/kexin type 9 inhibition in patients with atherosclerotic cardiovascular disease or in familial hypercholesterolaemia



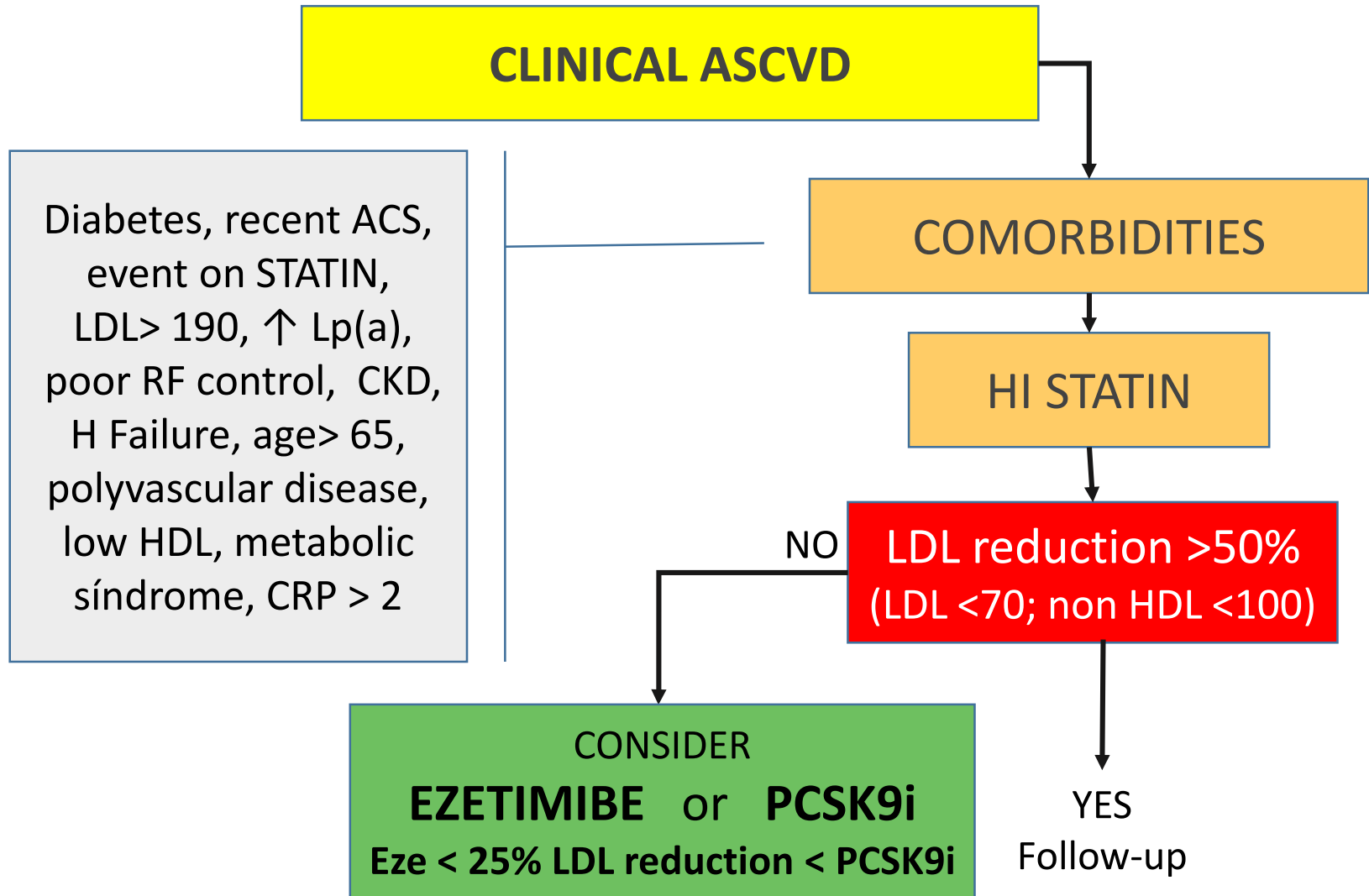
\* Add-on ezetimibe should be considered in accordance with the clinician's judgement and local clinical guidance

# 2017 Focused Update of the 2016 ACC Expert Consensus Decision Pathway: Nonstatin Therapies for ASCVD



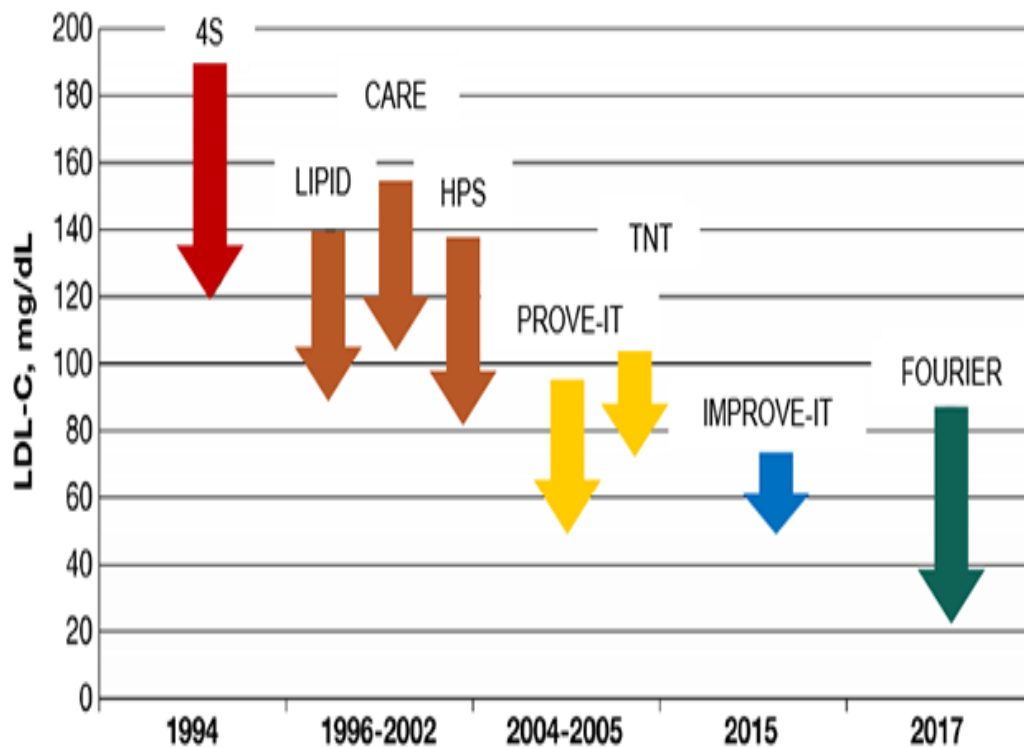
When to Choose Ezetimibe?	When to Choose PCSK9 Inhibitor?
<ul style="list-style-type: none"> <li>Patients requiring &lt; 25% additional LDL-C lowering</li> <li>Recent ACS &lt; 3 months</li> <li>Cost considerations</li> <li>Preference of oral agent</li> <li>Patient preference</li> <li>Other risk factors</li> </ul>	<ul style="list-style-type: none"> <li>Patients requiring &gt; 25% additional LDL-C lowering</li> <li>Cost-benefit considerations should be discussed</li> <li>Administration, dosing schedule, and storage should be discussed</li> </ul>

Reprinted from *J Am Coll Cardiol*, 70, Lloyd-Jones DM, et al., 2017 Focused Update of the 2016 ACC Expert Consensus Decision Pathway on the Role of Non-Statins Therapies for LDL-Cholesterol Lowering in the Management of Atherosclerotic Cardiovascular Disease Risk: A Report of the American College of Cardiology Task Force on Expert Consensus Decision Pathways, 1785-1822., Copyright 2017, with permission from Elsevier.



# LDL-C Levels for Optimal CV Risk Reduction: What We Know Now

---



High is bad

Average is not good

Lower is better

Even lower is even better

Lowest is best

## **Box 4** Gaps in knowledge concerning proprotein convertase subtilisin/kexin type 9 (PCSK9) inhibitor therapy

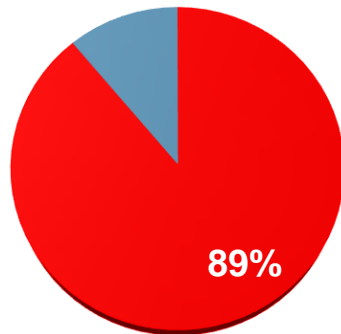
- Inter-individual variability in low-density lipoprotein cholesterol (LDL-C) lowering response to alirocumab and evolocumab
- Dedicated trials in patients with recent (<1 month) cardiovascular events
- Impact of PCSK9 inhibition in patients with chronic kidney disease (not requiring dialysis)
- Long-term efficacy and safety of PCSK9 inhibitors in clinical use
- Long-term safety of very low LDL-C levels
- Long-term impact of PCSK9 inhibition on disability and cardiovascular mortality
- Long-term evaluation of risk for type 2 diabetes
- Impact of sustained and marked LDL-C lowering to very low levels on plaque composition and stability
- Long-term impact of reduction in elevated lipoprotein(a) with PCSK9 inhibition
- Cost-effectiveness of PCSK9 inhibition added to maximally tolerated statin with or without ezetimibe therapy.



# Clinical experience with Evolocumab (HRyC)

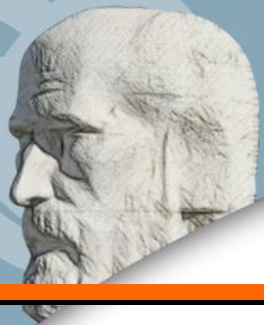
70 patients on Evolocumab  
**Cardiology: 55 patients**

Gender



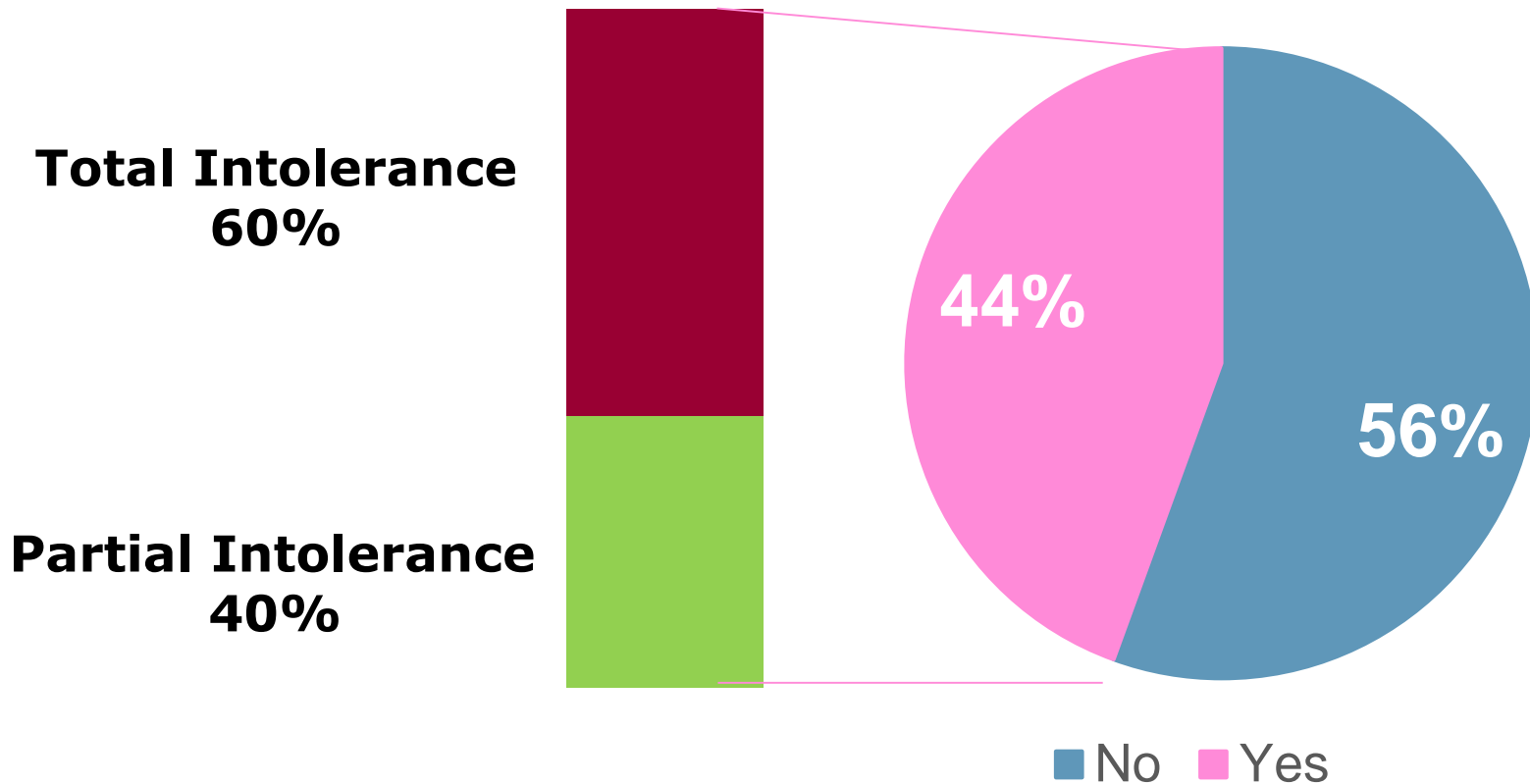
■ Males ■ Females

Prior MI	100%
Stroke	27%
Peripheral Artery Disease	9%



# Indications for PCSK9i

## Statin Intolerance





# Results on Lipids

	Baseline (mg/dl)	4-6 months (mg/dl)
<b>Total Cholesterol</b>	<b>205</b>	<b>116</b>
<b>LDL-c</b>	<b>134</b>	<b>50</b>
<b>HDL-c</b>	<b>46</b>	<b>46</b>
<b>Triglycerides</b>	<b>123</b>	<b>113</b>



# RetOSS

*Retrospective Observational Study in Spain*

## RetOSS-Cardio Study

Vivencio Barrios  
National Study Coordinator

# Evolocumab Studies in clinical practice in Spain

## • International Studies

- Evolocumab
  - Diabetes Mellitus
  - Pediatric
  - VIH
  - FH (Ho-He)
  - CVD established (IM, Stroke, PAD)
- Observational Studies
  - 296 Registry
  - DA VINCI Study

## • Local Studies

- ✓ RETOSS-IMU (Int Med Units)
- ✓ RETOSS-ENDO
- ✓ **RETOSS-CARDIO**
- RETOSS-NEFRO (Oct-2018)

# Local Studies Initial Deadlines

	RETOSS-IMU	RETOSS-Endo	RETOSS-Cardio
<b>FP In</b>	31-mar-17	15-sep-17	15-oct-17
<b>FP Out</b>	29-dic-17	15-mar-18	16-abr-18
<b>Final</b>	15-mar-18	21-sep-18	24-oct-18
<b>Report</b>	2018	2019	2019
<b>Publication</b>			
<b>Centers</b>	21	21	50
<b>Patients</b>	150	150	250

# Objectives

---

## Primary Endpoint:

- ✓ To describe main clinical characteristics (LDL-c levels and **HF status (IMU), DM (Endo), CAD (Cardio), CKD (Nefro)**, before start evolocumab treatment) of patients with Hypercholesterolemia attending in Internal medicine, Cardiac, Endo and Nefro Units in Spain.

## Secondary Endpoints:

- ✓ To describe and analyze full clinical characteristics of patients with hypercholesterolemia (first patients selected in Spain)
- ✓ To describe clinical management of patients with initial treatment with evolocumab.

# Subject Inclusion Criteria

---

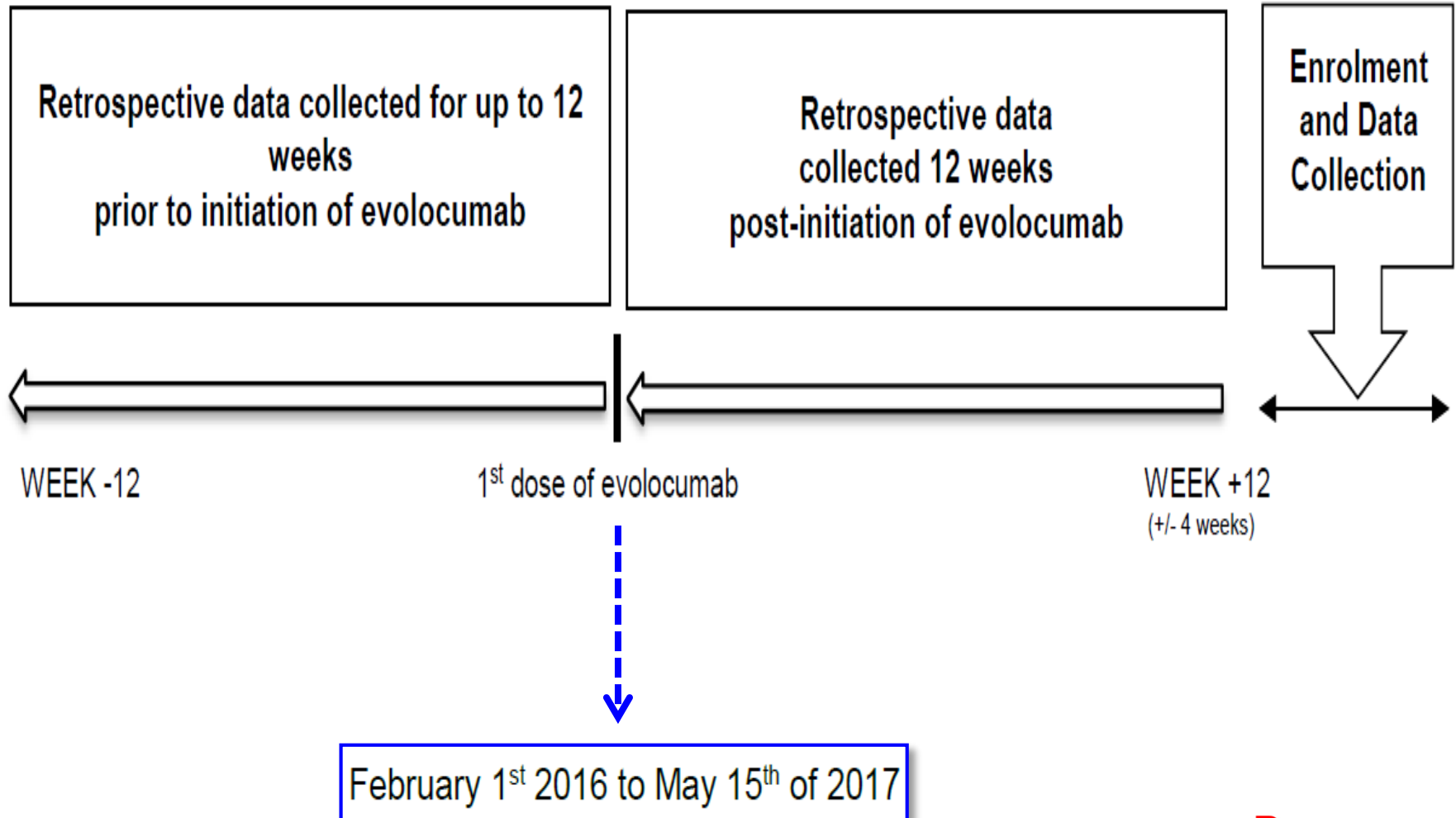
## Inclusion Criteria

- ✓ ≥18 years at the time of evolocumab initiation
- ✓ Provided informed consent form
- ✓ Initiated on evolocumab from 01-Feb-16 to 15-May-17
- ✓ Received at least one dose of evolocumab
- ✓ At least one LDL-C measurement within the 12W prior to initiation of evolocumab

## Exclusion Criteria

- ✗ Enrolled in a study with a PCSK9 inhibitor within 12W prior to initiation of evolocumab
- ✗ Received a PCSK9 inhibitor within 12W prior to initiation of evolocumab
- ✗ Enrolled in a clinical study during the retrospective observational period

# Study Design

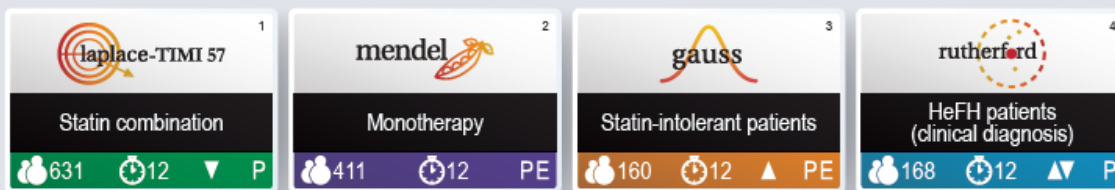


# EVOLOCUMAB: INDICAÇÕES

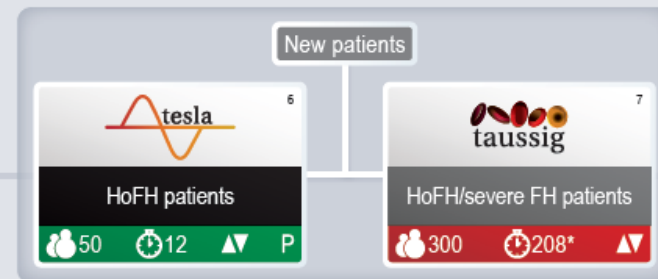
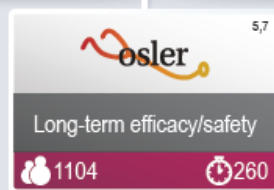


## Doença cardiovascular aterosclerótica estabelecida

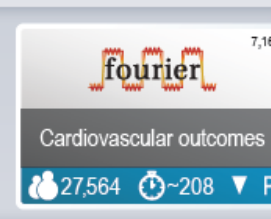
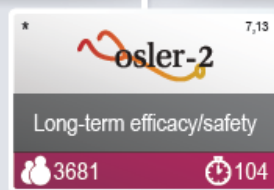
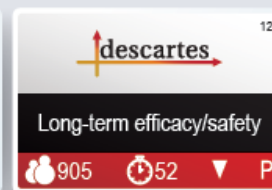
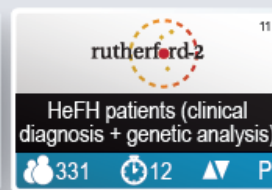
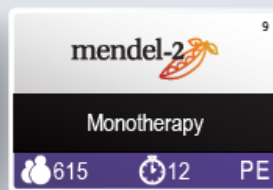
- **Evolocumab é indicado em adultos com doença cardiovascular aterosclerótica estabelecida** (enfarte do miocárdio, acidente vascular cerebral ou doença arterial periférica), para redução do risco cardiovascular através da diminuição dos valores de LDL-C, como um complemento de correção para outros fatores de risco:
  - em combinação com a dose máxima tolerada de uma estatina, com ou sem outras terapêuticas antidislipidémicas ou,
  - isolado ou em combinação com outras terapêuticas antidislipidémicas em doentes intolerantes a estatinas ou para os quais as estatinas são contraídicadas.



PHASE 2



PHASE 3



**BACKGROUND THERAPY:**

- Stable dose statin
- Moderate- or high-intensity statin
- No or low-dose statin
- Diet alone
- Standard of care
- Mixed therapies
- ▲ Non-statin, non-ezetimibe LLT (optional)
- ▼ Ezetimibe (optional)

● Number of patients (randomized, completed studies; enrolled, ongoing studies)  
 ⌚ Study duration (weeks)  
 ■ Study completed  
 ■ Study in progress

**COMPARATOR:**

- P Placebo
- E Ezetimibe

\*OSLER-2 also includes patients from the parent studies THOMAS-1 and -2  
 IVUS, intravascular ultrasound  
 LLT, lipid-lowering therapy  
 HoFH, homozygous familial hypercholesterolaemia  
 HeFH, heterozygous familial hypercholesterolaemia

1. Giugliano RP. *Lancet* 2012;380:2007-17; 2. Koren MJ. *Lancet* 2012;380:1995-2006; 3. Sullivan D. *J Am Coll Cardiol* 2012;308:2497-2508; 4. Raal FJ. *Circulation* 2012;126:2408-17; 5. Koren MJ. *Circulation* 2014;129:234-43; 6. Raal FJ. *Lancet* 2015;385:341-50; 7. [www.clinicaltrials.gov](http://www.clinicaltrials.gov); 8. Robinson JG. *JAMA* 2014;311:1870-82; 9. Koren MJ. *J Am Coll Cardiol* 2014;63:2531-40; 10. Stroes E. *J Am Coll Cardiol* 2014;63:2541-8; 11. Raal FJ. *Lancet* 2015;385:331-40; 12. Blom DJ. *N Engl J Med* 2014;370:1809-19; 13. Sabatine M. *N Engl J Med* 2015;372:1500-9; 14. Puri R. *Am Heart J* 2016;176:83-92; 15. Nissen SE. *JAMA* 2016;315:1580-90; 16. Sabatine MS. *Am Heart J* 2016;173:94-101.

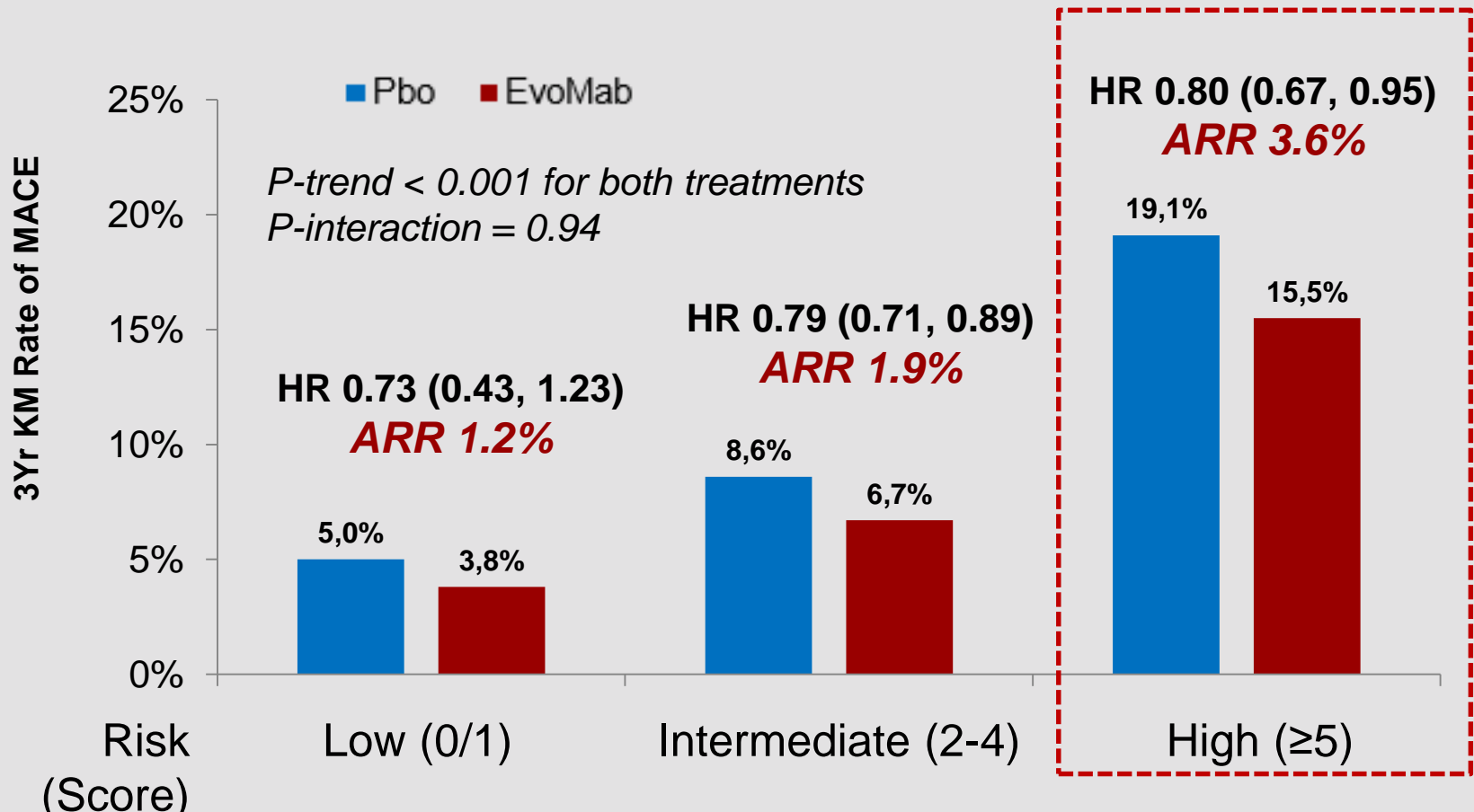


**" One of the side-effects is  
shortness of cash. "**



# RESULTS

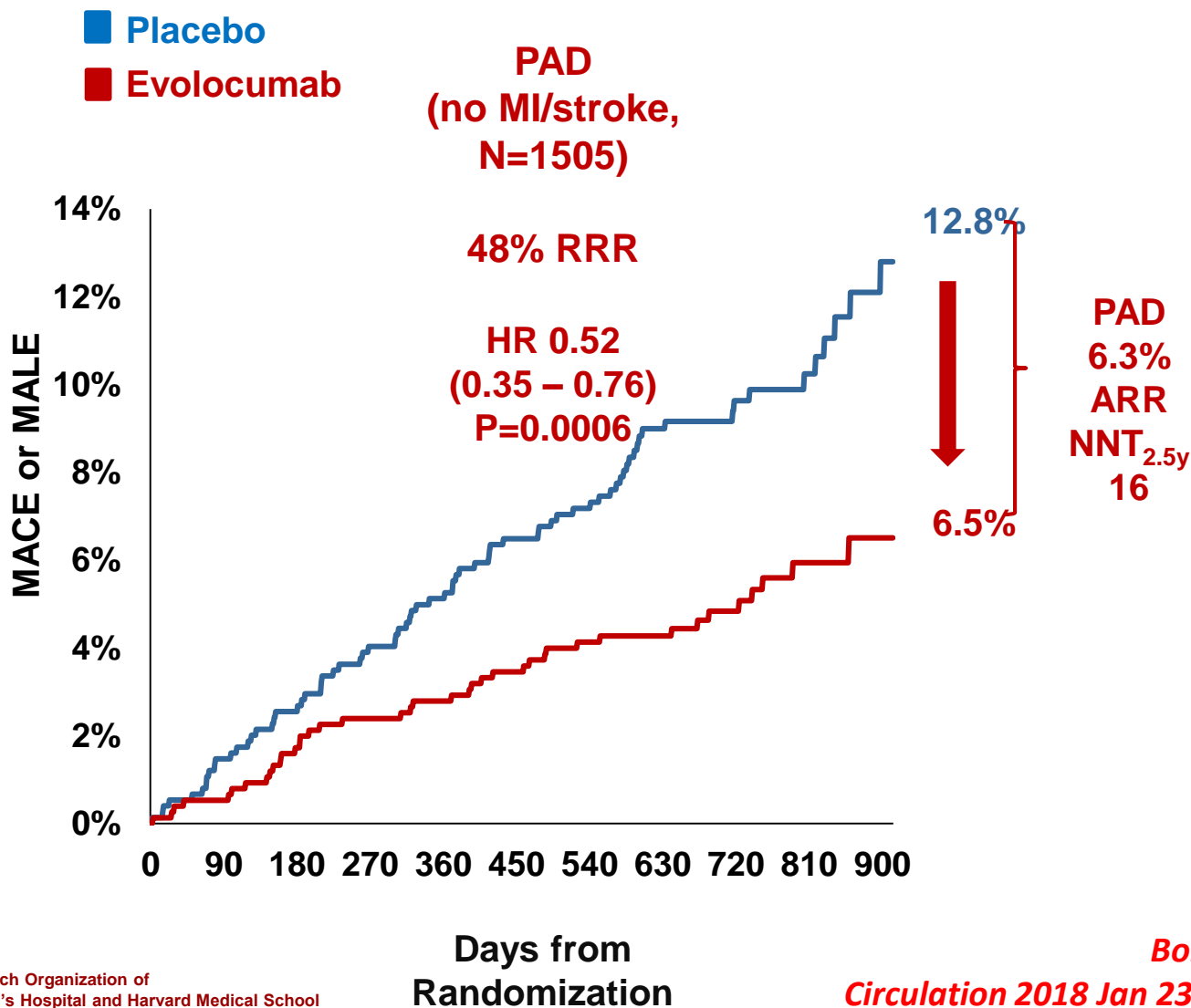
## MACE BY RISK CATEGORY & RANDOMIZED TREATMENT



**High-risk patients** showed a ARR of 3.6% for MACE, translating in a **NNT<sub>3y</sub> of 28**



# MACE or MALE in Patients with PAD and no MI or Stroke



# Defining patients considered for treatment with a proprotein convertase subtilisin/kexin type 9 inhibitor

---

On the basis of currently available evidence, this Task Force recommends that a PCSK9 inhibitor should be considered in the following patient groups.

- Patients with ASCVD, by definition at very high risk,<sup>6,7</sup> who have substantially elevated LDL-C levels despite maximally tolerated statin with or without ezetimibe therapy, and thus are considered at particularly high risk of an adverse prognosis.
- Patients with ASCVD and at very high risk who do not tolerate appropriate doses of at least three statins and thus have elevated LDL-C levels.
- Familial hypercholesterolaemia patients without clinically diagnosed ASCVD, at high or very high cardiovascular risk, and with substantially elevated LDL-C levels despite maximally tolerated statin plus ezetimibe therapy.

# ODYSSEY OUTCOMES and FOURIER

## Demographics: Patient Histories

	ODYSSEY OUTCOMES <sup>[a]</sup> (n=18,312)	FOURIER <sup>[b]</sup> (n=27,564)
Age (mean)	58.6	62.5
Male, %	74.8	75.4
Hypertension, %	63.3	80.0
Diabetes, %	28.9	33.9
Current smoker, %	23.9	28.2
History of MI, %	100% ACS (mean time from index event 3.6 months, 75% <4 months) including 35% prior CAD + 20% with recurrent event	81.1 (31% MI < 1 y)
History of stroke, %	2.9	19.3
History of PAD, %	3.7	13.2

a. Goodman SG, et al. ACC 2017. Abstract 10269.

b. Sabatine MS, et al. *Am Heart J.* 2016;173:94-101.

# ODYSSEY OUTCOMES and FOURIER

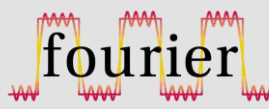
## Demographics: LLTs and Lipids

	ODYSSEY OUTCOMES <sup>[a]</sup> (n=18,312)	FOURIER <sup>[b]</sup> (n=27,564)
<b>LLTs</b>		
High-intensity statin, %	89.5	69.2
Moderate-/low-intensity statin, %	7.8	30.7
Ezetimibe, %	2.9	5.1
<b>Lipid parameters</b>		
Median LDL-C, mg/dL	86.5	91.5
Total cholesterol, mg/dL	160.0	167.0
HDL-C, mg/dL	42.5	44.0
Triglycerides, mg/dL	129.2	133.0

Reprinted from *Am Heart J.*, Rationale and design of the Further cardiovascular Outcomes Research with PCSK9 Inhibition in subjects with Elevated Risk trial. 94-101. Copyright 2017, with permission from Elsevier

a. Goodman SG, et al. ACC 2017. Abstract 10269.

b. Sabatine MS, et al. *Am Heart J.* 2016;173:94-101.



SabatineMS-  
NewEngJMed2017

BASELINE  
CHARACTERISTIC  
S  
SabatineMS-  
AmHeartJ2016



LDL <70 mg/dl  
SabatineMS-NLA2017

FOCUS ON CEREBROVASCULAR  
DISEASE  
Pederson TR – ESC17

<70, >70, MAX THERAPY  
GiuglianoRP-JAMA 2017  
VERY LOW LDL  
GiuglianoRP-Lancet2017

WITH/OUT DIABETES  
SabatineMS-Lancet  
Diabetes 2017



RESIDUAL  
INFLAMMATION  
BohulaEA-AHA17

RISK  
STRATIFICATION  
BohulaEA-AHA17

TYPES & SIZE MI  
WiviottSD-AHA17

ALL EVENT  
PREVENTION  
MurphySA-AHA17

PAD  
BonacaMP-  
Circulation2017

PREVIOUS MI  
SabatineMS-  
AHA2017

CONSISTENCY  
LDL REDUCTION  
QamarA-ACC2018

INFLAMMATORY  
& CHOLESTEROL  
RISK  
BohulaEA-  
Circulation2018

FOCUS ON LP(A)  
Dr Michelle  
O'Donoghue –  
EAS18



# EVOLOCUMAB: INDICAÇÕES

## Hipercolesterolemia e dislipidemia mista

- Evolocumab é indicado em adultos com hipercolesterolemia primária (familiar heterozigótica e não familiar) ou na dislipidemia mista, como um complemento da dieta:
  - em combinação com uma estatina ou uma estatina com outras terapêuticas antidislipidémicas em doentes incapazes de atingir os valores objetivo de LDL-C com a dose máxima tolerada de estatina ou,
  - isolado ou em combinação com outras terapêuticas antidislipidémicas em doentes intolerantes a estatinas ou nos quais as estatinas estejam contraídicadas.

## Hipercolesterolemia familiar homozigótica

- Evolocumab é indicado em adultos e adolescentes com idade igual ou superior a 12 anos com hipercolesterolemia familiar homozigótica em combinação com outras terapêuticas antidislipidémicas.

O efeito de Evolocumab na morbilidade e mortalidade cardiovasculares ainda não foi determinado.

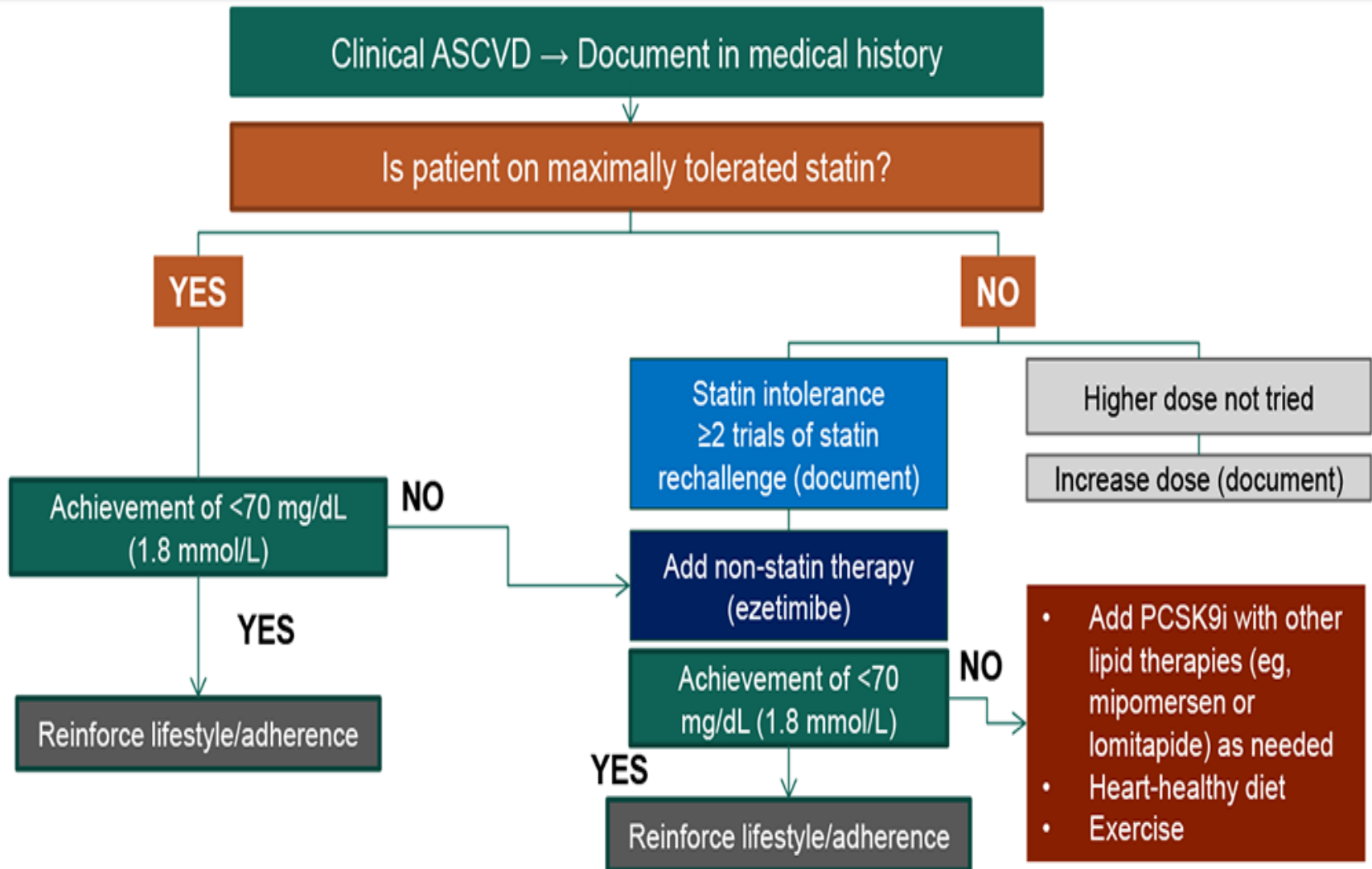
# EVOLOCUMAB: INDICAÇÕES



## Doença cardiovascular aterosclerótica estabelecida

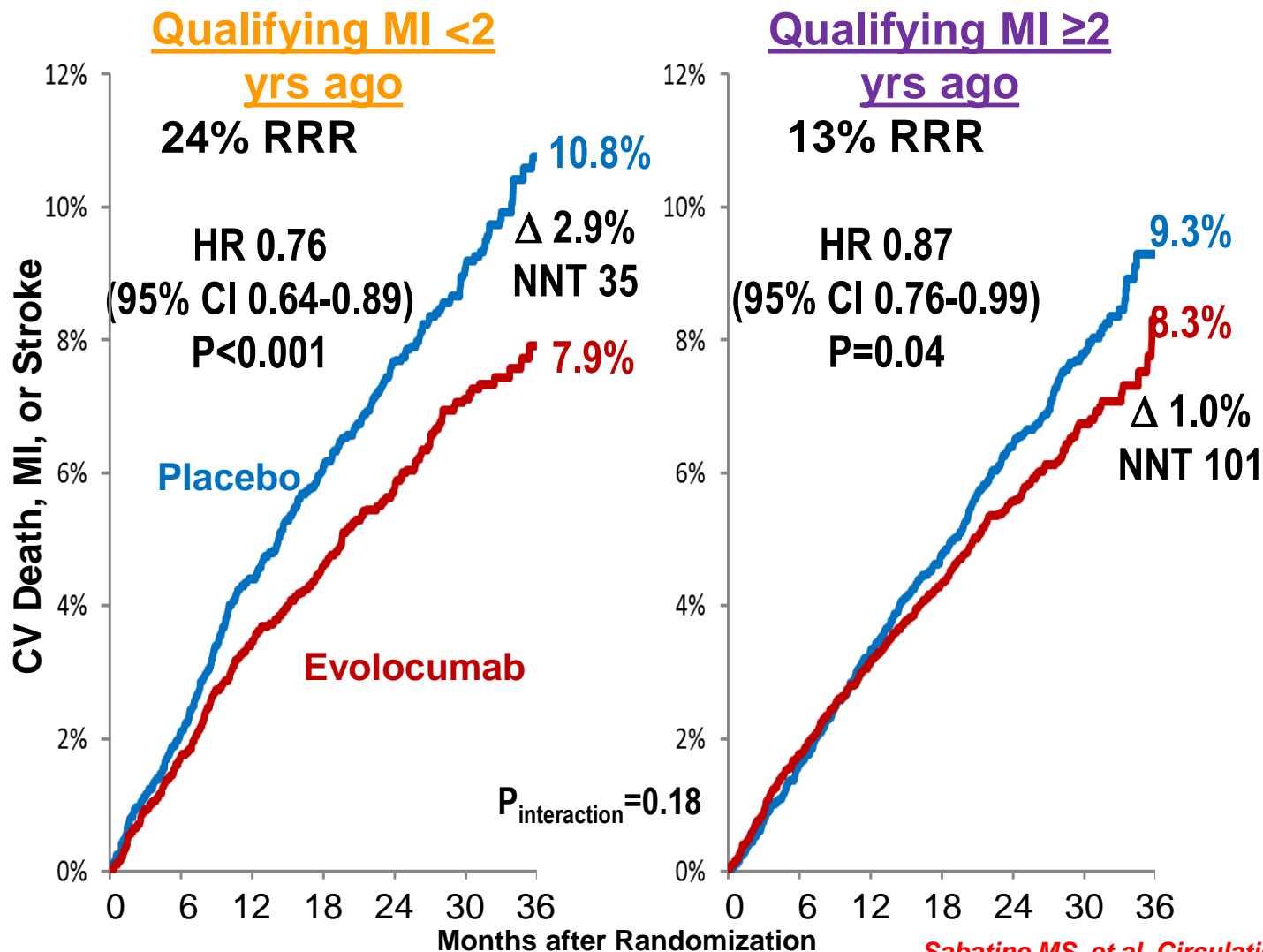
- **Evolocumab é indicado em adultos com doença cardiovascular aterosclerótica estabelecida** (enfarte do miocárdio, acidente vascular cerebral ou doença arterial periférica), para redução do risco cardiovascular através da diminuição dos valores de LDL-C, como um complemento de correção para outros fatores de risco:
  - em combinação com a dose máxima tolerada de uma estatina, com ou sem outras terapêuticas antidislipidémicas ou,
  - isolado ou em combinação com outras terapêuticas antidislipidémicas em doentes intolerantes a estatinas ou para os quais as estatinas são contraíndicadas.

# Stepwise Approach for Treatment of Clinical ASCVD



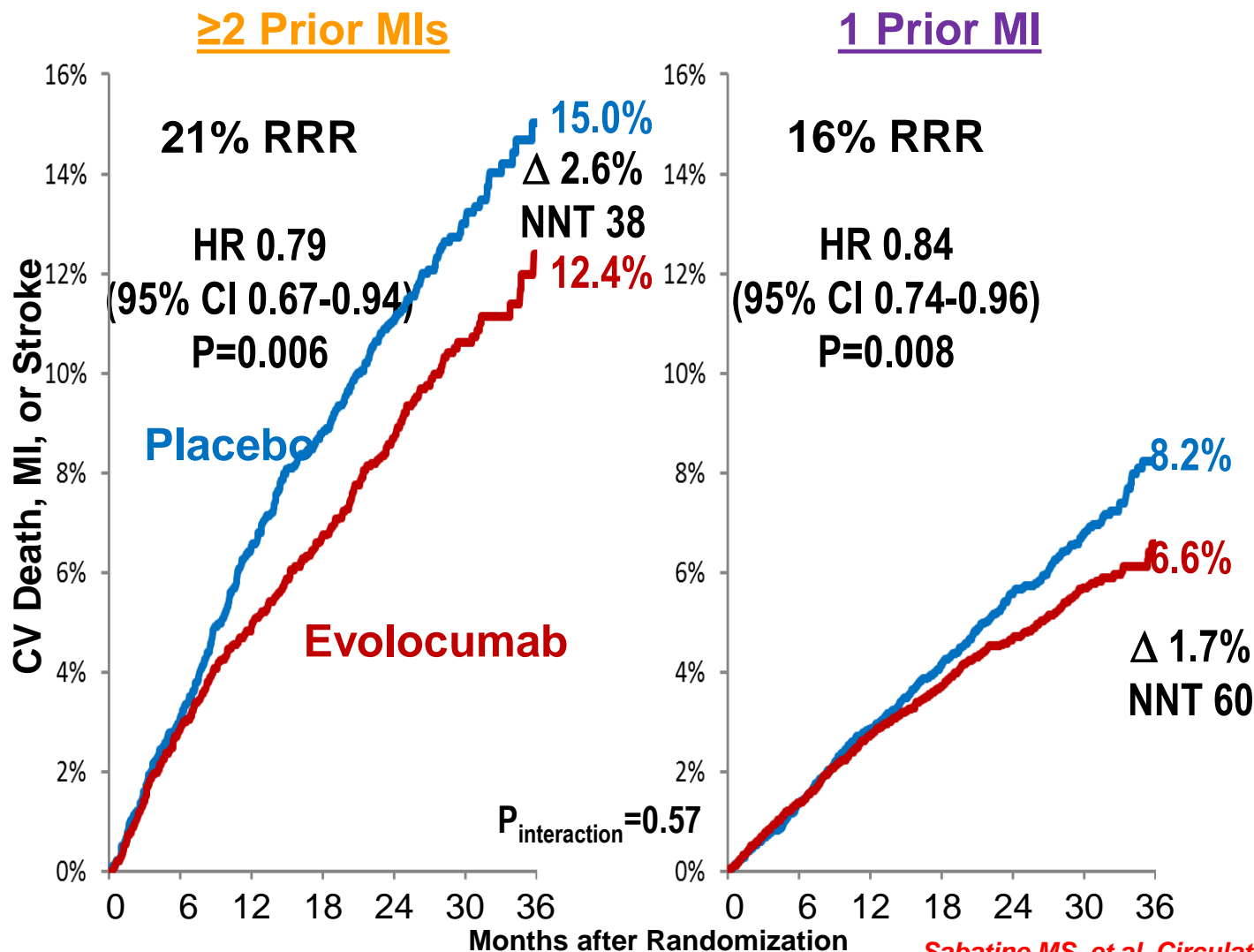
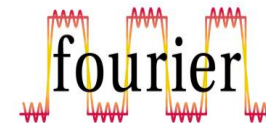


# Benefit of EvoMab Based on Time from Qualifying MI



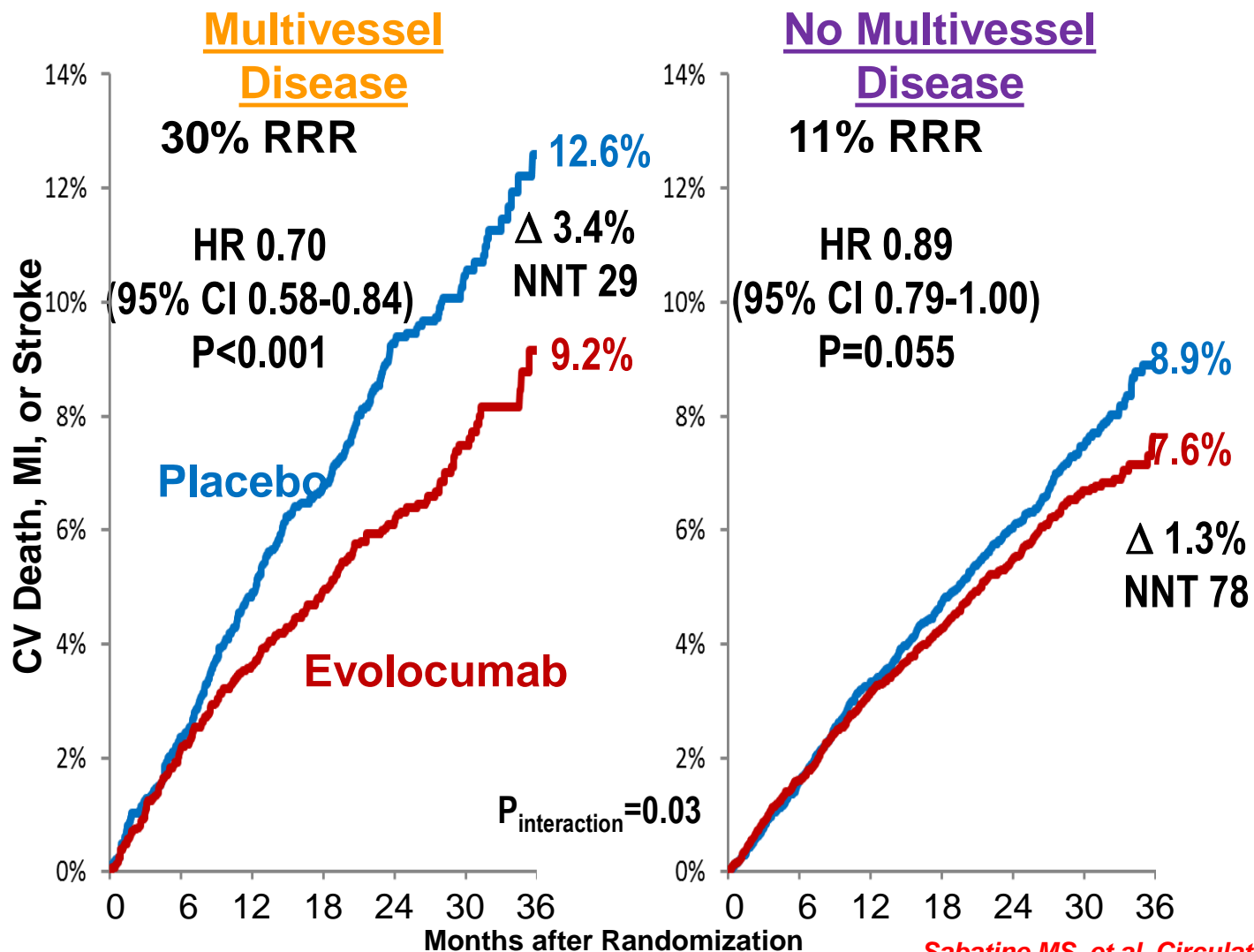


# Benefit of EvoMab Based on # of Prior MIs



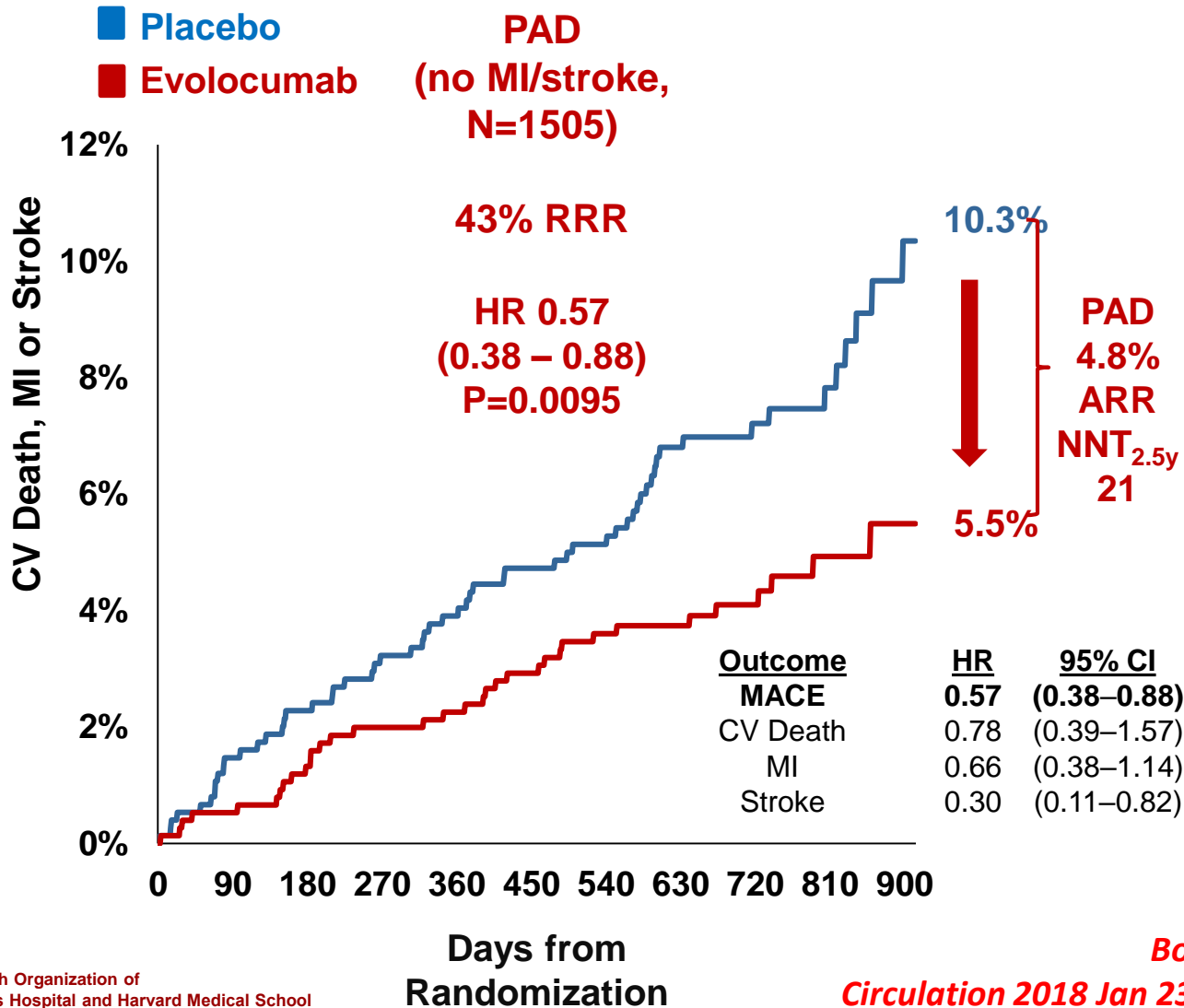
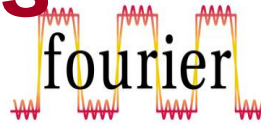


# Benefit of EvoMab Based on Multivessel Disease



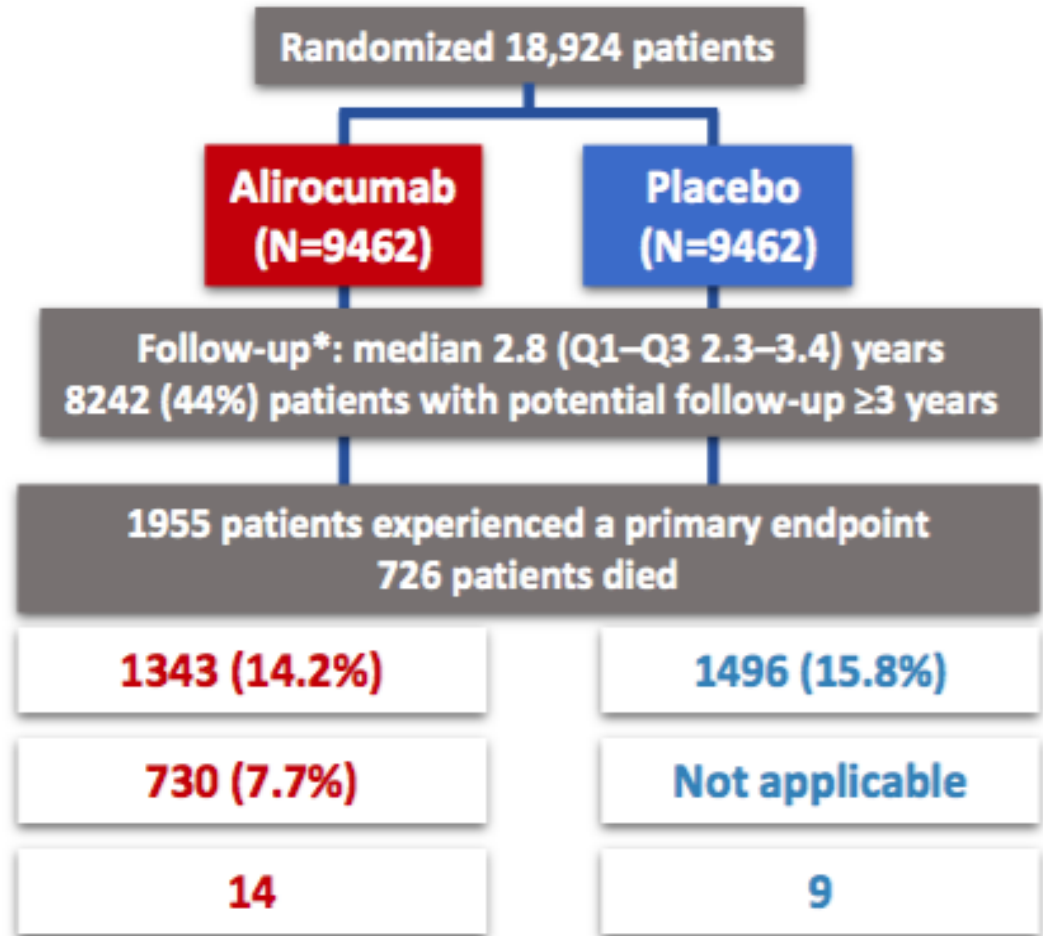


# CV Death, MI or Stroke in Patients with PAD and no MI or Stroke



# Odyssey Cardiovascular outcomes

18,924 pts with ACS without adequate LDL control despite optimal lipid-lowering treatment



- Premature treatment discontinuation
- Blinded switch to placebo (2 consecutive LDL-C values <15 mg/dL)
- Patients lost to follow-up (vital status)

# Comparación diseños de los estudios Odyssey Outcomes, Fourier y Spire 2

Design feature	ODYSSEY Outcomes	FOURIER	SPIRE-2 (terminated)
Patient population	Post ACS, 2-4-52 weeks from index event (median 2,6 months)	Stable ASCVD, i.e. MI, stroke or PAD (median ~3 years from index event)	High risk primary prevention or CVD
No. of patients	18,924	27,564	10,621
Age, years	58 (median)	63 (mean)	63 (mean)
Women	25%	25%	35%
LDL-C entry criteria mg/dl (mmol/L)	≥70 (1.8)	≥70 (1.8)	≥100 (2.6)
Baseline LDL-C mg/dl (mmol/L)	87 (2.3)	92 (2.4)	133 (3.3)
High intensity statin	89%	69%	73%
No statin	<1%	-	17%
Ezetimibe	3%	5%	13%
PCSK9 inhibitor dose regimen	Alirocumab 75 or 150 mg every 2 weeks, titrated to target LDL-C (25-50 mg/dl)	Evolocumab 140 mg every 2 weeks or 420 mg every 4 weeks	Bococizumab 150 mg every 2 weeks, down titrated if LDL-C <10 mg/dl
Duration of follow-up, yr	2.8 (44% with ≥3 years)	2.2	1
Primary endpoint	4-point: CHD death, MI, ischaemic stroke, unstable angina requiring hospitalisation	5-point: CV death, MI, stroke, hospitalisation for unstable angina, coronary revascularisation	4-point: CV death, MI, stroke, urgent revascularisation

# Comparación resultados de los estudios Odyssey Outcomes, Fourier y Spire 2

Design feature	ODYSSEY Outcomes	FOURIER	SPIRE-2 (terminated)
Absolute change in LDL-C (mg/dl)	54 at 12 months, 48 at 4 years	56	62
% change in LDL-C	61%	59%	52%
Relative reduction in primary endpoint	15% (0.85, 0.78-0.93)	15% (0.85, 0.79-0.92)	21% (0.79, 0.65-0.97)
MI	14%	27%	24%
Stroke	27%	21%	34%
Unstable angina	39%	1%	5%
CVD death	12% (NS)	5% increase (NS)	18% (NS)
All-cause death	15% (*P=0.026)	4% increase (NS)	9% (NS)

# 2016 ESC/EAS Guidelines for the Management of Dyslipidemias

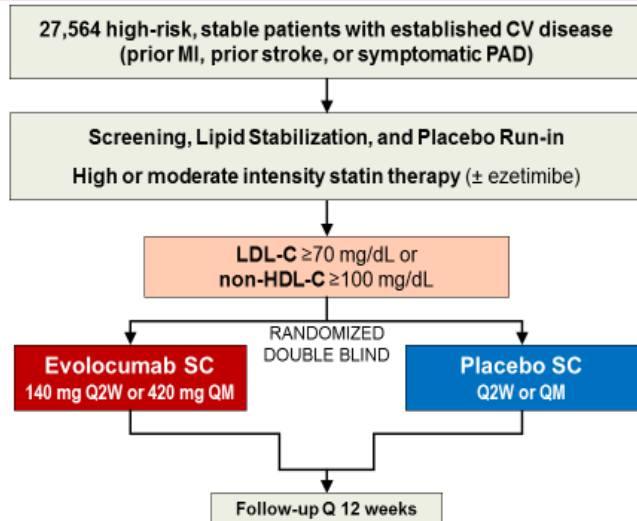
Risk Category	Definition		LDL-C Goal
Very high	<ul style="list-style-type: none"> <li>• Documented CVD</li> <li>• T2D with target organ damage or a major risk factor</li> <li>• 10-year risk <math>\geq</math> 10% for fatal CVD</li> </ul>	< 70 mg/dL	Or $\geq$ 50% reduction if LDL-C 70-135 mg/dL
High	<ul style="list-style-type: none"> <li>• Cholesterol &gt; 310 mg/dL or BP <math>\geq</math> 180/110 mmHg</li> <li>• Most people with T2D</li> <li>• Moderate CKD</li> <li>• 10-year risk <math>\geq</math> 5% for fatal CVD</li> </ul>	< 100 mg/dL	Or $\geq$ 50% reduction if LDL-C 100-200 mg/dL
Moderate	10-year risk $\geq$ 1% - < 5% for fatal CVD		< 115 mg/dL
Low	10-year risk < 1% for fatal CVD		< 115 mg/dL

# 2017 AACE Guidelines for the Management of Dyslipidemia

Risk Category	Risk Factors/10-Year Risk	Treatment Goals		
		LDL-C, mg/dL	Non-HDL-C, mg/dL	Apo B, mg/dL
Extreme risk	<ul style="list-style-type: none"> <li>Progressive ASCVD including unstable angina in patients after achieving an LDL-C &lt; 70 mg/dL</li> <li>Established clinical cardiovascular disease in patients with DM, CKD <math>\geq</math> 3, or HeF</li> <li>History of premature ASCVD (&lt; 55 male, &lt; 65 female)</li> </ul>	< 55	< 80	< 70
Very high risk	<ul style="list-style-type: none"> <li>Established or recent hospitalization for ACS, coronary, carotid or peripheral vascular disease, 10-year risk &gt; 20%</li> <li>Diabetes or CKD <math>\geq</math> 3 with 1 or more risk factor(s)</li> <li>HeFH</li> </ul>	< 70	< 100	< 80



# Trial Design

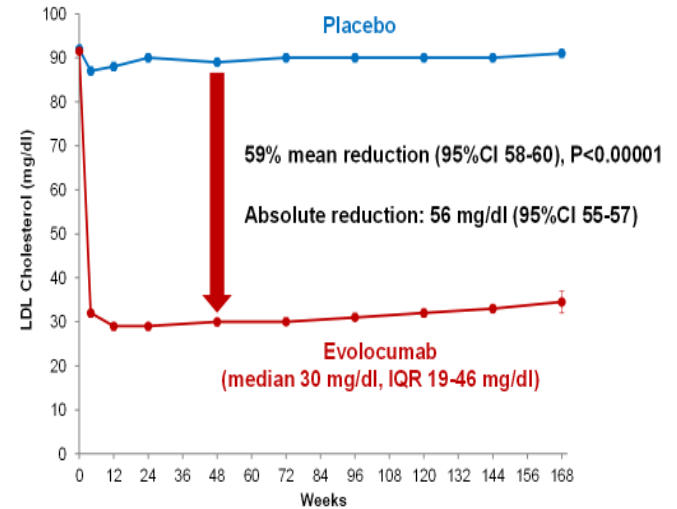


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Sabatine MS et al. *Am Heart J* 2016;173:94-101



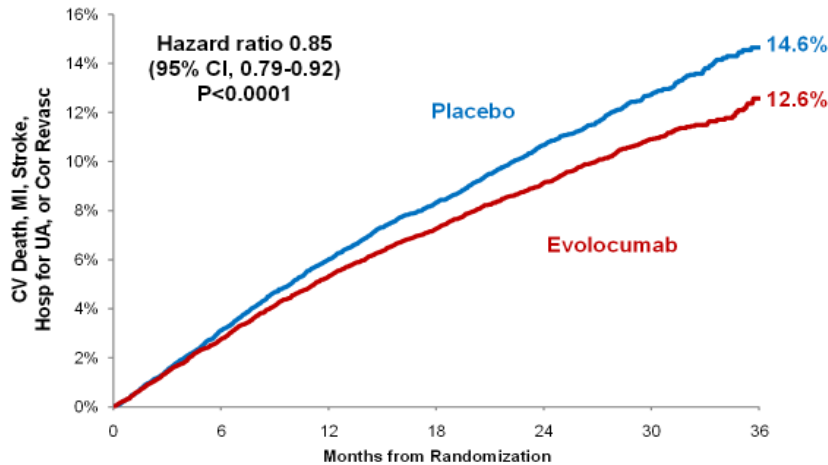
# LDL Cholesterol



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# Primary Endpoint



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# Summary for Evolocumab

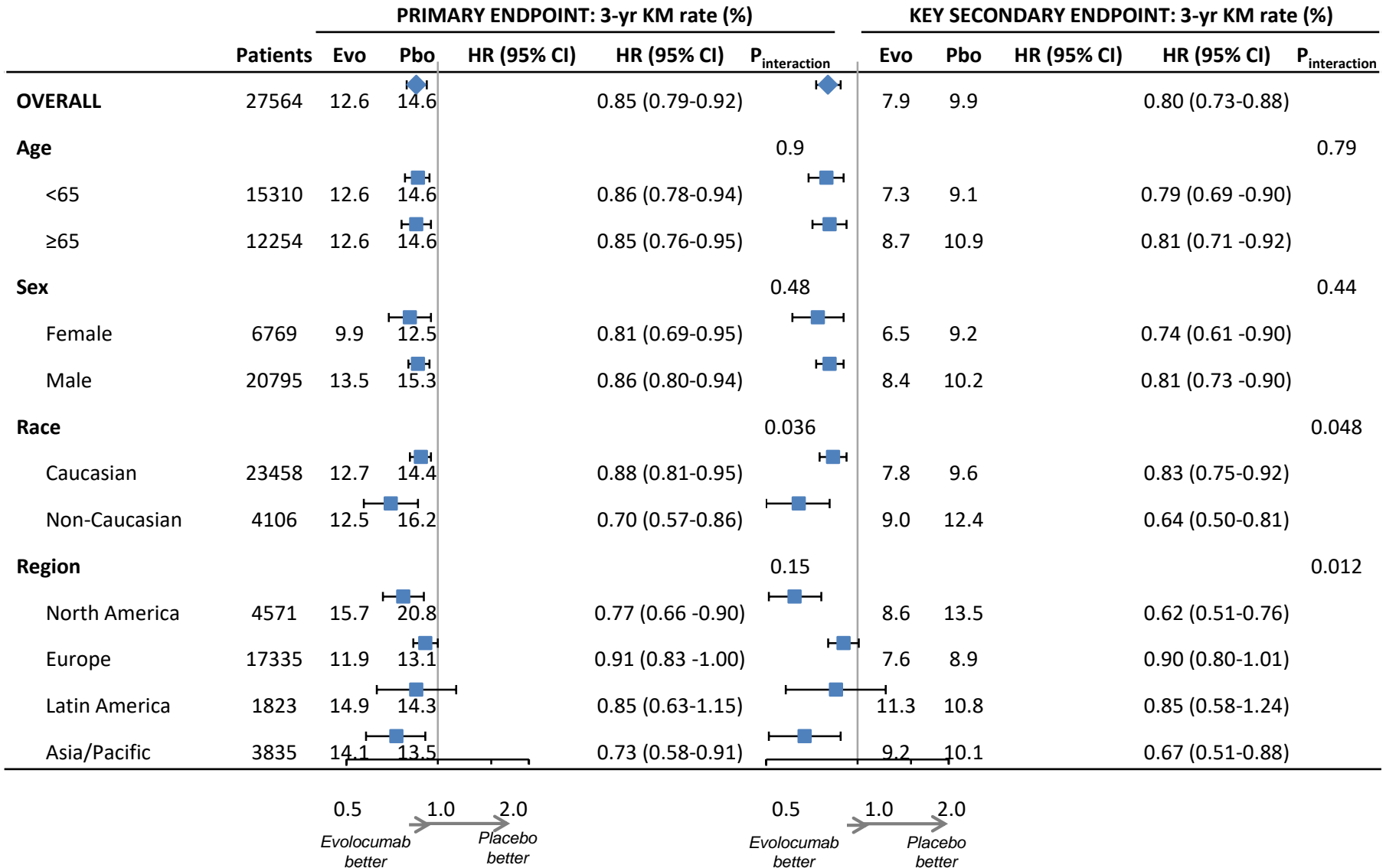
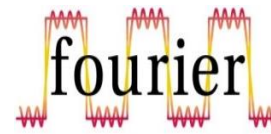


- ↓ LDL-C by 59%
  - Consistent throughout duration of trial
  - Median achieved LDL-C of 30 mg/dl (IQR 19-46 mg/dl)
- ↓ CV outcomes in patients already on statin therapy
  - 15% ↓ broad primary endpoint; 20% ↓ CV death, MI, or stroke
  - Consistent benefit, incl. in those on high-intensity statin, low LDL-C
  - 25% reduction in CV death, MI, or stroke after 1<sup>st</sup> year
  - Long-term benefits consistent w/ statins per mmol/L ↓ LDL-C
- Safe and well-tolerated
  - Similar rates of AEs, incl DM & neurocog events w/ EvoMab & pbo
  - Rates of EvoMab discontinuation low and no greater than pbo
  - No neutralizing antibodies developed

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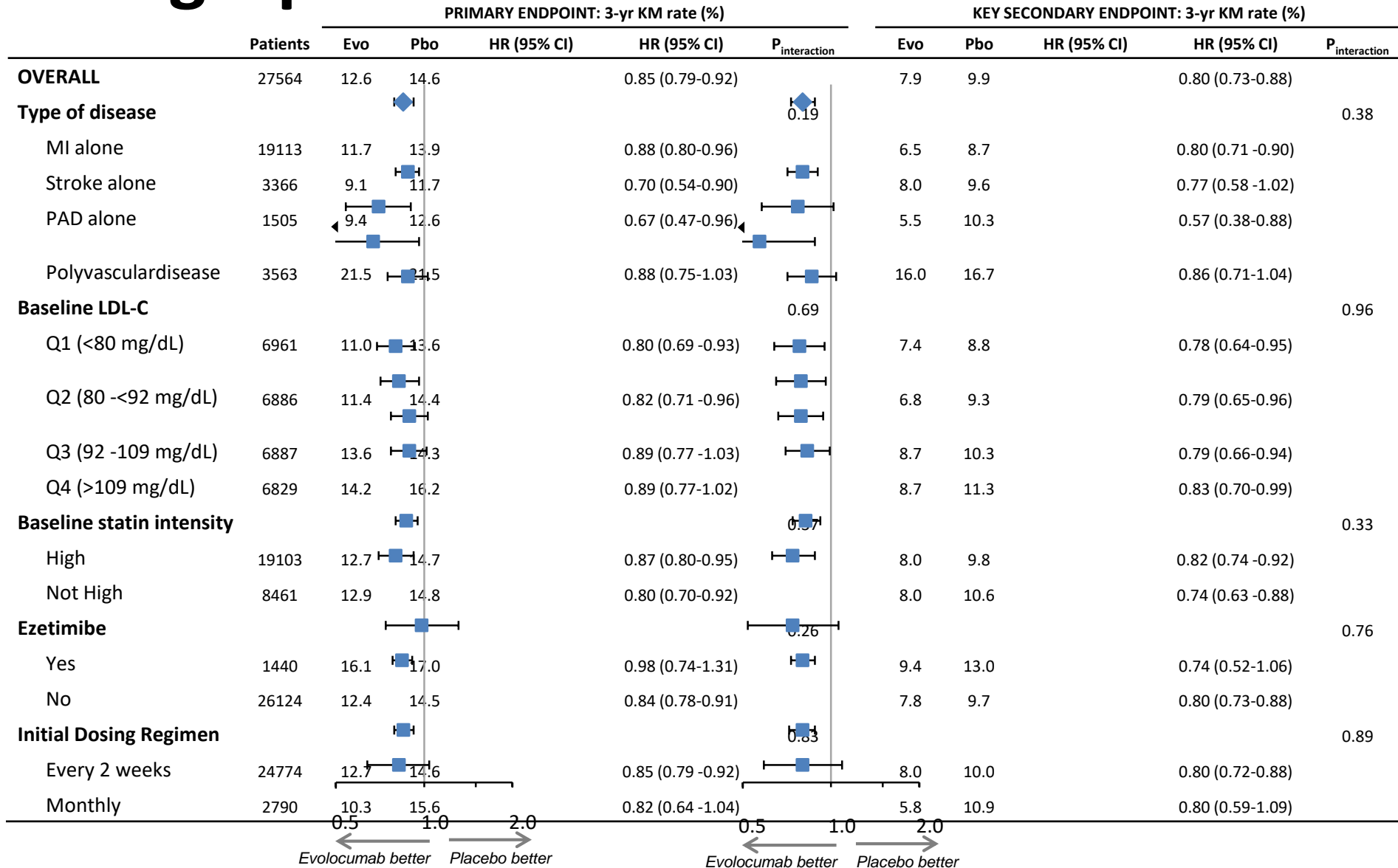
**Sabatine MS, et al. *NEJM* 2017;376:1713-22**

# Evolocumab Outcomes Trial: Subgrupos

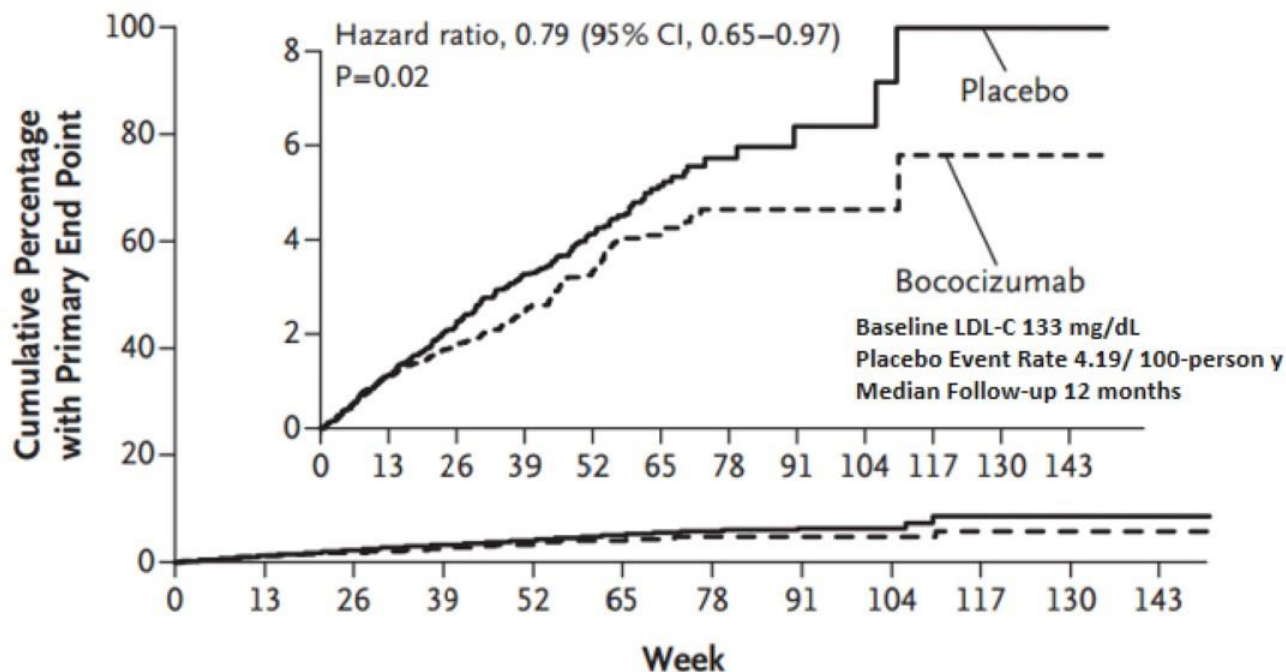


# Evolocumab Outcomes Trial

## Subgrupos



# The SPIRE-2 Cardiovascular Outcomes Trial: Baseline LDL-C $\geq 100$ mg/dL Primary Prespecified Endpoint\*



## No. at Risk

Placebo	5309	5220	5130	4214	2319	1174	419	216	116	49	14	4
Bococizumab	5312	5223	5161	4250	2346	1202	431	221	118	49	13	2

\*Nonfatal MI, nonfatal stroke, hospitalization for UA requiring urgent revascularization, or CV death.  
From *N Engl J Med*, Ridker PM, et al., Cardiovascular Efficacy and Safety of Bococizumab in High-Risk Patients, 376, 1527-1539, Copyright © 2017. Massachusetts Medical Society. Reprinted with permission from Massachusetts Medical Society.

# Consenso AACE/ACE 2017



## ASCVD RISK FACTOR MODIFICATIONS ALGORITHM



### DYSLIPIDEMIA

### HYPERTENSION

**LIFESTYLE THERAPY** (Including Medically Assisted Weight Loss)

**LIPID PANEL: Assess ASCVD Risk**

**STATIN THERAPY**

If TG > 500 mg/dL, fibrates, Rx-grade omega-3 fatty acids, niacin

If statin-intolerant

Try alternate statin, lower statin dose or frequency, or add nonstatin LDL-C-lowering therapies

Repeat lipid panel; assess adequacy, tolerance of therapy

Intensify therapies to attain goals according to risk levels

RISK LEVELS	HIGH	VERY HIGH	EXTREME	RISK LEVELS:
	DESIRABLE LEVELS	DESIRABLE LEVELS	DESIRABLE LEVELS	
LDL-C (mg/dL)	<100	<70	<55	<ul style="list-style-type: none"> <li><span style="color: orange;">■</span> <b>HIGH:</b> DM but no other major risk and/or age &lt;40</li> <li><span style="color: red;">■</span> <b>VERY HIGH:</b> DM + major ASCVD risk(s) (HTN, Fam Hx, low HDL-C, smoking, CKD3,4)*</li> <li><span style="color: red;">■</span> <b>EXTREME:</b> DM plus established clinical CVD</li> </ul>
Non-HDL-C (mg/dL)	<130	<100	<80	
TG (mg/dL)	<150	<150	<150	
Apo B (mg/dL)	<90	<80	<70	

**IF NOT AT DESIRABLE LEVELS:** Intensify lifestyle therapy (weight loss, physical activity, dietary changes) and glycemic control; consider additional therapy

**TO LOWER LDL-C:** Intensify statin, add ezetimibe, PCSK9i, colesvelam, or niacin  
**TO LOWER Non-HDL-C, TG:** Intensify statin and/or add Rx-grade OM3 fatty acid, fibrate, and/or niacin  
**TO LOWER Apo B, LDL-P:** Intensify statin and/or add ezetimibe, PCSK9i, colesvelam, and/or niacin  
**TO LOWER LDL-C in FH:\*\*** Statin + PCSK9i

Assess adequacy & tolerance of therapy with focused laboratory evaluations and patient follow-up

\* EVEN MORE INTENSIVE THERAPY MIGHT BE WARRANTED \*\* FAMILIAL HYPERCHOLESTEROLEMIA

**GOAL: SYSTOLIC <130, DIASTOLIC <80 mm Hg**

ACEi or ARB

For initial blood pressure >150/100 mm Hg:  
**DUAL THERAPY**

ACEi or ARB + Calcium Channel Blocker ✓  
 β-blocker ✓  
 Thiazide ✓

If not at goal (2–3 months)

Add calcium channel blocker, β-blocker or thiazide diuretic

If not at goal (2–3 months)

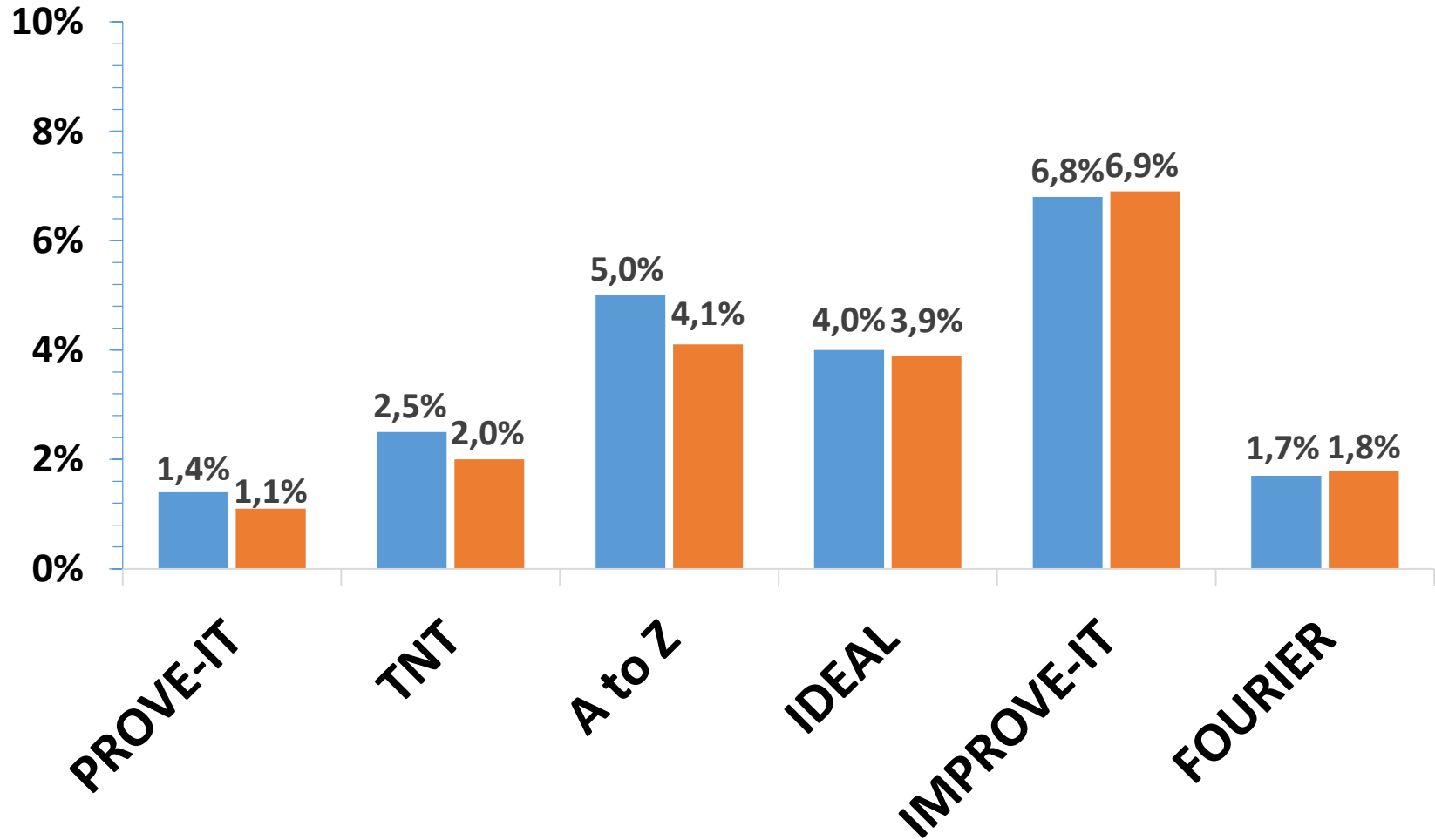
Add next agent from the above group, repeat

If not at goal (2–3 months)

Additional choices (α-blockers, central agents, vasodilators, aldosterone antagonist)

Achievement of target blood pressure is critical

# Mortalidad CV en estudios con estatinas de Prevención 2ª



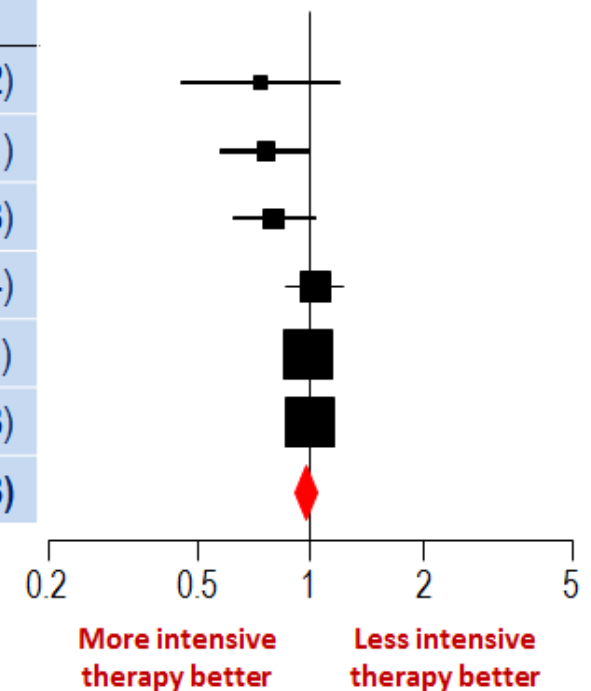
Cannon S, et al. N Engl J Med 2004;350:1495-504.  
La Rosa, et al. N Engl J Med 2005;352:1425-35.

Lemos, et al. JAMA. 2004;292:1307-13165,4  
Pedersen, et al. JAMA. 2005;294:2437-2445  
Cannon, et al. N Engl J Med 2015;372:2387-97

# More Intensive LDL-C Lowering & CV Death

No clear benefit on CV mortality

Trial	Year	# of CV Deaths		HR (95% CI)
		More Intensive Rx Arm	Less Intensive Rx Arm	
PROVE-IT TIMI 22	2004	27	36	0.74 (0.45-1.22)
A2Z	2004	86	111	0.76 (0.57-1.01)
TNT	2005	101	127	0.80 (0.61-1.03)
IDEAL	2005	223	218	1.03 (0.85-1.24)
SEARCH	2010	565	572	0.99 (0.88-1.11)
IMPROVE-IT	2015	538	537	1.00 (0.89-1.13)
<b>Summary</b>		<b>1540</b>	<b>1601</b>	<b>0.96 (0.90-1.03)</b>



NEJM 2004;350:1495-504  
JAMA 2004;292:1307-16  
NEJM 2005;352:1425-35  
JAMA 2005;294:2437-45  
Lancet 2010;376:1658-69  
NEJM 2015;372:2387-97

# ANTICUERPOS MONOCLONALES

