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VTE and Atrial Fibrillation in Patients with Cancer

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VTE in Patients with Cancer

Cancer-Associated VTE

- High burden
- Risk of recurrent VTE and bleeding high

• Guidelines (ACCP, ASCO, ESMO)* recommend LMWH for initial therapy. No studies on long-term management.

*Kearon et al CHEST 2016; 149: 315 - 352 Lyman et al Journal of Clinical Oncology, 2013, 31:2189 - 2204 Mandala et al Ann Oncol 2011;22 (Suppl 6): 85 – 92 Farge et al JTH 2013; 11: 56 - 70



Lee A. NEJM & JAMA

Hokusai VTE - Cancer Study





Raskob, NEJM 2018

Primary Outcome: Recurrent VTE or Major Bleeding



Primary Outcome: Recurrent VTE or Major Bleeding





Raskob, NEJM 2018

Recurrent VTE





Recurrent VTE and **Major Bleeding**





First recurrent VTE or Major bleeding event

	Edoxaban (N = 522)	Dalteparin (N = 524)	Risk Difference (95% CI)
Recurrent VTE	34 (6.5%)	54 (10.3%)	- 3.8 (- 7.1, - 0.4)
Fatal	0	0	
DVT only	13	30	
Symptomatic	22	40	
Major bleeding	33 (6.3%)	17 (3.2%)) 3.1 (0.5, 5.7)
Fatal	0	2	
Intracranial	2	4	
GI upper	17	3	
GI lower	3	3	

Major Bleeding: Gastro-Intestinal Cancer

Other cancers



GI Cancer

Select-d: Rivaroxaban versus Dalteparin for the Treatment of Cancer Associated Thrombosis



Study design: Prospective, randomized, open-label, multicentre pilot phase III study

Young A et al, Thromb Res 2016;140:S172–S173; EudraCT number: 2012-005589-37; Bach M et al, Thromb Haemost 2016;116:S24–S32; Data on File

Recurrent VTE and **Major Bleeding**



Recurrent VTE and **Major Bleeding**



A new era for CAT?

Parenteral agent preferred

- GI tumor
- Mucosal lesions (GI, GU), mucositis,
- Thrombocytopenia
- DDI
- Sepsis / acute illness
- Nausea / vomiting,...

Oral agent preferred

- Avoidance of SC
- Patient's and Physician's Preference
- Cost
- Long-term treatment





VTE and Atrial Fibrillation in Patients with Cancer





Atrial Fibrillation in Patients with Cancer



Malignancy and Atrial Fibrillation

- Increasingly frequent
- Increasingly complex
- Undertreatment of atrial fibrillation in cancer patients?

• NOACs - 'the unknown'

Vitamin K Antagonists

Pro

- Experience
- Monitoring

Con

- Inconvenient
- Monitoring
- Drug-drug Interactions
- Bleeding

LMWH

Pro

- Experience
- Efficacy/safety in VTE
- Subcutaneous
- Short half-life
- Flexible dosing
- No drug-drug interactions

Con

- Subcutaneous
- Optimal dose unknown

NOAC

Pro

Con: Barriers in Cancer patients?

- Safer than VKA
- Effective for stroke prevention
- Oral
- Convenient

- No dedicated studies
- (Fear of) Bleeding & Emergencies
- Unmonitored anticoagulation
- Drug-drug Interactions
- Confusion with VTE recommendations
- Renal insufficieny
- Platelet
- Liver function



EHRA PRACTICAL GUIDE

European Heart Rhythm Association Practical Guide on the use of non-vitamin K antagonist anticoagulants in patients with non-valvular atrial fibrillation

Hein Heidbuchel¹*, Peter Verhamme², Marco Alings³, Matthias Antz⁴, Hans-Christoph Diener⁵, Werner Hacke⁶, Jonas Oldgren⁷, Peter Sinnaeve², A. John Camm⁸, and Paulus Kirchhof^{9,10}

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15. Non-vitamin K antagonist anticoagulants vs. vitamin K antagonists in atrial fibrillation patients with a malignancy

Updated European Heart Rhythm Association Practical Guide on the use of non-vitamin K antagonist anticoagulants in patients with non-valvular atrial fibrillation

Europace

doi:10.1093/europace/euv309

Hein Heidbuchel¹*, Peter Verhamme², Marco Alings³, Matthias Antz⁴, Hans-Christoph Diener⁵, Werner Hacke⁶, Jonas Oldgren⁷, Peter Sinnaeve², A. John Camm⁸, and Paulus Kirchhof^{9,10} 15. Non-vitamin K antagonist anticoagulants vs. vitamin K antagonists in atrial fibrillation patients with a malignancy

When anticoagulant therapy needs to be newly initiated in a patient with malignancy developing AF, therapy with **VKAs or heparins** should be considered over NOACs...

EFFICACY AND SAFETY OF EDOXABAN IN PATIENTS WITH ATRIAL FIBRILLATION AND ACTIVE MALIGNANCY



325 JACC March 21, 2017 Volume 69, Issue 11

Efficacy and Safety of Apixaban Versus Warfarin in Patients with Atrial Fibrillation and a History of Cancer: Insights from the ARISTOTLE Trial



Chiara Melloni, MD, MHS,^{a,b} Allison Dunning, MS,^a Christopher B. Granger, MD,^{a,b} Laine Thomas, PhD,^a Michel G. Khouri, MD,^b David A. Garcia, MD,^c Elaine M. Hylek, MD, MPH,^d Michael Hanna, MD,^e Lars Wallentin, MD, PhD,^f Bernard J. Gersh, MB, ChB, DPhil,^g Pamela S. Douglas, MD,^{a,b} John H. Alexander, MD, MHS,^{a,b} Renato D. Lopes, MD, MHS, PhD^{a,b}

	Cancer (n = 1236)		No Cancer (n = 16,947)				
	Event (Rate*)			Event (Rate*)			
	Apixaban (n = 615)	Warfarin (n = 621)	HR (95% CI)	Apixaban (n = 8493)	Warfarin (n = 8454)	HR (95% CI)	<i>P</i> Value†
Ischemic outcomes							
Stroke or SE	15 (1.4)	14 (1.2)	1.09 (0.53-2.26)	196 (1.3)	251 (1.6)	0.77 (0.64-0.93)	.3671
Death from any cause	54 (4.7)	42 (3.6)	1.32 (0.88-1.97)	548 (3.4)	626 (4.0)	0.87 (0.77-0.97)	.0504
Ischemic stroke	14 (1.3)	9 (0.8)	1.59 (0.69-3.66)	147 (0.9)	166 (1.1)	0.88 (0.70-1.10)	.1807
Bleeding outcomes							
ISTH major bleeding	24 (2.4)	32 (3.2)	0.76 (0.45-1.29)	303 (2.1)	430 (3.1)	0.69 (0.59-0.80)	.7227
Major or CRNM bleeding	53 (5.5)	67 (6.9)	0.80 (0.56-1.14)	560 (4.0)	810 (5.9)	0.67 (0.60-0.75)	.3682

Rivaroxaban for Stroke Prevention in Patients With Nonvalvular Atrial Fibrillation and Active Cancer

The estimated 1-year cumulative incidence of

ischemic stroke 1.4% (95% CI 0% to 3.4%)

major bleeding 1.2% (95% Cl 0% to 2.9%)

clinically relevant nonmajor **bleeding leading to discontinuation** 14.0% (95% CI 4.2% to 22.7%).

mortality

22.6% (95% CI 12.2% to 31.7%)

Am J Cardiol 2017;120:213-217

American Journal

Cardiology

Table 16 Atrial fibrillation and malignancy

Interdisciplinary teamwork

- (1) Estimate individual patient risk profile
 - AF-related risk factors (CHA₂DS₂-VASc, bleeding risk)
 - Cancer-related risk factors (type, liver metastases, coagulopathy, renal/hepatic function etc.
 - Treatment-related risk factors (thrombocytopenia, surgery, radiation, central lines etc.)
- (2) Choose anticoagulant
 - Current standard of care: VKA/(LMWH)^a
 - NOACs: Available data scarce, but encouraging
 - Consider patient preference (VKA vs. NOAC)
- (3) Protect the patient
 - Gastric protection (PPI/H2 blockers)
 - Beware of drug–drug interactions (*Table 4*)
 - Dose reduction/treatment interruption (if platelets <50k, renal dysfunction, bleeding, . . .)

Beware

- Risk of thromboembolism ↑
- Risk of bleeding ↑

^aIf oral therapy is not possible reversion to LMWH is reasonable.

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Dabigatran Gut esterase-mediated Gut 7~20% hydrolysis no CYP450) no P-gp → Dabigatran $t_{1/2} = 12-17h$ P-gp CYP450 → Rivaroxaban Dabigatran Rivaroxaban etexilate **Bio-availability:** Bio-availability 3-7% ~80% 66% (without food) ≈100% (with food)

Apixaban





Edoxaban

Rivaroxaban

7~65%

5-9h (young)

~35%

11-13h (elderly)

CYP3A4

CYP2J2

t_{1/2} =

P-gp/

Bcrp

	Via ⁴⁴⁰	Dabigatran etexilate Apixaban Ed		Edoxaban	Rivaroxaban
P-gp substrate		Yes	Yes	Yes	Yes
CYP3A4 substrate		No	Yes (≈25%)	No (<4%)	Yes (≈18%)
Antimitotic agents					
Paclitaxel	Moderate CYP3A4 induction; CYP3A4/P-gp competition				
Vinblastine	Strong P-gp induction; CYP3A4/P-gp competition				
Docetaxel, Vincristine	Mild CYP3A4 induction; CYP3A4/P-gp competition				
Vinorelbine	Mild CYP3A4 induction; CYP3A4/P-gp competition				
Antimetabolites					
Metotrexate	P-gp competition; no relevant interaction anticipated				
Pemetrexed, Purine analogs, Pyrimidine analogs	No relevant interaction anticipated				
Topoisomerase inhibitors					
Topotecan	No relevant interaction anticipated				
Irinotecan	CYP3A4/P-gp competition; No relevant interaction anticipated				
Etoposide	Mild CYP3A4 inhibition; CYP3A4/P-gp competition				
Anthracyclines / Anthracenediones					
Doxorubicin	Strong P-gp induction, mild CYP3A4 inhibition; CYP3A4/P-gp competition				
Idarubicin	Mild CYP3A4 inhibition; P-gp competition				
Daunorubicin	P-gp competition; No relevant interaction anticipated				
Mitoxantrone	No relevant interaction anticipated				
Alkylating agents					
Ifosfamide	Mild CYP3A4 inhibition; CYP3A4 competition				
Ciclophosphamide	Mild CYP3A4 inhibition; CYP3A4 competition				
Lomustine	Mild CYP3A4 inhibition				
Busulfan	CYP3A4 competition; No relevant interaction anticipated				
Bendamustine	P-gp competition; No relevant interaction anticipated				
Chlorambucil, Melphalan, Carmustine, Procarbazine, Dacarbazine, Temozolomide	No relevant interaction anticipated				
Platinum-based agents					
Cisplatin, Carboplatin, Oxaliplatin	No relevant interaction anticipated				
Intercalating agents					
Bleomycin, Dactinomycin	No relevant interaction anticipated				
Mitomycin C	No relevant interaction anticipated				
Tyrosine kinase inhibitors					
Imatinib, Crizotinib	Strong P-gp inhibition, moderate CYP3A4 inhibition; CYP3A4/P-gp competition				
Nilotinib, Lapatinib	Moderate-to-strong P-gp inhibition, mild CYP3A4 inhibition; CYP3A4/P-gp competition				
Vemurafenib	Moderate CYP3A4 induction; CYP3A4/P-gp competition				
Dasatinib	Mild CYP3A4 inhibition; CYP3A4/P-gp competition				
Vandetanib, Sunitinib	Strong P-gp induction; CYP3A4 competition				

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Dasatinib	Mild CYP3A4 inhibition; CYP3A4/P-gp competition				
Vandetanib, Sunitinib	Strong P-gp induction; CYP3A4 competition				
Erlotinib, Gefitinib	CYP3A4 competition; No relevant interaction anticipated				
Monoclonal antibodies					
Brentuximab	CYP3A4 competition; No relevant interaction anticipated				
Rituximab, Alemtuzumab, Cetuximab, Trastuzumab,	No relevant interaction assumed				
Bevacizumab					
Hormonal agents					
Abiraterone	Moderate CYP3A4 inhibition, strong P-gp inhibition; CYP3A4/P-gp competition				
Frachtamida	Strong CVD2A4 induction strong D on inhibition: CVD2A4/D on competition				
Enzalutamide	Strong CYP3A4 Induction, strong P-gp inhibition, CYP3A4/P-gp competition				
Picalutamido	Moderate CVD244 inhibition				
Tamovifen	Strong D-gn inhibition mild CVD3A4 inhibition: CVD3A4 competition				
Tanloxiten	Strong F-gp minibition, mild CFFSA4 minibition, CFFSA4 competition				
Anastrozole	Mild CYP3A4 inhibition				
Elutamide	CYP3A4 competition: No relevant interaction anticipated				
Letrozole. Fulvestrant	CYP3A4 competition: No relevant interaction anticipated				
Raloxifene Leuprolide Mitotane	No relevant interaction anticipated				
mmune-modulating agents					
Cyclosporine	Strong-to-moderate P-gp inhibition, moderate CYP3A4 inhibition; CYP3A4/P-gn	SmPC	SmPC	+73%441	
-,	competition				
Dexamethasone	Strong CYP3A4/P-gp induction: CYP3A4/P-gp competition				
Tacrolimus	Strong-to-moderate P-gp inhibition, mild CYP3A4 inhibition: CYP3A4/P-gn	SmPC			
	competition				

Patient on

fluconazole? ibrutinib? tamoxifen? sunitinib? tacrolimus?

- Platelet count
 - > 100K
 50-100K
 30-50K
 20-30K
 <20K

- Renal function
 - > 60 ml/min
 - 50 60 ml/min
 - 30 50 ml/min
 - 15 30 ml/min
 - < 15 ml /min

• Low body weight

• Nausea and vomiting after chemotherapy? Diarrhea and mucositis?

• Unable for oral medication?

Monitoring of drug levels?



Cancer-associated VTE and Afib

- Expanding role of DOACs
- Different bleeding pattern with NOACs
- Periodical evaluation of the need for anticoagulation and the optimal modality, based on patient's characteristics and patient's/physicians preferences



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